

BMX Freestyle Australian Training Partners Information Sheet

Overview

The BMX Freestyle National Centre serves as the High-Performance training hub for Australian pathway and elite riders. We recognise the importance of community and collaboration in the sport, and we are excited to offer opportunities to Australian Elite riders who can positively impact the training environment. This initiative aims to enhance the training environment for our Australian riders by providing diverse training partners.

What is a Training Partner?

Training partners (TP) are selected Australian elite riders not currently in the high performance pathway program / categorised, who collaborate with our pathway athletes during training sessions. This partnership fosters skill development, enhances competitive experience, and promotes camaraderie among riders.

Purpose of a training partner

The purpose of a TP is to add value to a training session and enhance the riding environment for the current pathway riders.

Eligibility

Previous or current elite international competitive rider/experience and/or show rider (nitro circus, x-games etc) at a high level.

Documentation:

- **MUST HAVE** a current Aus Cycling Membership

Benefits for Training partner riders

Training Sessions: Enjoy access to 2 training rides per week at allocated sessions (please see riding schedule)

Exclusive Opportunities: Potential to train alongside our pathway riders when the schedule allows and are invited by an AC staff member

Enhanced Experience: Gain valuable insights and share techniques with peers

How to Become a Training Partner

Process to Apply

1. Invite only: Athletes will be approached and invited by an AC coach/ staff members. If you are interested, and eligible please email Wade Bootes to express an interest.
2. Submit Documentation: Current AC membership proof
3. Approval: Obtain approval from AusCycling (AC) staff and discuss options to ride
4. Sign Waiver: Complete and sign the waiver form.
5. Payment: Agree to session fees or prior arrangements for discounted rates.

Fee Structure

Cost will be subsidised for riders to attend sessions.

Sessions: \$10 per session or \$50/ month

Discounted Rates Available for long-term arrangements. Please contact the Training Centre for more details (i.e. alumni athletes or volunteers)

AusCycling Membership

All Australian riders who train at the BMX Freestyle National Training Centre must have a valid AusCycling Membership. No Membership = No Riding.

Please visit the AusCycling Membership page for more information

Safety Guidelines

- All riders must wear a helmet and appropriate safety gear (elbow/knee pads).
- Adhere to venue rules to ensure the safety of all participants.

Coaching

Coaching services are not available for international training partners, we adopt a peer coaching model for athletes.

Contact Information

For inquiries or to begin the application process, please submit an enquiry via the enquiry form below:

[Enquiry Form](#)

We look forward to welcoming you as a training partner and enhancing the BMX experience for all.