



**2025 AusCycling NSW/ACT XCO series, Round 4 hosted by Tamworth Mountain Bikers**

Provisional Schedule	
Saturday 9 August 2025	
Time	Activity
1:00 PM	Both courses will be open for unofficial practice on Saturday 9 August. There will be no First Aid in attendance for unofficial practice.
Sunday 10 August 2025	
Time	Activity
	Both courses are open for unofficial practice
7:30 am – 2:00 pm	SES on site for First Aid
8:00am	Registration & plate collection open
8:15am	End of practice on Junior & Adaptive racecourse
8:30am	Juniors – U11 Men & Women (9–10 years) and U13 Men & Women (11–12 years)
9:15am	Adaptive / Para – Men & Women
10:15am	Juniors & Adaptive / Para podium
	Course will remain open for riders to do more laps (should they wish to) as this is a separate track to the main race
10:15am	End of practice on Main racecourse
10:45am	Waved starts – riders to self-seed within their category
	• E-Bike – Men & Women 19+ years (open)
	• Elite – Men & Women 19+ (open)
	• Expert – Men & Women 19–29 years
	• U19 – Men & Women 17–18 years
	• U17 – Men & Women 15–16 years
	• Master's 1/2 – Men & Women 30–39 years
	• U15 – Men & Women 13–14 years
	• Master's 3/4 – Men & Women 40–49 years
	• Master's 5/6 – Men & Women 50–59 years
	• Masters 7+ – Men & Women 60+ years
1:00pm	Podium presentations (Medals for 1st, 2nd & 3rd in each category plus additional giveaways)

**Notations:**

- Riders will be called to the start line 10 minutes before their scheduled event for a compulsory race briefing.
- Race schedule may be subject to change, depending on entries and category participants.