



AUSCYCLING ROAD

Technical Guide - 2025 Queensland Gravel State Titles

Version	Date	Description	Author
0	22/7/25	Original	Kyle Brannigan

1 Welcome/Introduction

This Technical Guide is for the information of participants competing in the 2025 Queensland Gravel State Titles at Ridgелands on Saturday 9th August 2025.

This AusCycling event is hosted by the Rockhampton Cycling Club and the Rockhampton Mountain Bike Club.

2 Event Details

2.1 Event Description

Rockhampton Cycling Club is hosting the 2025 Queensland Gravel State Titles. This will be a Bronze event and therefore will be conducted under the guidance of the AusCycling Technical Regulations.

2.2 Event Location

Event Address (include start and finish points): The Event hub is located at the Ridgелands Showgrounds – 38/58 Dalma Ridgелands Road.

The Junior circuit is located inside the showgrounds and does not enter public roads.

All other events start at the Ridgелands showgrounds and finish on Dalma Ridgелands Road near the intersection of Moses Road. The finish line is approximately 2km from the showgrounds.

2.3 Event Start and Finish Times

Competition will be held on Saturday 9th August from 8am – weather dependant.

The full event schedule can be found in Appendix A.

2.4 Key Contacts

The event will be delivered by Rockhampton Cycling Club.

The contact details are as follows:

Name	Position/Title	Phone	Email
Joe Adair	Club Contact	0428 120 930	rockhamptoncyclingclub@gmail.com
John Phelan	Event Manager	0407 028 698	rockhamptoncyclingclub@gmail.com
Carolyn Jones	PCP	0401 434 021	
Kyle Brannigan	Event Co-ordinator	0408 455 588	rockhamptoncyclingclub@gmail.com

Volunteers will be assigned roles and responsibilities to facilitate the planning and running of the event.

2.5 Social Media

Facebook: [2025 Queensland GRAVEL State Championships | Facebook](#)

3 Rider Registration and Meetings

3.1 Rider Registration

Rider registration will be at the Ridgeland Showgrounds canteen. Registration will be open from 7:00am

3.2 Meetings

There will be compulsory rider briefings prior to each event.

4 Competitor Information

4.1 Competitor Responsibilities

Participants shall:

- Obey instructions from the Event Organisers, Commissaires and event marshals/officials.
- Employ correct etiquette and ride safely in all situations.
- Be required to wear minimum safety gear including appropriately approved helmet.
- Ensure that their bicycle is in good working order.
- Ensure they have adequate supply of water, sports drink and nutrition as required for the activity they are to participate in.
- Be responsible for ensuring they are fit enough for the activity.
- <Insert any additional responsibilities>

4.2 Entry Process

Participants can enter through EntryBoss:

[2025 Queensland GRAVEL State Championships - EntryBoss](#)

4.3 Presentations

Presentation ceremonies will take place at the Ridgeland Showgrounds.

Presentations will be conducted as soon as possible after the finish of each event. All place getters must present to the podium immediately following the race finish. Riders must be presented in their correct attire (race kit) with no hats or sunglasses. All place getters must make themselves available for the media.

4.4 Neutral Race Support

There will be two basic mechanical aid stations on the circuit. There will be limited tooling and repairs available at each location. Locations:

- Finish Line intersection
- Glenroy Road intersection

Neutral Race Support will also be available from the sag wagon.

4.5 Race Numbers

Race numbers and plates will be issued at registration.

4.6 First Aid/Medical Services

Volunteer First Aid will be provided for the event. All follow vehicles will have a basic first aid kit. The sag wagon will also have a First Aider.

There nearest hospitals are:

Rockhampton Base Hospital

4.7 Race Results

The event will be timed, recorded, displayed and publicised by AusCycling.

4.8 Anti-Doping Testing

4.8.1 Therapeutic Use Exemption

All competitors may be subject to anti-doping testing under AusCycling and Sport Integrity Australia regulations.

Therapeutic Use Exemption (TUE) A TUE is an exemption that allows an athlete to use, for therapeutic purposes only, an otherwise prohibited substance or method (of administering a substance). TUE approval may protect athletes from receiving a sanction if a prohibited substance is found in their sample. Who needs to complete a TUE in-advance for Cycling?

Athletes who are:

- Competing in the Elite and U23 categories
- A member of the Registered Testing Pool, National Testing Pool or Domestic Testing Pool
- A member of a national open team/squad including athletes with a disability planning to compete at the Elite National Championships If you are currently taking any medication, please check whether this substance is banned in or out of competition via www.globaldro.com/AU/search Further information on the TUE process can be found on the Sport Integrity Australia (SIA) website <https://www.sportintegrity.gov.au/resources/therapeutic-use-exemption> or by calling 1300 027 23

4.8.2 Sport Integrity Australia App

Any athlete and official can download the SIA app.

The SIA App has been designed with athletes in mind. The App gives a complete list of all supplements sold in Australia that have been screened for prohibited substances by an independent laboratory. The testing and certification of sports supplements cannot provide athletes a 100% safety guarantee but does significantly lower the risk of a positive test. For non-tested supplements the App gives athletes access to a quiz to assess the risk posed by highlighting key risk factors. The App can also be used to report doping, check if a medication is banned in sport, give SIA feedback on testing missions, and complete online education modules.

5 Technical Regulations

The event will be conducted under the rules and regulations of AusCycling (AC) and the Union Cycliste Internationale (UCI). The AC & UCI scale of penalties will apply. For more information, please refer to the AusCycling website - <https://auscycling.org.au/page/about/governance-rules-policies>

5.1 Type of Event

This is a Queensland State Titles event for the nominated age and gender categories. Medals will be awarded for the podium for each category. Entrants are only eligible for placings in the category entered.

5.2 Participation

All entrants must have the relevant AusCycling Membership or purchase a One Day Event Licence.

5.3 Feed Zone

There are no designated feed zones and entrants must dispose of any litter appropriately.

5.4 Litter Zone

There are no designated litter zones.

5.5 Toilet Zone

There will be a portable toilet available on course at the Moses Road intersection.

5.6 Time Limit

A Time Limit will be applied at the Finish Line to any riders who have fallen behind the main peloton in the Road Race. Riders who fall outside this limit **WILL** be withdrawn from the race under the discretion of the Chief Judge.

5.7 Road Closures

This event is being hosted on open roads under a Queensland Police Special Event Permit. All entrants must obey the direction of corner marshals.

6 Venue & Course Details

6.1 Event Schedule

Please refer to Appendix B for the event schedule.

6.2 Start and Finish Locations

All events start at the Ridgелands Showgrounds. The road events finish on Dalma Ridgелands Road near the Moses Road intersection approximately 2km from the Ridgелands Showgrounds.

6.3 Course Maps

The course is a 28km circuit with multiple laps depending upon the category entered. The start and finish locations are the same for all events.

Please refer to Appendix C for course maps.

7 Spectator Information

7.1 Toilets

Toilets are located at the Ridgелands Showgrounds.

7.2 Food vendors

There will be a food van at the Ridgелands Showgrounds.

7.3 Water

Water is available at the canteen.

7.4 Spectator viewing areas

Limited spectator viewing of the finish line is available. Parking is to be on the northern side of the Dalma Ridgелands Road and Moses Road intersection.

8 Appendix B – Event Schedule

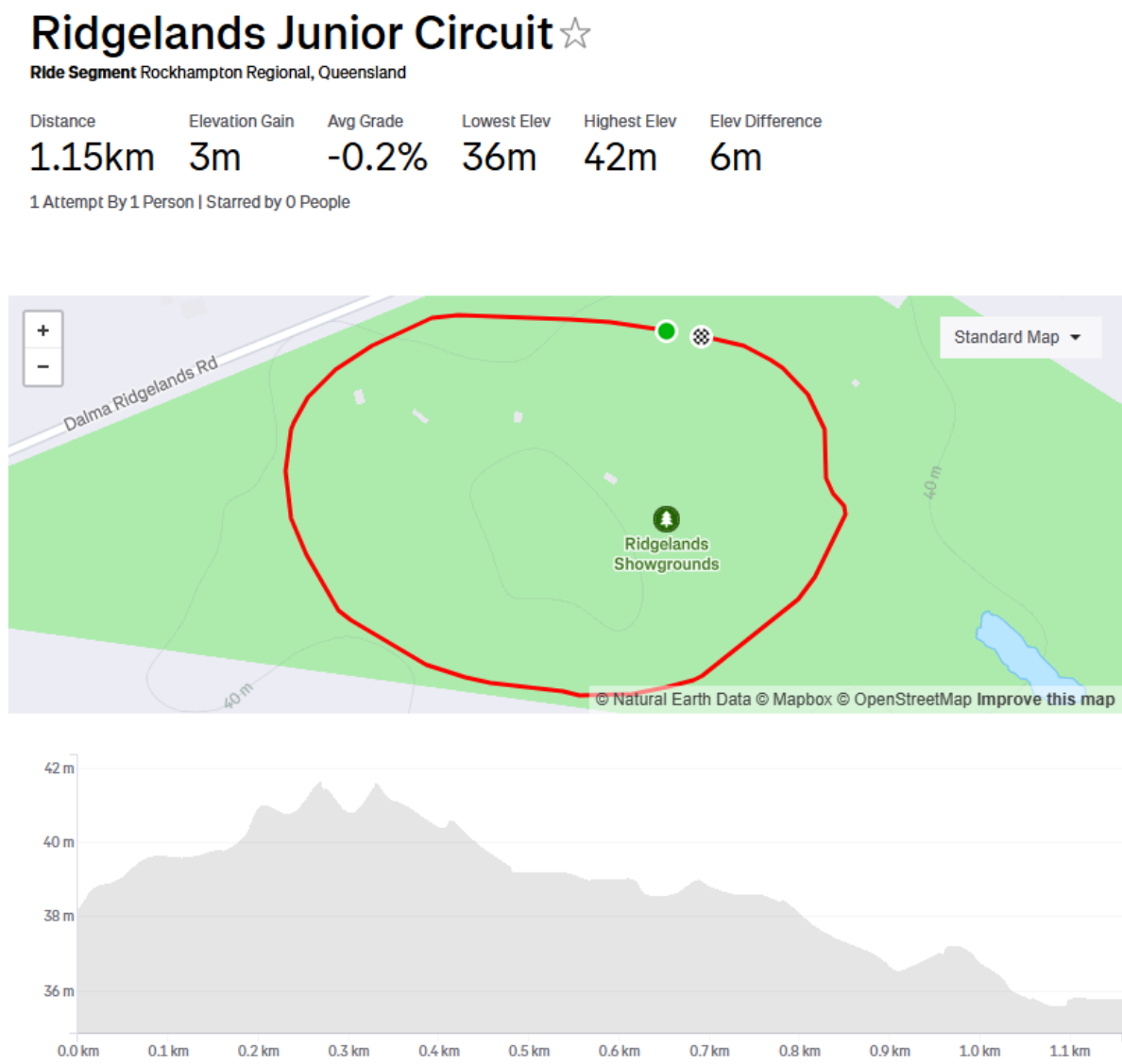
Estimated start times:

Start Time	Category	Distance
8.00am	JM15, JW15, JM17, JW17 MMAS8	30km (1 lap)
9.00am	JM19, MMAS6, WMAS6, MMAS7, WMAS7	59km (2 laps)
9.15am	Under 13, Under 11, Under 9	Small circuit
9.45am	Presentations 1 lap events	
12.00pm	Elite Men, MMAS1, MMAS2, MMAS3	87km (3 laps)
12.05pm	MMAS4, MMAS5	87km (3 laps)
12.15pm	Elite Women, WMAS3, WMAS4, WMAS5	87km (3 laps)
12.45pm	Presentations 2 lap events	
4.15pm	Presentations 3 lap events	

9 Appendix C – Course Maps

Junior Circuit:

[Ridgelands Junior Circuit | Strava Ride Segment in Rockhampton Regional, Queensland](#)



One Lap:

[Ridgeland 30.2km - 1 Lap | 30.2 km Cycling Route on Strava](#)

Ridgeland 30.2km - 1 Lap

Cycling Route

☆ Save

Duplicate

▼

Details

📍 30.2 km

⬆️ 280 m

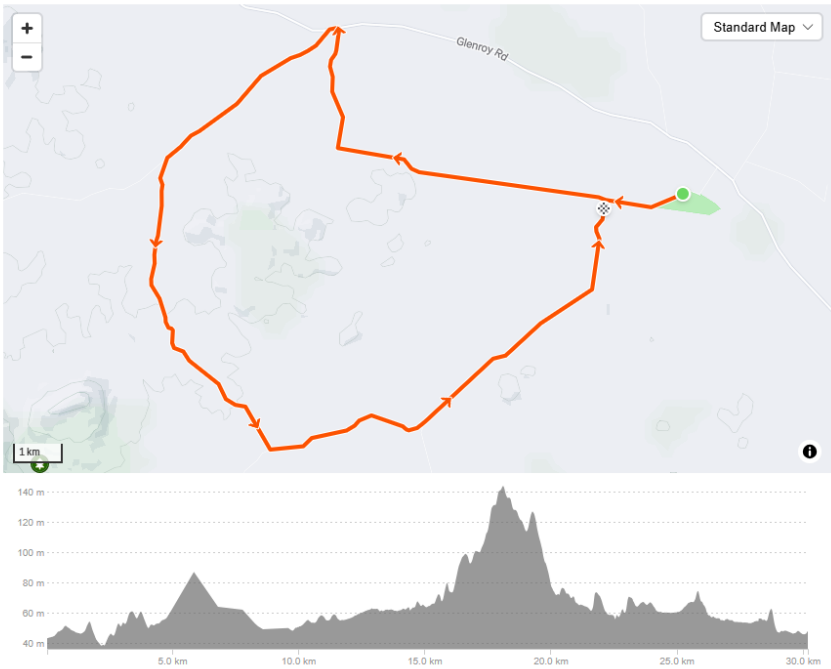
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Sil Smith NL Tinelli Racing
May 12, 2024 · Public



Route and Elevation



Two Laps:

[Ridgeland 58.8km - 2 Lap | 58.8 km Cycling Route on Strava](#)

Ridgeland 58.8km - 2 Lap

Cycling Route

☆ Save

Duplicate

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Details

📍 58.8 km

⬆️ 596 m

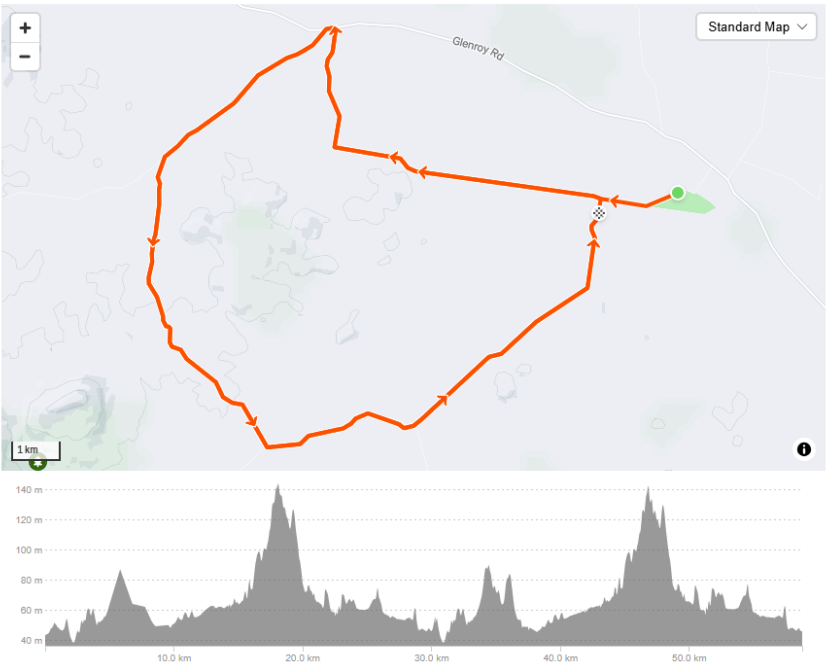
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CREATED BY

Sil Smith NL Tinelli Racing
May 15, 2025 · Public



Route and Elevation



Three Laps:
[Ridgelands 87.7 - 3 laps | 87.7 km Cycling Route on Strava](#)

[My Routes](#) / [Ridgelands 87.7 - 3 laps](#)

Ridgelands 87.7 - 3 laps

Cycling Route

★ Saved

Edit

▼

Details

📍 87.71 km


🏔️ 951 m

🕒 5:26:01

CREATED BY

Kyle Brannigan

June 11, 2025 · Public



Route and Elevation

