

Jessica Gallagher

track

nickname **Jess** date of birth **14/03/86** age **40** state **VIC** hometown **Geelong**



coffee order

Almond latte

pump-up song

Constantly changes

favourite food

Chocolate

go-to comfort movie

Probably an old school rom-com

something people don't know about me is

I love musical theatre

if I weren't a cyclist, I'd be...

My other current job - keynote speaker

idol

I don't have one. I take inspiration from lots of different people



Jessica Gallagher is one of Australia's most accomplished Paralympians, achieving success across alpine skiing, athletics and para cycling.

Gallagher made history early in her career:

- First Australian woman to win a Winter Paralympic medal (2010)
- Transitioned to para cycling in 2016
- Gold medal at the 2016 UCI Para Cycling World Championships
- Bronze medal at the Rio 2016 Paralympic Games

She became the first Australian athlete to win medals at both a Summer and Winter Olympic or Paralympic Games.

Gallagher has continued to add to her remarkable record:

- Multiple World Championship medals
- Multiple Commonwealth Games medals
- Silver medal at the Paris 2024 Paralympic Games
- Gold medal and World Record in the team sprint at the 2025 UCI Para Cycling Track World Championships

Gallagher remains one of Australia's most successful and versatile para-athletes, with a career defined by achievements across multiple sports on the world stage.

how did you first get involved in cycling

Previously, I represented Australia in athletics. After the London 2012 Paralympics my main event, long jump was removed from the 2016 Rio Paralympic competition schedule. I wanted the opportunity to compete in Rio so looked for another sport to try - cycling was the sport I chose 😊

