

BMX Freestyle International Athlete Training at the BMX National Training Centre Information Sheet

Overview

The BMX Freestyle National Centre is the High-Performance training centre for Australian pathway and elite riders. BMX Freestyle is a community with riders from all over the globe, and the BMX FS National Training Centre encourages International Elite riders to train at the centre, as riding training partners.

Who Can Ride

Eligibility:

Open to International competitive athletes who ride Elite category at UCI events

Experience Levels:

Elite riders only

Required Equipment:

A suitable BMX bike, helmet, and safety gear (elbow/knee pads).

Process to ride

- 1) Must sign AusCycling waiver form before riding**
- 2) Must show valid UCI International Licence, home country membership and insurance information**
- 3) Must pay per session**
- 4) Must attend the available sessions (see schedule – Yellow Sessions and/or Community sessions)**
- 5) Must have approval from AC staff**
- 6) Must have approval from your Country Association/Federation**

Cost

\$20per session or pre-agreed arrangement
Can be paid on arrival to the Training Centre

International Teams

Team sessions run slightly differently, this will be a pre-arranged agreement between AusCycling and the Country association.

Please use the enquiry form to submit an enquiry regarding an International Team hiring the facility for training purposes.

Additional Information

Coaching: Coaching is not available for international athletes

Safety Guidelines: Always wear a helmet and pads; follow venue rules to ensure safety for all riders