



Individual Time Trial – Saturday 6 th September 2025		
Start Time	Age Category	Distance
8:30am	Para Athletes	20km
	U19 Men	20km
	U19 Women	20km
	Under 23 Women	20km
	Elite Women	20km
	Under 23 Men	47km
	Elite Men	47km
10:00am*	Presentations: Para, U19, U23 & Elite	
10:30am	Masters Women 90+	47km
	Masters Women 120+	47km
	Masters Women 150+	47km
	Elite Women	47km
	Masters Men 180+	47km
	Masters Men 150+	47km
	Masters Men 120+	47km
	Masters Men 90+	47km
	Presentations: Club Team Time Trial	



Road Races – Sunday 7 th September 2025		
Start Time	Category	Distance
8:00am	Elite Men	141km
8:00am	Under 23 Men	141km
8:10am	Under 19 Men	94km
8:40am	Under 23 Women & Elite Women	94km
8:40am	Under 19 Women	94km
	Presentations: U19, U23, Elite & Para	