



QLD State Championships

AusCycling

Technical Guide

2026 AusCycling MTB Enduro State Championship – QLD

Hosted by Rockhampton MTB Club

Version	Date	Description	Author
0.0	10/05/2026	Draft	J. Keleher
1.0	13/06/2026	Revision	J. Keleher
1.1	19/6/2026		AusCycling
1.2	16/6/2026	Release of Course Maps	AusCycling

1 Welcome/Introduction

This Technical Guide is for the information of participants competing in the 2026 AusCycling MTB Enduro State Championship at First Turkey MTB Reserve (Rockhampton) on 4-5 July 2026.

The event is coordinated by the Rockhampton MTB Club with support from AusCycling & Rockhampton Regional Council.

2 Event Details

2.1 Event Description

Rockhampton MTB Club is hosting the 2026 AusCycling MTB Enduro State Championship. This will be conducted in accordance with the AusCycling Technical Regulations.

2.2 Event Location

Event Address: First Turkey MTB Reserve – 249 German St, Norman Gardens, 4701

Venue Details: As above

Registration/Event Sign-on:

Event registrations will be onsite at the event village. Registrations will be open at the following times:

Friday N/A

Saturday 8:00am – 12:00pm

Sunday N/A

2.3 Event Start and Finish Times

The event duration is from Saturday, 4th July 2026 at 7:30am and concludes Sunday, 5th July 2026 at 5pm.

The full event schedule can be found in Appendix A.

2.4 Key Contacts

The event will be delivered by the Rockhampton MTB Club.

The contact details are as follows:

Name	Position/Title	Phone	Email
Mark Campbell	Club Contact (President)	0447 159 091	rockhamptonmtb@gmail.com
Allie Smith	PCP	0409 006 222	allie.smith13@icloud.com

Volunteers will be assigned roles and responsibilities to facilitate the planning and running of the event.

2.5 Social Media

AusCycling Website: <https://www.auscycling.org.au/qld/events/2026-auscycling-qld-gravity-enduro-state-championship-rockhampton>

Facebook: <https://www.facebook.com/rockymtb>

Instagram: https://www.instagram.com/rocky_mtb_club

2.6 Course Location & Maps

This location offers a variety of hand-cut trails, with plenty of natural tree root and rock gardens scattered throughout the network to bring a smile to your face as you descend. With around 1000m of descending over the weekend, plenty of technical difficulty, and some tricky liaison climbs this race will keep riders honest. Just a 10 minute drive from the Rockhampton City CBD, the First Turkey MTB Reserve provides a fantastic array of Gravity Enduro and XC trails through diverse terrain to suit all levels and types of riders. The trails at First Turkey are open 24/7 except after heavy rain.

All competitors must complete the stages listed in the below order and cutoff times will be enforced and time penalties may apply if riders do not meet their posted stage start times. Riders will be released in waves from the event village for liaison to their first race stage.

The following stages will be used:

Day 1 – Saturday 4th July

1. Think Tank (No U13/U15)
2. Pegasus-Wild Pig-Whip Snake
3. Whitey-Cactus

Day 2 – Sunday 5th July

1. Smokescreen (No U13/15)
2. Megatron
3. K9

NOTE: Riders not entered into the E-Bike category are strictly prohibited from riding any stages for practice on any form of electric assisted bike in official practice Time penalties or event disqualification may occur for any riders in breach.

2.7 Facilities

2.7.1 Toilets

Toilets will be located at the event village & the Zamia hub (bottom of Stage 1-3)

2.7.2 Food vendors

Coffee & food vendors will be onsite in the event village for the duration of the event

2.7.3 Water

Water will be available at the event village

2.7.4 Spectator viewing areas

Spectator maps can be found in Appendix B

3 Competitor Information

3.1 Technical Regulations

The event will be conducted in accordance with the AusCycling Technical Regulations.

[2026 AusCycling General Technical Regulations](#)

[2026 AusCycling MTB Technical Regulations](#)

3.2 Competitor Responsibilities

5.13 Rider Equipment

5.13.01 Each rider must be self-sufficient during the entire duration of the race (food stashes are not permitted – see Section 5.14.05).

5.13.02 Personal responsibility and self-sufficiency are a large part of the spirit of Enduro racing and riders are encouraged to carry adequate equipment for operating in mountainous environments.

5.13.03 Each rider should remember that they are solely responsible for themselves but are urged to help other competitors on course.

5.13.04 It is strongly recommended that all competitors carry:

- Suitable backpack
- Waterproof jacket
- Emergency blanket
- Innertubes/ puncture repair kit
- Multi tool
- Basic, well maintained first aid kit
- Map
- Food and fluids
- Eye protection (glasses or goggles)
- Emergency contacts supplied by organiser

5.13.05 Riders must always wear a helmet during competition. This includes during both Liaison and Special Stages. If a rider dismounts and pushes their bike on a Liaison, they may remove the helmet. Whilst riding, the helmet must always be worn correctly with straps fastened".

5.13.06 In very technical terrain or on courses that feature steep mountainsides or very high-speed trails, the organiser can specify in their technical guide that competitors must wear a full-face helmet (either fixed or detachable).

5.13.07 AusCycling strongly recommends that riders wear the protections as indicated in the Downhill section of these Technical Regulations

5.13.08 For all riders who are eligible to compete in Under 13, 15 and Under 17 categories, the following equipment is mandatory during special stages regardless of registered category entered:

- Full-finger gloves must be worn;
- Full length jersey – jersey must cover elbows at all times;
- Knee pads and elbow pads must be worn.

3.3 Participant Details

Riders must be covered by AusCycling insurance whilst participating in the event through either a AusCycling Off-Road Membership or AusCycling All Discipline Membership - no temporary memberships are permitted for any category in these Championships. Further information regarding AusCycling memberships can be found at the following link - <https://auscycling.org.au/membership>

3.4 Entry Process

Entries are only available through the following link: <https://entryboss.cc/races/30594>

Entries will close **Thursday 2nd July @ 9:00pm**

On the day entries will not be accepted. The Registration Office at the event village will also be utilised for the distribution of race plates. The operation hours for plate collection are outlined in the Event Schedule (See Appendix A).

3.5 Categories

Age Category^	Min Age	Max Age
Elite Men/Women	19+	
Junior Men/Women (U19)	17	18
Under 17 Men/Women	15	16
Under 15 Men/Women	13	14
Under 13 Men/Women	11	12
Masters 1 Men/Women	30	34
Masters 2 Men/Women	35	39
Masters 3 Men/Women	40	44
Masters 4 Men/Women	45	49
Masters 5 Men/Women	50	54
Masters 6 Men/Women	55	59
Masters 7 Men/Women	60	64
Masters 8 Men/Women	65	69
Masters 9 Men/Women	70	74
Masters 10 Men/Women	75	80
E-Bike Men/Women	18+	
Open Men/Women (Non-Championship)	18+	

NOTE: Competitor's age is defined as at the 31 December in the year of competition.

3.6 Prize Money/Prizes

Podium prizes will be awarded from our event sponsors.

3.7 Presentations

Presentation ceremonies will take place at the event village immediately following the conclusion of racing on Sunday 5th July.

All riders who finish 1st to 5th in elite or 1st to 3rd in all other categories must be present at the presentation.

3.8 First Aid/Medical Services

Professional medical services will be provided by Ability Plus. They will be onsite from village opening to village close.

There nearest hospitals are:

- Rockhampton Base Hospital
- Rockhampton Mater Hospital
- Hillcrest Private Hospital

3.9 Race Results

The event will be timed, recorded, displayed and publicised by RaceResults. The live results link will be posted on the Rocky MTB Facebook page (<https://www.facebook.com/rockymtb>) at the time of the event. Results are not final until sign-off from the PCP.

3.10 Anti-Doping Testing

3.10.1 Therapeutic Use Exemption

All competitors may be subject to anti-doping testing under AusCycling and Sport Integrity Australia regulations.

Therapeutic Use Exemption (TUE) A TUE is an exemption that allows an athlete to use, for therapeutic purposes only, an otherwise prohibited substance or method (of administering a substance). TUE approval may protect athletes from receiving a sanction if a prohibited substance is found in their sample. Who needs to complete a TUE in-advance for Cycling?

Athletes who are:

- Competing in the Elite and U19 categories.
- A member of the Registered Testing Pool, National Testing Pool or Domestic Testing Pool.
- A member of a national open team/squad including athletes with a disability planning to compete at the Elite National Championships If you are currently taking any medication, please check whether this substance is banned in or out of competition via www.globaldro.com/AU/search Further information on the TUE process can be found on the Sport Integrity Australia (SIA) website. <https://www.sportintegrity.gov.au/resources/therapeutic-use-exemption> or by calling 1300 027 23.

3.10.2 Sport Integrity Australia App

Any athlete and official can download the SIA app.

The SIA App has been designed with athletes in mind. The App gives a complete list of all supplements sold in Australia that have been screened for prohibited substances by an independent laboratory. The testing and certification of sports supplements cannot provide athletes a 100% safety guarantee but does significantly lower the risk of a positive test. For non-tested supplements the App

gives athletes access to a quiz to assess the risk posed by highlighting key risk factors. The App can also be used to report doping, check if a medication is banned in sport, give SIA feedback on testing missions, and complete online education modules.

4 Appendix A – Event Schedule

Day 1 – Saturday 4th July 2026

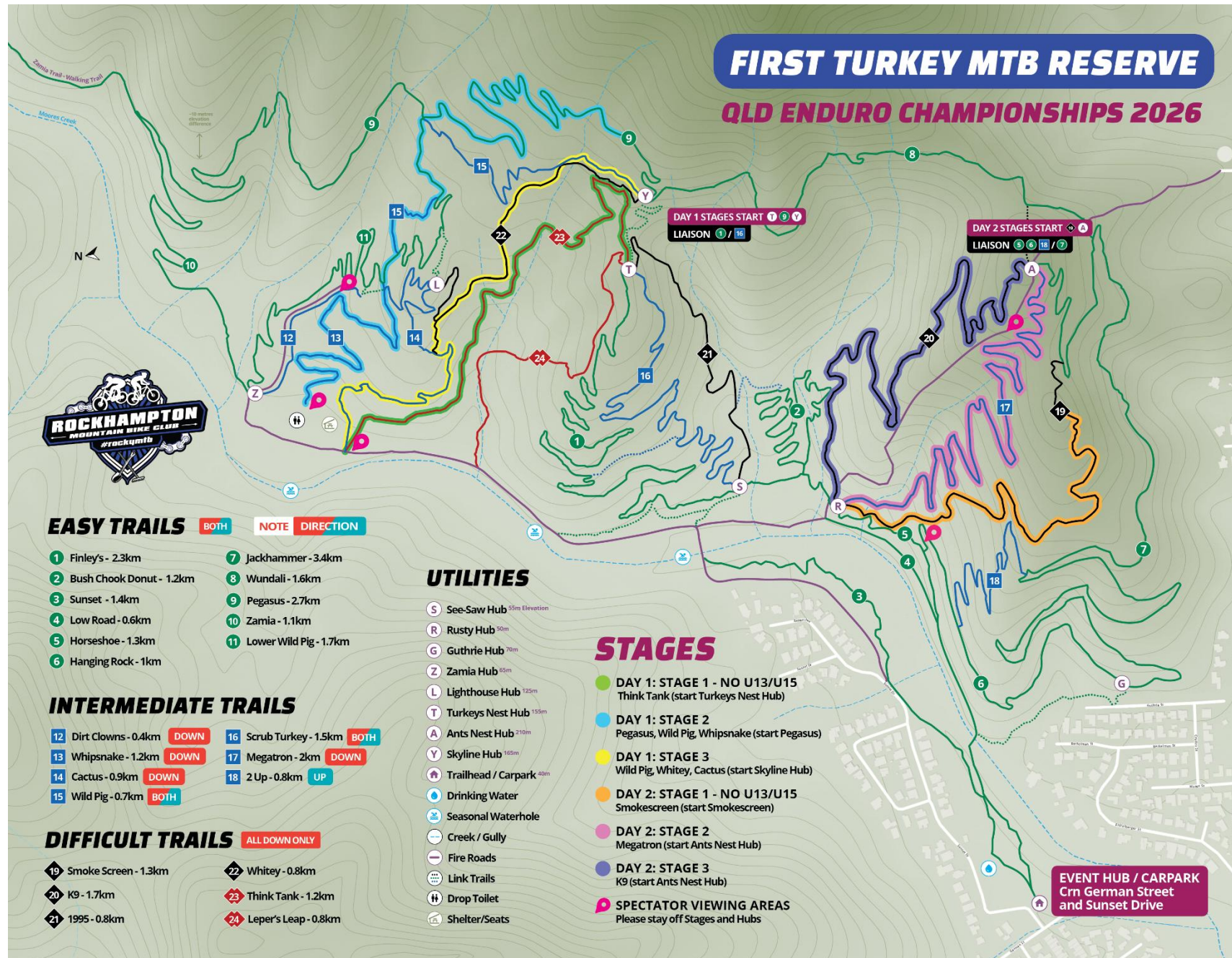
Time	Description	Location
0730 - 1200	Registration & Plate Collection Open	Event Village
0800 - 1200	Official Practice	First Turkey MTB Reserve
1245 - 1255	Compulsory Riders Briefing	Event Village
1300	Start of Day 1 (1 st Wave)	Event Village
1330 - 1700	Stages Open (1 – 3)	First Turkey MTB Reserve
1730	End of Day 1 Stages	Event Village

Day 2 – Sunday 5th July 2026

Time	Description	Location
0720 - 0725	Riders Briefing	Event Village
0730	Start of Day 2 (1 st Wave)	First Turkey MTB Reserve
0800 - 1130	Stages Open (4 – 6)	Event Village
1200	End of Day 2 Stages	First Turkey MTB Reserve
1230 - 1300	Presentation (Estimated time only*)	Event Village
1300	End of Event (Estimated time only*)	Event Village

NOTE: Schedule subject to change

5 Appendix B – Course Maps



6 Appendix C – Spectator Maps

