

## FAQ: Upcoming Gearing Changes for Under-15 Riders

---

### What is changing and when?

From **January 1, 2026**, the maximum rollout distance for Under-15 riders will increase from **6.1 metres to 7 metres**. This is part of a new standardised gearing regulation.

---

### Does this affect events in 2025?

No. Events held in **2025 will follow the current regulations** (6.1 metres maximum rollout).

---

### Why is this change happening?

The new limit supports rider development, makes it easier for riders using road bikes, and helps maintain competitive speeds while improving technical skills—without compromising safety on the track.

---

### Why is the regulation change occurring on January 1 and not at the start of the track season?

- A few years ago, we moved the implementation of all regulation changes across disciplines to **January 1** to align with the international release of regulations.
- This specific regulation **was not agreed upon before the start of the domestic track season**, so January 1 provides a clear and consistent date for implementation.
- January 1 still allows **three months before the National Championships**, giving riders and coaches time to adapt.

---

### Do riders need to switch to 7 metres immediately?

No. **7 metres is the maximum allowed**, not a mandatory requirement. Riders can adopt this gearing gradually, progressing at a pace that suits their development.

---

### Will this impact safety?

No. The change has been carefully considered to ensure rider safety while promoting skill development and accessibility with feedback from coaches, industry and technical officials.

---

### For Coaches and Clubs

#### How should coaches and clubs manage this transition?

- Encourage riders to progress gradually toward the 7-metre rollout, based on their physical development and technical ability.
- Use training sessions to help riders adapt to slightly higher gearing without compromising cadence or technique.
- Monitor rider performance and comfort—there's no need to rush the change.
- Communicate with parents about the rationale and benefits of the new regulation to ensure a smooth transition.

---

### National Championship Standards

#### Will this affect qualifying standards for timed events?

Not immediately. The standards for National Championship qualifying in timed events will be **reviewed in 2027**, based on data collected during the 2026 season under the new gearing regulation.