

Individual Time Trial & Club Team Time Trial - Saturday 10 th October 2026		
Start Time	Age Category	Distance
8:30am	Para-Cyclists	21km
	Under 19 Women	21km
	Under 19 Men	21km
	Under 23 Women	21km
	Elite Women	21km
	Under 23 Men	47km
	Elite Men	47km
10:30am*	Presentations - Para-Cycling, U19, U23, Elites	
	From 10:30am** - Club Team Time Trial Teams will Start	

***Presentation times are approx. and will be confirmed after entries have closed**

**** Also to be confirmed once entries have closed**

Road Races - Sunday 11th October 2026		
Start Time	Age Category	Distance
8:00am	Elite Men	141km - 3 Laps
8:10am	Under 23 Men	141km - 3 Laps
8:20am	Under 19 Men	94km - 2 Laps
8:40am	Elite Women & Under 23 Women	94km - 2 Laps
9:00am	Under 19 Women	94km - 2 Laps
9:10am	Para-Cyclists	47km - 1 Lap
11:45am	Presentations - Para-Cycling, U19, U23, Elites*	

***Presentation times are approx. and will be confirmed after entries have closed**