

Jacqui Mengler-Mohr

track



"I'm most proud of simply sticking with the sport because I genuinely love riding my bike"

Yes, I always ride my bike wearing bright lipstick.

nickname	date of birth	age	state	club
Jac	13/09/78	47	QLD	Balmoral CC



coffee order

Long black with pouring cream

favourite food

Mangoes

go-to comfort movie

Cannot go past Devil Wears Prada!

pump-up song

Anything by the Black Eyed Peas

favourite event to race

Probably the sprint. I just love riding a bike fast — especially with Jess. What I love about sprinting is that it's not just about power. It takes precision, technical execution, composure under pressure and a really strong engine, but also a lot of problem solving in the moment



"Honestly, the first thing I check in the morning is international financial markets... and the second is cycling news"



Jacqui Mengler-Mohr is an Australian track cycling pilot who transitioned from a successful canoe sprint career into para cycling, where she now partners with Paralympian Jessica Gallagher. She represented Australia as a canoe sprinter in the 1990s before moving into elite cycling.

In para cycling, Mengler-Mohr achieved major success at the 2025 UCI Para Cycling Track World Championships, winning gold in the mixed team sprint B event with a world record time and adding bronze in the 1 km time trial B.

my perfect off day looks like

My perfect off day is actually pretty simple. I'm an early riser, so it would start with coffee and a walk with my husband and our two dogs, George and Ringo. Then probably breakfast with my daughter Ava, some shopping or wandering around with no real agenda, and a bit of downtime reading a book or sneaking in an afternoon nap. The perfect finish is an early dinner with family or close friends — good food, good conversation and nowhere we need to be 😊

one challenge I've had to overcome

I've probably been underestimated my entire career. People often can't get past my age, but I've quietly always backed myself and trusted the process. I've stayed consistent, kept doing the work, and honestly feel like I'm getting better with age — like a good wine

The green and gold gives you a different level of belief - it feels like free speed