

8-12 JANUARY | PERTH, WESTERN AUSTRALIA

# 2025 AUSCYCLING ROAD NATIONAL CHAMPIONSHIPS

## TECHNICAL GUIDE



WESTERN  
AUSTRALIA  
WALKING ON A DREAM



steadyrack



*Pedal Mafia*

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## WELCOME MESSAGE FROM THE HON ROGER COOK MLA, PREMIER OF WESTERN AUSTRALIA

The Western Australian Government is proud to extend a warm welcome to the thousands of cyclists, officials, and supporters from around the nation who will converge on Perth to be part of the 2025 AusCycling Road National Championships.

This UCI sanctioned event was last held in Western Australia in 1997, and we are thrilled to welcome it back to Perth for the first time in 28 years. Comprising of three challenging courses, competitors will navigate our vibrant inner-city hub, Northbridge, traverse the stunning coastal setting of Bold Park, wind through the towering trees of Kings Park, and glimpse breathtaking waterfront views along the Swan River.

Mass participation events like this form an important part of Western Australia's events strategy, through attracting out-of-state visitors who stimulate our economy, supporting local businesses, and delivering a lasting social legacy by inspiring a new generation of participants.

Visitors can enjoy our vibrant capital city with its variety of entertainment and dining options, explore popular tourism precincts such as Fremantle, the Swan Valley and Elizabeth Quay, immerse themselves in our cultural venues, or soak up the summer sun on one of our 19 metropolitan beaches that are only a stone's throw from the CBD.

We encourage visitors to stay longer and experience our unique regional areas, including the South West with its towering forests and world-class wineries, the ancient wilderness areas in our North, and the fascinating history and heritage to be discovered in the Goldfields.

We wish you all a very enjoyable event and a wonderful stay in Western Australia.

**ROGER COOK MLA**

Premier of Western Australia



# WHERE DREAM EVENTS HAPPEN

Step into a dreamscape of wondrous events and embark on unforgettable adventures in Perth / Boorloo, the most relaxed and naturally adventurous capital city.

- Watch Mother Nature paint a fiery sunset over the sparkling Indian Ocean at one of Perth's 19 beaches.
- Discover the 'many stories' of WA Museum Boola Bardip, then explore the Perth Cultural Centre.
- Feel the thrill of Optus Stadium's Halo Rooftop Walk or Matagarup Zip+Climb.
- Soak up the sun and relax in one of the world's largest inner-city parks, Kings Park & Botanic Garden / Kaarta Koomba.
- Discover Rottnest Island / Wadjemup, where you'll be greeted by 63 wondrous beaches and the world's happiest animal, the adorable quokka.
- Immerse yourself in Noongar culture on an Aboriginal tour — discover the cultural significance and ancient stories of this region.
- Sip your way through the award-winning Swan Valley, home to more than 40 wineries and 70 restaurants and cafes.
- Cycle or walk along the Swan River / Derbal Yerrigan and experience Perth's unique flora and fauna.
- Savour fresh seafood harbourside, fine fare in historic buildings or sip a refreshing drink on the beach as you watch an Indian Ocean sunset in Fremantle / Walyalup.

Follow us @WesternAustralia | #WAtheDreamState



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WESTERNAUSTRALIA.COM

## Message from AusCycling CEO Marne Fechner



*AusCycling respectfully acknowledges the Traditional Custodians of the land on which the 2025 AusCycling Road National Championships will be held, the Whadjuk people of the Noongar nation, and recognises their continuing connection to the land and waterways.*

*On behalf of AusCycling, I extend a warm welcome to all athletes, officials, volunteers, staff, families, friends, and supporters from across Australia. The AusCycling Road National Championships continue to create incredible memories, showcasing the talent and dedication Australia's finest riders.*

*This year, we are thrilled to host the Championships in Perth for the first time since 1997. The event is sure to show off the best of Perth to Australia and the world. A special thank you goes to the Western Australian Government through Tourism Western Australia for their tremendous support. Their commitment ensures that this event will thrive not only this year but for years to come. We also thank the City of Perth and the Department of Local Government, Sport and Cultural Industries for their support of the Championships.*

*We also extend our heartfelt appreciation to our valued partners including GWM, ARA and Shimano, and to our event partners Pedal Mafia, Steadyrack and Lion. Their dedication and contributions make events like this possible. We are also grateful to the Botanic Gardens and Parks Authority for their support and generosity in providing access to King's Park.*

*I would also like to recognise our principal and performance partners the Australian Sports Commission, AIS, Paralympics Australia, Commonwealth Games Australia and the Australian Olympic Committee for their ongoing contributions to the success of our sport both locally and globally. Additionally, we thank SBS and Fox Sports for bringing this event to audiences near and far.*

*Finally, a heartfelt thanks to the AusCycling staff, commissaires, supporters, and volunteers who work tirelessly to bring this event to life.*

*To all competitors, we wish you the very best as you chase your dreams. The entire AusCycling team and community are cheering you on every step of the way. Warm regards,*

**Marne Fechner**  
**CEO, AusCycling**

*The City of Perth is thrilled to host this iconic Aussie race for the first time since 1997, and we can't wait to welcome everyone to our beautiful City. The AusCycling Road National Championships not only bring excitement to our streets but also showcase what a world-class destination Perth truly is.*

*I am particularly proud that Kings Park and our vibrant Northbridge will be highlighted as part of the circuit. As key cultural and natural zones that add so much to the liveability of our City, I have no doubt that the people of Perth will come together along these stretches to create a lively fan zone atmosphere for riders.*

*I encourage all our visitors to explore the many treasures our City has to offer. From our fantastic bars and restaurants to our diverse retail core, there's something for everyone to enjoy. Take a leisurely stroll along the picturesque waterfront or discover the unique street art, historic buildings and peaceful sunny parks or vantage points that make Perth so special.*

*And let's not forget the free Lotterywest Summer Lights series running for eight nights from 11 January, lighting up Elizabeth Quay with fireworks, live performances, delicious food, and fun activities for the whole family. This spectacular display will add an extra layer of magic to your visit.*

*So, whether you're a local or visiting for the first time, there's so much to enjoy in our City of Light as we cheer on everyone participating in the AusCycling Road National Championships – good luck to all competitors!*

**City of Perth Lord Mayor  
Basil Zempilas**





# Here for you Here for good

**We believe assisting young women and men to achieve their best as both athletes and people makes us a better company. That's why we are the naming sponsor of the Australian Cycling Team.**

At ARA, our focus is on more than just delivering essential building and infrastructure services. We're always thinking about how we can create value for our customers, support our community and enrich the lives of Australians.

| Naming sponsor of the  
**Australian Cycling Team**

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- Property Services**
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aragroup.com.au

**AUSCYCLING STAFF**

<b>CEO</b>	Marne Fechner
<b>Exec. GM-Sport</b>	Kipp Kaufmann
<b>Exec. GM-Commercial</b>	Kate Patterson
<b>Head of Events-Road</b>	Jeff Corbett
<b>Media Operations</b>	Ross Willox
<b>Partnerships &amp; Expo Mng.</b>	Bryce Dehn

**EVENT STAFF**

<b>Competition Director</b>	Scott McGrory
<b>Technical Director</b>	Kimberley Conte
<b>Course Director</b>	Laurie Norris

**EVENT MATRIX STAFF**

<b>Operations Director</b>	Megan Grygorcewicz
<b>Operations Director</b>	Bill Hayes
<b>Criterion Director</b>	David Budge
<b>Volunteer Director</b>	Carmen Keed

**RACE OFFICIALS**

<b>PCP</b>	Peter Tomlinson
<b>UCI Commissaire</b>	Louise Jones
<b>UCI Commissaire</b>	Greg Griffiths
<b>UCI Commissaire</b>	Wayne Pomario
<b>UCI Commissaire</b>	Anthony Torr
<b>Commissaire</b>	Ken Wibberley
<b>Commissaire</b>	Richard Barville
<b>Commissaire</b>	Nicholas Connan
<b>Commissaire</b>	Iain Dow-Vine
<b>Commissaire</b>	Shannon Patterson
<b>Motor Commissaire</b>	Gary Sevier
<b>Motor Commissaire</b>	Ben Thorman
<b>Motor Comm Pilot</b>	Phil Jones
<b>Motor Comm Pilot</b>	Steve Michetti

**SUMMARY OF MEETINGS**

**Tuesday, January 7**

**Registration - Next Gen Kings Park**  
[21 Kings Park Rd](#)  
 10:00 am - 7:00 pm

**Meetings - Next Gen Kings Park**  
 Para Classification 10:00 am -  
 Commissaires 6:00 pm

**Wednesday, January 8**

**Registration 8:00 am**  
 TT Start Area  
[HBF Stadium - 100 Stephenson Ave](#)

**J19 Pathways Conference 10:00 am**  
 WA Institute of Sport  
[10 McGillivray Rd](#)

**Thursday, January 9**

**Registration 8:00 am**  
 TT Start Area  
[HBF Stadium - 100 Stephenson Ave](#)

**Friday, January 10**

**Registration 9:00 am**  
[Criterion Start Area - Lake St](#)

**Road Race Meetings**  
[Pride WA Office](#)- see map page 23  
 Managers 10:00 am  
 Drivers 11:00 am

**Saturday, January 11**

**Registration - Next Gen Kings Park**  
[21 Kings Park Rd](#)  
 8:00 am - 6:00 pm

## AusCycling Road National Championships January 8 - 12, 2025 Specific Regulations

### ARTICLE 1. ORGANISATION

The AusCycling Road National Championships is organised by AusCycling, under the regulations of UCI and AusCycling.

### ARTICLE 2. TYPE OF EVENT

The event will feature a Time Trial, Road Race, and Criterium all held under the regulations of AUSCycling and the UCI.

### ARTICLE 3. PARTICIPATION

The 2025 AusCycling Road National Championship is open to riders who are current J19, U23, Elite, and all Para categories. Masters are permitted in Club Events. All riders must hold an AusCycling All Discipline Membership, except for Club TTT where a Lifestyle membership is also acceptable.

### ARTICLE 4. RACE HEADQUARTERS

The race headquarters shall be open from: 10:00 am on Tuesday, January 7 and is located at:

[Next Gen Kings Park  
21 Kings Park Rd](#)

Team representatives and riders are requested to confirm their starters and collect their race numbers at the Race HQ from 10:00am - 7:00 pm on Tuesday, January 7 or at race venues any of the other days from Wednesday through Saturday. There will be no registration on Sunday.

The team managers' meetings, organised in accordance with article 1.2.087 of the UCI regulations, in the presence of the Members of the Commissaires Panel, are scheduled for January 10 at 10:00 AM in the Pride WA office (see page 23).

### ARTICLE 5. RADIO TOUR

Radio Tour will be hosted on Road Race events only. Radios will be provided to teams at Managers Meeting.

### ARTICLE 6. NEUTRAL TECHNICAL SUPPORT

The technical support is provided by **Shimano**.

The neutral support during the road race is taken care of by means of:

- 2 vehicles
- 1 motorcycle

There will be a neutral pit along the Criterium course.

### ARTICLE 7. ANTI-DOPING

Anti-Doping will be carried out by Sport Integrity Australia (SIA).

The anti-doping tests will take place at a dedicated location after each event. Please see the section on anti-doping for specific information and locator maps for specific locations.

### ARTICLE 8. AWARD PRESENTATIONS

There will be multiple awards presentations each day, please see daily schedules. In accordance with regulations, the following riders must attend the awards presentations within 10 minutes of the scheduled time:

- First 3 of each race category, including U23 women racing in the Elite/U23 mixed category.
- Pedal Mafia KOM/QOM Jersey winner
- Western Australia Most Aggressive Jersey winner

### ARTICLE 9. PENALTIES

The UCI and AusCycling penalty scales are applicable.

### ARTICLE 10. CONTROLS

**Feed Zone:** The feed zone will be marked with yellow signs denoting Begin Feed Zone, End Feed Zone. The Feed Zone will also serve as the Litter Zone.

### Distance Markers:

#### Road Race

KOM/QOM will be noted with course side signs and a white line.

Red distance markers will denote 1 kilometre to go, along green signage denoting 300, 200, 150, 100, and 50 metres to go.

A lap counter will be utilised in the road race.

#### Time Trial

Due to the multi-lap nature of the course, only green or red distance markers will count down the final 3, 2 and 1 kilometer to go.

**ARTICLE 11. RESULTS**

Results will be released after confirmation from the commissaire's Panel. They will be posted online @ [results.auscycling.org.au](https://results.auscycling.org.au)

**ARTICLE 12. LOCAL LAWS**

It is against the law to urinate in public in the State of Western Australia and City of Perth, and by doing so you may be cited by local law enforcement and penalised by the commissaire panel. Portable toilets will be located adjacent to the start line. Please obey all traffic laws, speed limits and the directions of law enforcement.

Commissaires may enforce the rules regarding rider/team comportment, even if there is no citation from law enforcement.

**ARTICLE 13. RIDER IDENTIFICATION**

All competitors must use the number plate and body numbers as supplied by the organisation and not alter in any way. One body number is sufficient in the Time Trial.

Note that rider numbers are the same for each event. Do not dispose of them as a rider's time trial number is also their road race number.

Transponders must be attached to the bike for all events. (see page 9)

**ARTICLE 14. DISMISSAL**

In breaching any AusCycling policies, the organisation reserves the right to exclude a rider or team.

**ARTICLE 15. CONVOY DEVIATION**

All convoy vehicles are required to use the deviation provided on the right side in the last 400 meters of the Road Race.

**Time Trial Specific Regulations**

(see page 7 for Team Time Trial specifics)

**ARTICLE 16. START ORDER**

The starting order will be determined by the Race Organisation and Commissaires Panel. Individual riders shall start at one-minute intervals and in waves. Team time trials will be run using two-minute intervals.

**ARTICLE 17. UCI BIKE CHECK**

All riders must present themselves and their equipment to the bike check area at least 15 minutes before their start time to be checked for compliance with UCI regulations. The bike check area will be immediately behind the start ramp and will be available for bike check a minimum of one hour prior to race start.

Bikes may not leave the area once it has been checked without being re-checked.

Time Trial Height Exemption Information.  
[Equipment & Height Regulations Information](#)  
[Height Exemption List 24 May 2024](#)  
[UCI Attestation Application Form](#)

**ARTICLE 18. ROAD CENTRELINE**

Riders are reminded, one section of the road will have two-way traffic (km 0.5 to 2.3) with riders passing in opposite directions. Riders will be required to remain on the right side of the road in these sections.

**ARTICLE 19. FOLLOW VEHICLES**

Team vehicles must use care when passing through the finish area as other riders may be starting and merging in to the course. All follow vehicles must yield to starting riders.

There is no deviation in the time trial. Team vehicles will be following their rider through the finish line. Please use caution around the finish area.

All follow vehicles must be driven (and occupied) only by an AusCycling or UCI license holder. SUVs and mini vans may be used in the time trial. Please be prepared to show AC license of all drivers (and passengers) participating in the Time Trial at the follow vehicle line up.

**Criterion Specific Regulations**

criteriums will be run under AusCycling Criterion Rules

**ARTICLE 20. RIDER SIGN-ON AND STAGING**

There will be Sign-On for the Criterion. Rider staging will be on the outside of the final corner ( William & Francis streets ).

**ARTICLE 21. MISHAPS-FREE LAPS**

In the event of a recognised mishap, the affected rider will be allowed one lap to re-join the group which they came out of, up until 4 laps to go. After that, no free laps will be granted.

The decision to grant a free lap will be made by the PCP or commissaire in the pits.

**ARTICLE 22. OUT OF CONTENTION**

Lapped riders or in danger of being lapped will be considered out of contention and will be withdrawn. If removed at Start/Finish, please leave the course immediately.

**ARTICLE 23. RIDERS GAINING A LAP**

All riders will finish on the leaders lap.

**ARTICLE 24. WESTERN AUSTRALIA MOST COMBATIVE JERSEY**

Members of the race organisation will consult and select the Western Australia Most Combative jersey winner in the Elite Men and U23/Elite Womens race. Winners will be notified by race staff and must report to presentations.

**Road Race Specific Rules**

**ARTICLE 25. RIDERS OUT OF CONTENTION**

Riders deemed out of contention will be asked to withdraw. Any rider 8 minutes back or in danger of being lapped will be considered out of contention and removed. If removed at Start/Finish, please leave course immediately. If removed by a motor commissaire out on course, pull over until race has passed, then proceed back to team parking.

**ARTICLE 26. STARTS**

Competitors must confirm their participation in the Road Race by signing the signature control sheet. Signature confirmation will open 1 hour prior to start and will close 10 minutes before starting time. The table will be staffed by a Commissaire and will be identified with a sign reading "Rider Sign-In."

**ARTICLE 27. FOLLOW VEHICLES**

To have a Team vehicle in the convoy, Teams must meet the participation requirements, and a team representative must attend the managers meeting (in person). See *Convoy Guidelines* on page 12.

Vehicles must meet UCI height requirements. No rear bike racks are permitted.

**ARTICLE 28. FEEDING**

The Feed Zone will follow the 30km/20km rules. Thus, it will not open until the third race lap and will close just before riders see 2 laps to go. Commissaires reserve the right to amend this due to extreme weather conditions.

Feeding will take place on the RIGHT hand side of the road.

**ARTICLE 29. PEDAL MAFIA KOM/QOM JERSEY**

The Pedal Mafia KOM/QOM jersey will be awarded in the Elite Mens, U23 Mens and Elite/U23 Womens races, and both women's and men's U19 races. The KOM/QOM line is located at the top of Malcolm St. Points will be awarded on all even number laps, excluding the last lap. Points will be awarded as follows.

	1 <sup>st</sup>	2 <sup>nd</sup>	3 <sup>rd</sup>
Points	5	3	2

Winners must finish the full race distance (in contention) to be eligible. Winners must report to awards presentations.

In the event of a tie, the winner will be determined according finish order at the end of the race.

**ARTICLE 30. WESTERN AUSTRALIA MOST COMBATIVE JERSEY**

Members of the race organisation will consult and select the Western Australia Most Combative jersey winner.

Most Combative jerseys will be awarded in the following road races; U19 M & W, U23 Men, Elite Men, and the Elite/U23 Women.

Winners will be notified by race staff and must report to presentations.

COMPETITION SCHEDULE

Schedule

Day	Event	Category	Distance	Laps	Start Time
Wednesday January 8	Time Trial	Club / Open Team TT	19.2km	2 Laps	10:00 AM
		U19 Men	19.2km	2 Laps	To Follow (est. 12:00)
		U19 Women	19.2km	2 Laps	To Follow (est. 1:15)
		U23 Men	28.8km	3 Laps	To Follow (est. 2:20)
Thursday January 9	Time Trial	Women H 1-2	19.2km	2 Laps	9:30 AM
		Men H 1-2	19.2km	2 Laps	To Follow
		Deaf, Transplant	19.2km	2 Laps	To Follow
		Intellectually Impaired	19.2km	2 Laps	To Follow
		Mens H 3-5	19.2km	2 Laps	To Follow
		Women H 3-5	19.2km	2 Laps	To Follow
		Women T 1-2	19.2km	2 Laps	To Follow
		Men T 1-2	19.2km	2 Laps	To Follow
		Women C 4-5	19.2km	2 Laps	To Follow
		Men C 1-3	19.2km	2 Laps	To Follow
		Women C 1-3	19.2km	2 Laps	To Follow
		Women WB	19.2km	2 Laps	To Follow
		Men MB	28.8km	3 Laps	To Follow
		Men C 4-5	28.8km	3 Laps	To Follow
		U23 Women	28.8km	3 Laps	12:00 PM
		Elite Women	28.8km	3 Laps	To Follow
Elite Men	38.4km	4 Laps	To Follow (est. 1:25)		
Friday January 10	Criterium	Men Mas 1 - 3	20 Mins + 2		10:30 AM
		Men Mas 4 - 6	20 Mins + 2		11:00 AM
		Men Mas 7+	20 Mins + 2		11:30 AM
		Women Mas 1 -8	20 Mins + 2		12:00 PM
		U19 Women	35 Mins + 2		12:35 PM
		U19 Men	35 Mins + 2		1:25 PM
		Community Ride			2:15 PM
		U23 Men	50 Mins + 2		2:45 PM
		Elite/U23 Women	50 Mins + 2		4:00 PM
		Elite Men	60 Mins + 2		5:15 PM
Saturday January 11	Road Race	Men C 4, 5	68km	5	6:30AM
		Men MB	68km	5	6:32 AM
		Women WB	54km	4	6:32 AM
		Deaf, Transplant	41km	3	6:32 AM
		Intellectually Impaired	41km	3	6:32 AM
		Women C1-2	27km	2	6:34 AM
		Women C 3	41km	3	6:34 AM
		Women C 4-5	54km	4	6:34 AM
		Men C 1-2-3	54km	4	6:34 AM
		Men H 3-5	41km	3	6:36 AM
		Men T 1-2	27km	2	6:38 AM
		Women T 1-2	27km	2	6:38 AM
		Men H 1-2	13.6km	1	6:40 AM
		Women H 1-2	13.6km	1	6:40 AM
		Women H 3-5	13.6km	1	6:40 AM
		U19 Men	109km	8	9:20 AM
U19 Women	81km	6	9:22 AM		
U23 Men	136km	10	1:15 PM		
Sunday January 12	Road Race	Gran Fondo	81km	6	6:30 AM
		Elite / U23 Women	109km	8	10:45 AM
		Elite Men	177km	13	2:30 PM

## RACE NUMBERS

Riders will be issued two body numbers, a frame plate and transponder at registration. For road races, they must be fitted as per the below images.

For time trials, riders may use only one body number, center bottom of their back, but must have their transponder fitted as per the below image.

For hand cycle events, riders must display a rear facing and a left side facing number and must have a transponder fitted to their bikes.

Numbers must not be cut, folded or modified in any way.

Transponders must be returned to the registration marquee immediately following the completion of the riders' last race.

**Any rider failing to return their transponder will be charged \$100.**



## PARA-CYCLING

### CLASSIFICATION

Classification will be held on Tuesday, January 7 from 10am to 7pm at Race headquarters.

Next Gen Kings Park  
21 Kings Park Rd

### UCI RANKING

In addition to being the Australian National Championship (UCI CN), the Para-Cycling events are also on the UCI calendar as a C2 event and open to foreign riders.

### EVENT SPECIFIC NOTES

#### *Time Trial*

Riders will be doing multiple laps of the Time Trial course. It is the riders responsibility to count their laps and know when to exit towards the Finish.

Multiple classes may be on the course at the same time, but doing different lap counts. Use caution at merge and exit points.

Riders may choose to start on the start ramp or from the ground next to the ramp.

#### *Road Race*

Any Para-Cyclist not finished by 9:00am may be asked to finish and withdraw at the turn onto Fraser Ave., but they will still be scored. Those not finished by 9:15am may be deemed out of contention and must withdraw as DNF.

After finishing, please use caution returning to parking. The course is the only way back, but other classes may still be finishing. The footpath on the eastern side of

**TEAM TIME TRIAL****CATEGORIES**

- Open
- Masters 90+
- Masters 120+
- Masters 150+
- Masters 180+

There will be Mens & Womens for each category. Age groups are determined by adding age of three youngest team members, based on 2025 racing age. Teams may be of mixed gender, but they will compete in the Mens division.

**TEAM REQUIREMENTS**

1. Teams must have a minimum of 3 riders and maximum of 4 riders.
2. All members of each team must hold AusCycling membership from the club they are representing (Race-All Discipline, Off-Road, or Lifestyle license).
3. All team members must wear matching approved club kit or plain kit.
4. Clubs may enter as many teams as they like, however riders may only be registered to one team.
5. Combined club teams (i.e. combined teams from different clubs) are not permitted.
6. Riders must only enter as part of their primary club unless the primary club is not participating in a specific category, they may then participate with any additional club that they are affiliated with.

**EQUIPMENT REGULATIONS**

1. ONLY road bikes will be permitted, no time trial bikes.
2. All road bikes MUST meet the UCI rules for mass start events. (ie- no aero/tt bars, no disc wheels, etc.)
3. Time Trial style helmets and shoe covers will be permitted

**CLUB CRITERIUM****CATEGORIES**

- Mens Masters 1-3
- Mens Masters 4-6
- Mens Masters 7+
- Womens Masters\*

\* If numbers are sufficient the Womens Masters will be split into two races, WMAS 1-4 & WMAS 5+

These races are open to individuals and they may place, but will not be scored towards the Club title.

Each criterium will also serve as a Club Criterium Championship with a points competition for the title.  
Club Championship Rules:

- To be eligible clubs must enter a minimum of three (3) and maximum of eight (8).
- Clubs may enter multiple teams, as long as those teams do not wear the same kit or work together.
- All members of each team must hold AusCycling membership from the club they are representing (Race-All Discipline).
- All recognised club members must wear matching approved club kit or plain kit.

**POINTS**

Points will be awarded for the top 25 place with 1st place receiving 25 points, 2nd receiving 24 and so on, to 25th place receiving 1 point.

The Mid-Race Sprint will award 3, 2, & 1 points for 1st through 3rd respectively. This will happen at approx. half way and will be announced and a bell rung.

- The club with the highest point total from its top four (4) point scorers will be declared Australian Club Criterium Champion.
- Individual race winners in each race will be recognised at presentations.
- The winning club will be awarded National Champion jerseys for up to eight (8) riders.

Only the First place Club in each category needs to report to presentations.

# COMPETITION COMING UP?

## MAKE SURE YOU ARE READY!

1

Download the Sport Integrity App and use it to make your way through the following steps.



2

### TAKING A MEDICATION?

Use the 'Check a Medication' tab to access Global DRO to make sure your medication isn't banned in sport.



3

### TAKING A BANNED SUBSTANCE FOR MEDICAL PURPOSES?

Use the Therapeutic Use Exemption Checker to see if you need a TUE, and complete the paperwork if required.



4

### USING SUPPLEMENTS?

Use the 'Check a Supplement' tab to check the risk of your product. Supplements are the leading cause of inadvertent positive tests in Australia.



5

### NEVER BEEN TESTED?

Prepare yourself by going through a virtual reality test on the App. (Search for it under the menu icon)



6

### KNOW THE RULES?

A positive test is only one way to be banned from sport. Read up on the 11 Anti-Doping Rule Violations.



7

### COMPLETED YOUR EDUCATION?

Access the Sport Integrity Australia online courses by clicking on the Get Educated tab.



8

TRAIN AND COMPETE CLEAN!



SPORT INTEGRITY AUSTRALIA

#### CONTACT US

Please visit our website [sportintegrity.gov.au](https://sportintegrity.gov.au), contact us at [education@sportintegrity.gov.au](mailto:education@sportintegrity.gov.au), call our Safe Sport Hotline 1800 161 361, or enquire 1300 027 232

**CONVOY GUIDELINES****CONVOY – ROAD RACES**

All vehicles in the race convoy must comply with the following regulations:

- All occupants must hold a current AusCycling or UCI membership.
- All vehicles must travel on the left-hand side of the road, servicing riders while stationary on the left only.
- All vehicles in the convoy are under the direction of the PCP at all times.
- TEAM Vehicle stickers and convoy numbers will be provided at the Team Managers meeting and must be affixed to the convoy vehicle. No vehicles will be permitted onto the course without the appropriate stickers and convoy number.
- Convoy vehicles must be in place at the convoy assembly location 10 minutes prior to the race.

**CONVOY DRAW – ROAD RACES**

Only teams who have sufficient numbers will be permitted to travel in the convoy. Convoy orders will be drawn following the Team Managers Meeting. Teams and State Teams that are not in attendance during this meeting will forfeit the right to a convoy position. The convoy draws will be conducted as follows:

**Elite Men and U23 & Elite Women****Order of Priority for Random Convoy Draw**

- First Priority: UCI and PSL registered teams, with 4 or more entrants
- Second Priority: UCI teams with less than 4 entrants may combine with other UCI or PSL teams to form a minimum of 4 riders
- Third Priority: PSL registered teams with less than 4 entrants may combine with other PSL teams to form a minimum of 6 riders

**U23 Men****Order of Priority for Random Convoy Draw**

- First 3 Priorities same as Elite draw.
- Forth Priority: Nominated state teams (nominated by the State)

U19 Men, U19 Women and Para-Cycling  
PSL teams may have a vehicle if servicing more than 3 riders.

State/Territory Team may be approved (1 vehicle) if approved by the State Operations Manger.

This vehicle must service all participants from that state/Territory.

Random draw of these entities.

**SEVERE WEATHER**

January in Perth offers the possibility for severe heat that could be a risk to competitors.

Please refer to the [AusCycling Extreme Weather Policy](#)

The following actions may be taken based on the forecast and conditions:

- No direct action - monitor situation
- Modification of the course
- Change of start times
- Combining of classes and categories
- Shortening of individual races
- Change of start date
- Cancellation

**MEDICAL**

Medical Services will be provided during the event by Perth Integrated Health Services and St. Johns Ambulance.

Athletes and staff are encouraged to seek out the assistance of the medical staff for any injuries or illnesses and report any incidents to race staff or commissaires.

**PRE-RACE STAGING**

A medical support vehicle and staff will be available in the staging area one hour before the race start each day.

There will be medical staff on site near the Time Trial start, in the criterium pit, and in the road race staging area.

**RACE CONVOY**

The following medical support vehicles and staff will be available in the race convoy during the Road Race:

- Doctor's Car
- Medical SAG
- Ambulance

Medical staff will be posted at the criterium and time trial venues and dispatched on course as needed.

**MEDICAL SERVICE**

Medical Coverage by - Rescue Recovery  
Medical Service Line - 0405 508 549

**AREA HOSPITALS**

Sir Charles Gairdner Hospital  
Hospital Ave  
Nedlands, WA 6009  
(08) 6457 3333

Royal Perth  
Victoria Square  
Perth. WA  
(08) 9224 2244

For emergencies, dial 000 on your phone.

**SPORT INTEGRITY AUSTRALIA**

Anti-Doping Testing will be conducted at this event. SIA will have chaperones to find and escort riders, however it is the responsibility of the rider to ensure they are not required for testing prior to their departure post-race. Riders must make themselves available to Sport Integrity Australia if requested.

Anti-Doping facilities will be located at the following locations for each event: (see Locator Maps)

- [Time Trial: HBF Stadium](#)
- [Criterium: Pride WA office](#)
- [Road Race: Kings Park Education Bldg](#)

Please see an event official or staff member for assistance on accessing these locations.

**THERAPEUTIC USE EXEMPTION (TUE)**

A TUE is an exemption that allows an athlete to use, for therapeutic purposes only, an otherwise prohibited substance or method (of administering a substance). TUE approval may protect athletes from receiving a sanction if a prohibited substance is found in their sample.

Who needs to complete a TUE in-advance for Cycling?  
Athletes who are:

- Competing in the Elite and U23 categories
- A member of the Registered Testing Pool, National Testing Pool or Domestic Testing Pool
- A member of a national open team/squad including athletes with a disability planning to compete at the Elite National Championships

If you are currently taking any medication, please check whether this substance is banned in or out of competition via [www.globaldro.com/AU/search](http://www.globaldro.com/AU/search)

Further information on the TUE process can be found on the [Sport Integrity Australia \(SIA\) website](#)

**Sport Integrity Australia App**

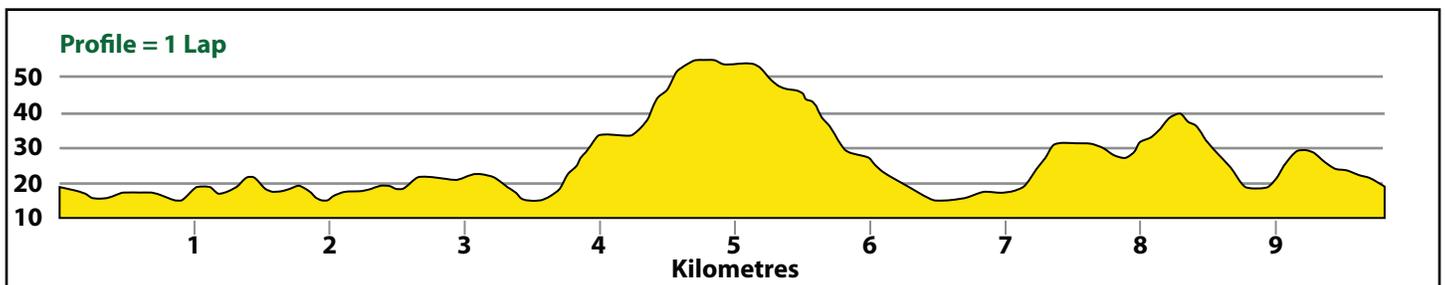
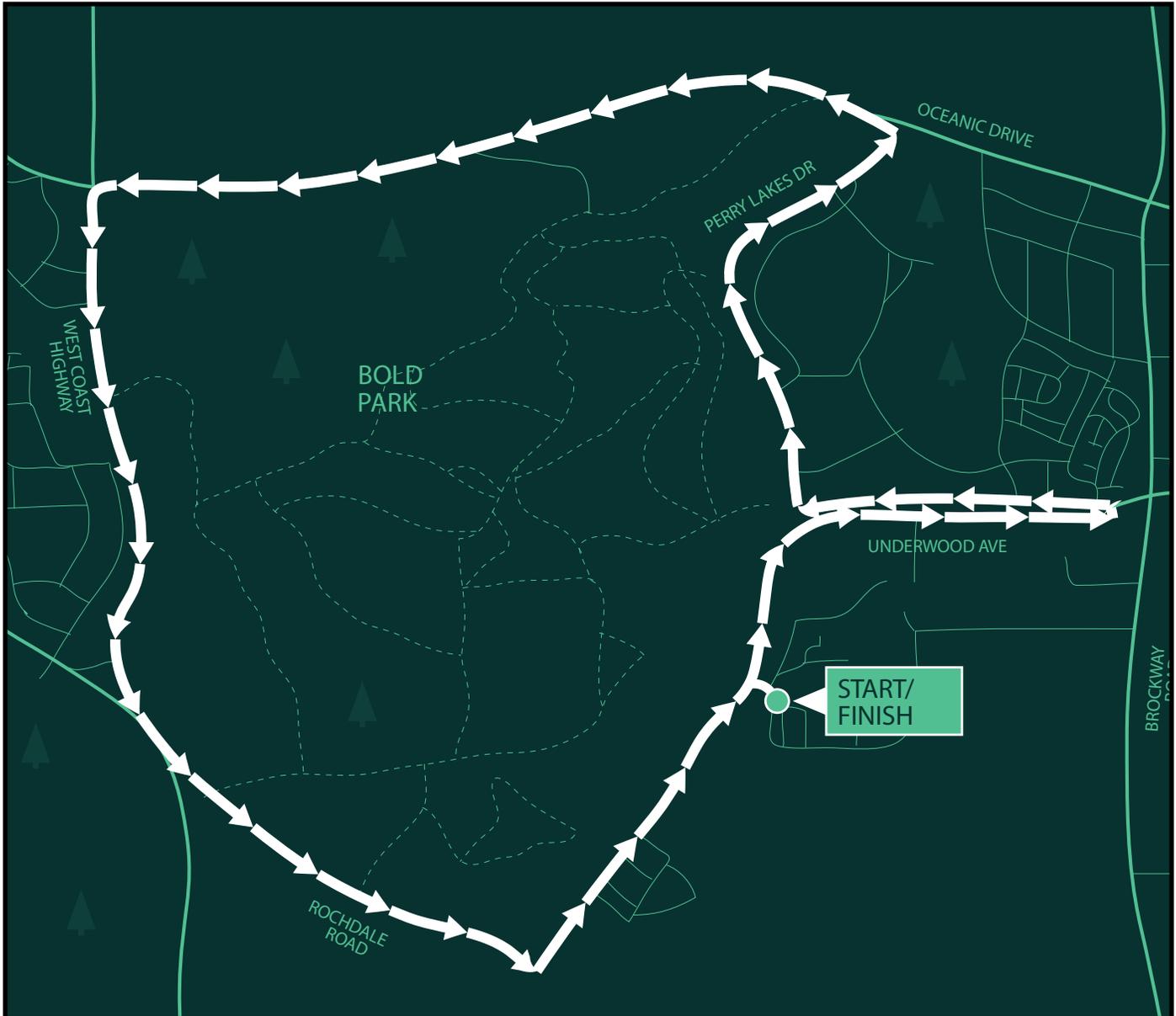
Any athlete and official can download the SIA app. The SIA App has been designed with athletes in mind. The App gives a complete list of all supplements sold in Australia that have been screened for prohibited substances by an independent laboratory. The testing and certification of sports supplements cannot provide athletes a 100% safety guarantee but does significantly lower the risk of a positive test. For non-tested supplements the App gives athletes access to a quiz to assess the risk posed by highlighting key risk factors.

The App can also be used to report doping and check if a medication is banned.

Wednesday - Club, U19, U23 M		Thursday - Para, Elite (U23 W)	
<b>Date</b>	Wednesday & Thursday, January 8 & 9		
<b>Classification</b>	UCI CN		
<b>Team Parking</b>	Lot 3 - Perth HPC (HBF Stadium)		
<b>Follow Car Line Up</b>	Lot 3 - Perth HPC (HBF Stadium)		
<b>Anti-Doping</b>	Perth HPC - see locator map		
<b>Media Work Room</b>	Perth HPC - see locator map		
<b>Awards Presentation</b>	Perth HPC front steps - see locator map		
<b>Convoy Deviation</b>	None - see Race Notes		

# TIME TRIAL

Wednesday		
<b>Club TTT - All Categories</b>	<b>10:00 AM</b>	2 Laps - 19.5km
<b>Presentation- Club TTT</b>	<b>12:15 PM</b>	
<b>U 19 Men</b>	<b>To Follow (est. 12:00)</b>	2 Laps - 19.5km
<b>U19 Women</b>	<b>To Follow (est. 1:15)</b>	2 Laps - 19.5km
<b>Presentation- U19</b>	<b>2:30 PM</b>	
<b>U23 Men</b>	<b>To Follow (est. 2:20)</b>	3 Laps - 29.3km
<b>Presentation- U23 Men</b>	<b>4:30 PM</b>	
Thursday		
<b>Para Cycling - All Categories</b>	<b>9:30 AM</b>	Varies
<b>Presentation- Para Cycling</b>	<b>12:10 PM</b>	
<b>U23 Women</b>	<b>12:00 PM</b>	3 Laps - 29.3km
<b>Elite Women</b>	<b>To Follow</b>	3 Laps - 29.3km
<b>Presentation- Elite / U23 Women</b>	<b>2:00 PM</b>	
<b>Elite Men</b>	<b>To Follow (est. 1:25)</b>	4 Laps - 39.1km
<b>Presentation- Elite Men</b>	<b>3:25 PM</b>	



COURSE LOG

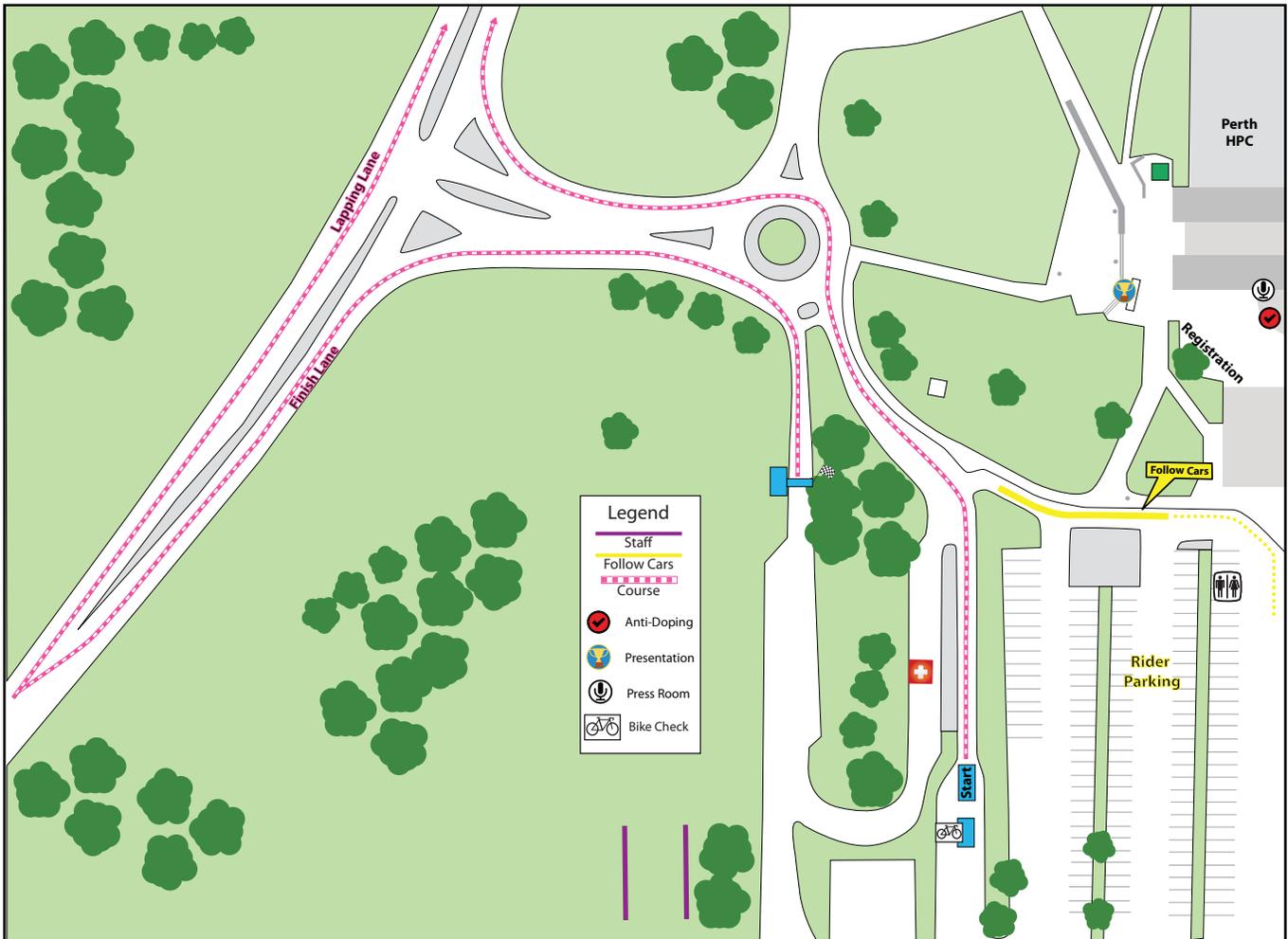
ETA @ 35 KPH	ETA @ 40 KPH	ETA @ 45 KPH	ETA @ 50 KPH	ETA @ 55 KPH	Incr.	KM Ridden	KM to Go	Action Taken	Location	Turning From	Notes
0:00:00	0:00:00	0:00:00	0:00:00	0:00:00	0.00	0.0	39.1	Start	Stephenson Ave		Herb Elliot intersection
0:00:40	0:00:35	0:00:31	0:00:28	0:00:25	0.39	0.4	38.7	vLeft	Underwood Ave		move to left of median
0:00:53	0:00:46	0:00:41	0:00:37	0:00:34	0.13	0.5	38.6	cs	Perry Lakes Dr.		Begin split lanes, stay right
0:01:25	0:01:14	0:01:06	0:00:59	0:00:54	0.31	0.8	38.3	cs	Herb Elliott Dr		
0:02:24	0:02:06	0:01:52	0:01:41	0:01:32	0.58	1.4	37.7	U Turn	Underwood Ave		turn lane begins
0:02:33	0:02:13	0:01:58	0:01:46	0:01:37	0.08	1.5	37.6	cs	Stadium Dr		
0:02:46	0:02:25	0:02:09	0:01:56	0:01:45	0.13	1.6	37.5	cs	Burvill Dr		
0:02:54	0:02:32	0:02:15	0:02:02	0:01:51	0.08	1.7	37.4	cs	Meagher Dr		
0:03:56	0:03:26	0:03:03	0:02:44	0:02:29	0.60	2.3	36.8	Right	Perry Lakes Dr.	Underwood Ave	use right side of median
0:04:34	0:03:59	0:03:32	0:03:11	0:02:54	0.38	2.7	36.4	cs	park road right		
0:05:47	0:05:03	0:04:29	0:04:02	0:03:40	0.71	3.4	35.7	cs	park road right		
0:05:57	0:05:11	0:04:36	0:04:09	0:03:46	0.10	3.5	35.6	cs	park road left		
0:06:13	0:05:26	0:04:49	0:04:20	0:03:57	0.16	3.6	35.5	Left	Oceanic Dr	Perry Lakes Dr	fence right of median & turn
0:08:19	0:07:16	0:06:27	0:05:48	0:05:17	1.22	4.8	34.3	cs	park road/median break		multiple entrances
0:10:07	0:08:50	0:07:51	0:07:04	0:06:25	1.05	5.9	33.2	Left	Coast Hwy	Oceanic Dr	use turn lane, fence outside
0:13:06	0:11:27	0:10:09	0:09:09	0:08:19	1.74	7.6	31.5	Left	Rochdale Rd	Coast Hwy	use turn lane
0:14:08	0:12:20	0:10:57	0:09:52	0:08:58	0.60	8.2	30.9	cs	Wollaston College		median-split
0:14:34	0:12:43	0:11:18	0:10:10	0:09:15	0.26	8.5	30.6	cs	McClemons Rd		
0:14:59	0:13:05	0:11:37	0:10:27	0:09:31	0.24	8.7	30.4	Left	Stephenson Ave	Rochdale Rd	median stay left, use turn lane
0:15:54	0:13:53	0:12:19	0:11:06	0:10:05	0.53	9.3	29.8	cs	playing field entrance		
0:16:29	0:14:23	0:12:46	0:11:30	0:10:27	0.34	9.6	29.5	cs	median		Left to Lap / Right to Finish
0:16:47	0:14:39	0:13:00	0:11:43	0:10:39	0.18	9.8	29.3	Finish	Herb Elliot Dr		
0:33:34	0:29:19	0:26:01	0:23:25	0:21:18	9.77	19.5	19.6	Finish	2nd Lap		
0:50:21	0:43:58	0:39:01	0:35:08	0:31:57	9.77	29.3	9.8	Finish	3rd Lap		
1:07:08	0:58:37	0:52:02	0:46:51	0:42:36	9.77	39.1	0.0	Finish	4th lap		

TIME TRIAL NOTES

- Final Category and Rider start times will be available by Jan. 6 and posted on the AusCycling results site [results.auscycling.org.au](http://results.auscycling.org.au)
- Follow vehicle drivers (and passengers) must have either an AusCycling membership or UCI license and will be asked to present it at the Follow Vehicle line up.
- WARNING - Due to space limitations there is no follow vehicle deviation for this event. Follow vehicles will be proceeding through the finish line. Please note:
  - Approaching the finish please be aware of any riders closing from behind and pull off if needed to allow them a clean finish .
  - Please pass through the finish cautiously as riders often slow dramatically after crossing the line. After crossing the finish, please move clear of the finish area promptly to allow for other finishers.
- Starting riders and their follow vehicles need to use extreme caution when merging onto the course and look out for lapping riders..
- It is the riders responsibility to know the number of laps they are required to complete.
- Riders are not permitted to warm up on the course.

Time Trial

START/FINISH LOCATOR MAP



Time Trial

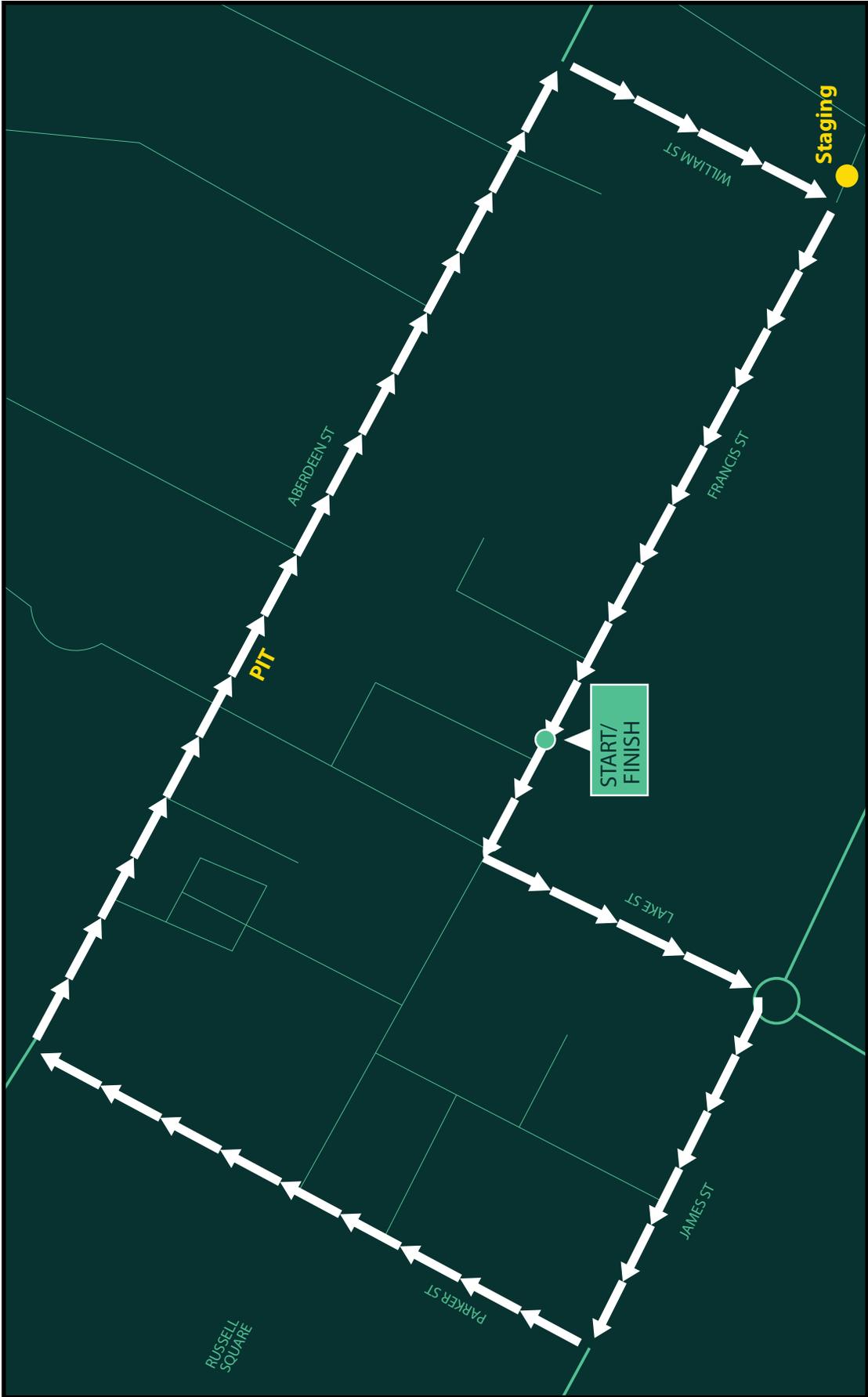
ACCESS NOTES

- Riders and Staff should only access the venue McGillivray Rd. from Brockway Rd. Access and parking from Herb Elliott Dr. is not permitted.

<b>Date</b>	Friday, January 10
<b>Classification</b>	AusCycling National Championship
<b>Staging</b>	Corner of Francis St & William St (last corner)
<b>Neutral Pits</b>	Aberdeen St @ Lake St. open until 4 laps to go
<b>Anti-Doping</b>	Pride WA office - see locator map
<b>Media Work Room</b>	Pride WA office - see locator map
<b>Awards Presentation</b>	Northbridge Piazza - see locator map

# CRITERIUM

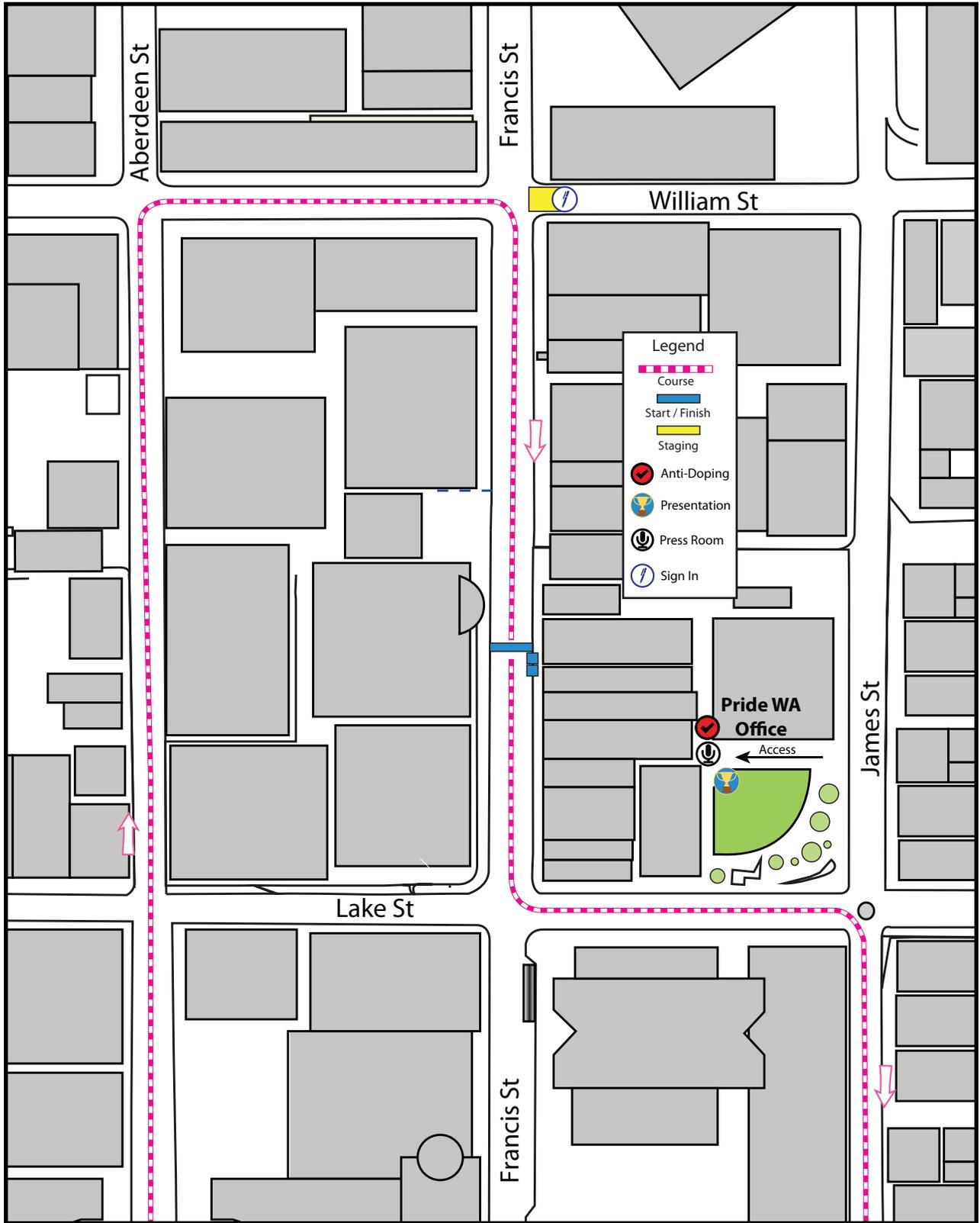
Friday		
<b>Masters Men 1-3</b>	<b>10:30 AM</b>	20 Mins + 2 Laps
<b>Masters Men 4-6</b>	<b>11:00 AM</b>	20 Mins + 2 Laps
<b>Masters Men 7+</b>	<b>11:30 AM</b>	20 Mins + 2 Laps
<b>Masters Women</b>	<b>12:00 PM</b>	20 Mins + 2 Laps
<b>Presentation- All Masters</b>	<b>12:45 PM</b>	
<b>U19 Women</b>	<b>12:35 PM</b>	35 Mins + 2 Laps
<b>U19 Men</b>	<b>1:25 PM</b>	35 Mins + 2 Laps
<b>Presentation- U19</b>	<b>2:25 PM</b>	
<b>U23 Men</b>	<b>2:45 PM</b>	50 Mins + 2 Laps
<b>Elite / U23 Women</b>	<b>4:00 PM</b>	50 Mins + 2 Laps
<b>Presentation- Elite / U23 Women</b>	<b>5:25 PM</b>	
<b>Elite Men</b>	<b>5:15 PM</b>	60 Mins + 2 Laps
<b>Presentation- Elite Men</b>	<b>Immediately Post Race</b>	



## CRITERIUM NOTES

- Riders experiencing mechanical failures will be allowed a free lap until **4 laps to go** in the race. Riders may proceed to the pit for repairs and may safely re-enter the race as the group passes. The decision to grant a free lap will be made by the PCP or the commissaire in the pit.
- Rider Staging and Sign-On will be on the corner of Francis St and William St (final corner of the race). Riders will only be let onto the course at this point and only after the proceeding race has finished. A Sign-On table and commissaire will be in the staging area.
- Riders are not permitted to warm up on the course.
- At the completion of each race, riders will exit the course at corner 2. Staff will open the fence and direct all riders off course. Please follow their instructions to exit and do not take a cool down lap.

START/FINISH LOCATOR MAP



criterium

## Saturday - Para, U19, U23

## Sunday - Grand Fondo, Elite (U23 W)

<b>Date</b>	Saturday & Sunday, January 11 & 12
<b>Classification</b>	UCI CN
<b>Manager's Meeting</b>	Friday, January 10 - Pride WA office - 10:00 AM
<b>Team Parking</b>	Dumas House - Havelock St.
<b>Feed Zone</b>	St. Georges Terrace
<b>Anti-Doping</b>	Kings Park Education Bldg - see locator map
<b>Media Work Room</b>	Kings Park Education Blg - see locator map
<b>Awards Presentation</b>	Perth overlook - see locator map
<b>Convoy Deviation</b>	Right at Fraser Ave. @ 350m to go
<b>KOM/QOM - Points Awarded on Even Laps</b>	<b>No Points on Last Lap (if Even Number)</b>

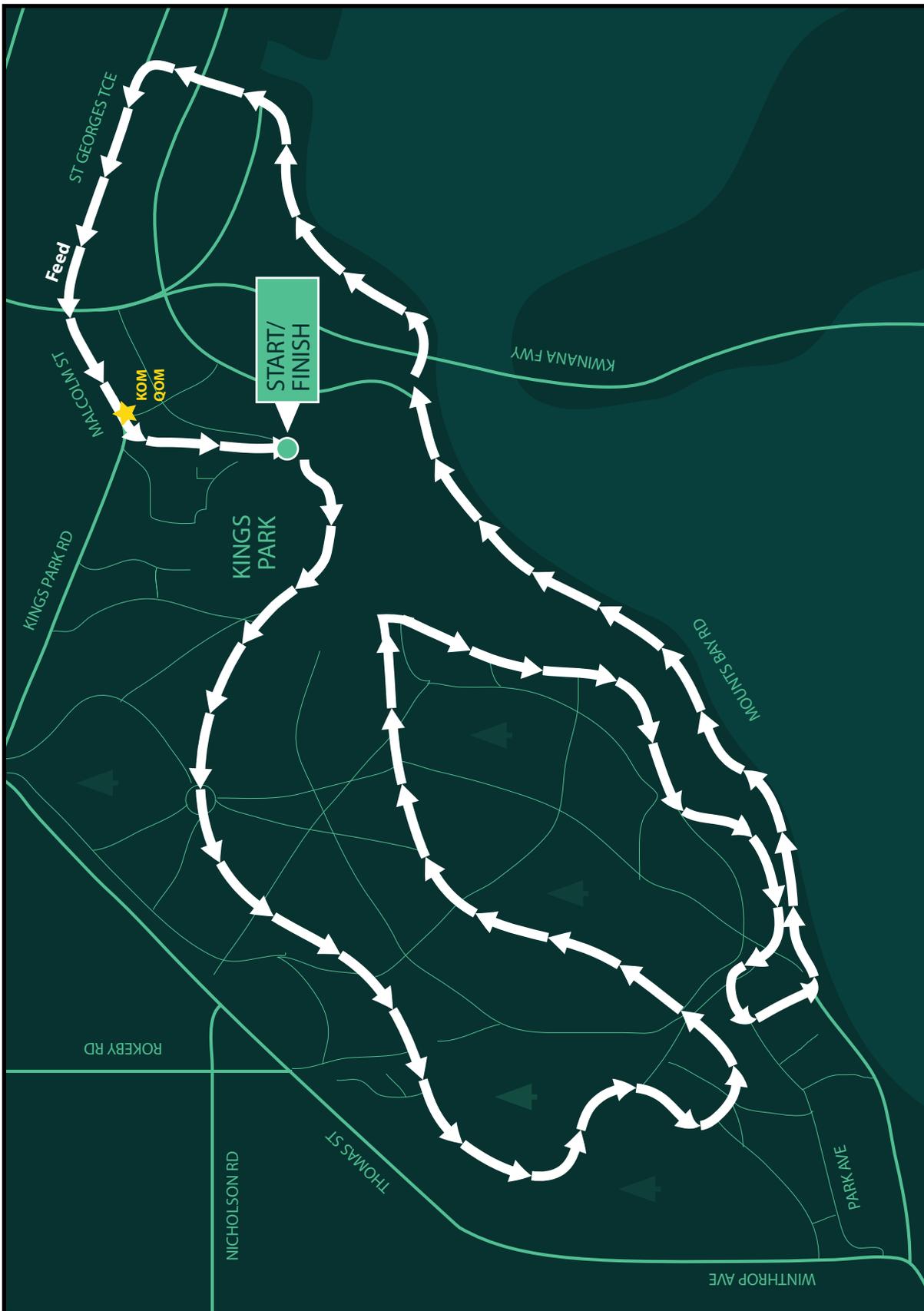
# ROAD RACE

## Saturday

<b>Para Cycling - All Categories</b>	<b>6:30 AM</b>	Varies
<b>Presentation- Para Cycling</b>	<b>9:45 AM</b>	
<b>U19 Men</b>	<b>9:20 AM</b>	8 Laps - 109 km
<b>U19 Women</b>	<b>9:22 AM</b>	6 Laps - 81 km
<b>Presentation- U19 M&amp;W</b>	<b>1:00 PM</b>	
<b>U23 Men</b>	<b>1:15 PM</b>	10 Laps - 136 km
<b>Presentation- U23 Men</b>	<b>5:00 PM</b>	

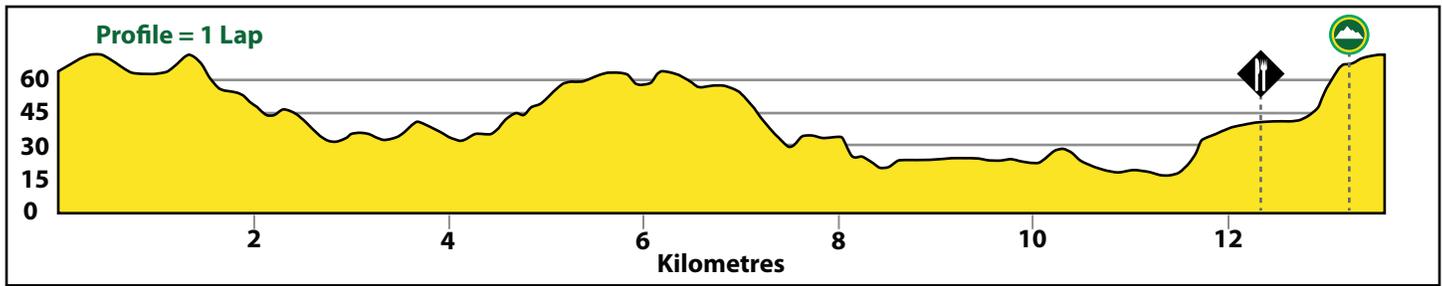
## Sunday

<b>Grand Fondo</b>	<b>6:30 AM</b>	6 Laps - 81 km
<b>Presentation- Grand Fondo</b>	<b>11:00 AM</b>	
<b>Elite / U23 Women</b>	<b>10:45 AM</b>	8 Laps - 109 km
<b>Presentation- Elite/U23 Women</b>	<b>2:20 PM</b>	
<b>Elite Men</b>	<b>2:30 PM</b>	13 Laps - 177 km
<b>Presentation- Elite Men</b>	<b>Immediately Post Race</b>	



Road Race

ELEVATION PROFILE



Road Race

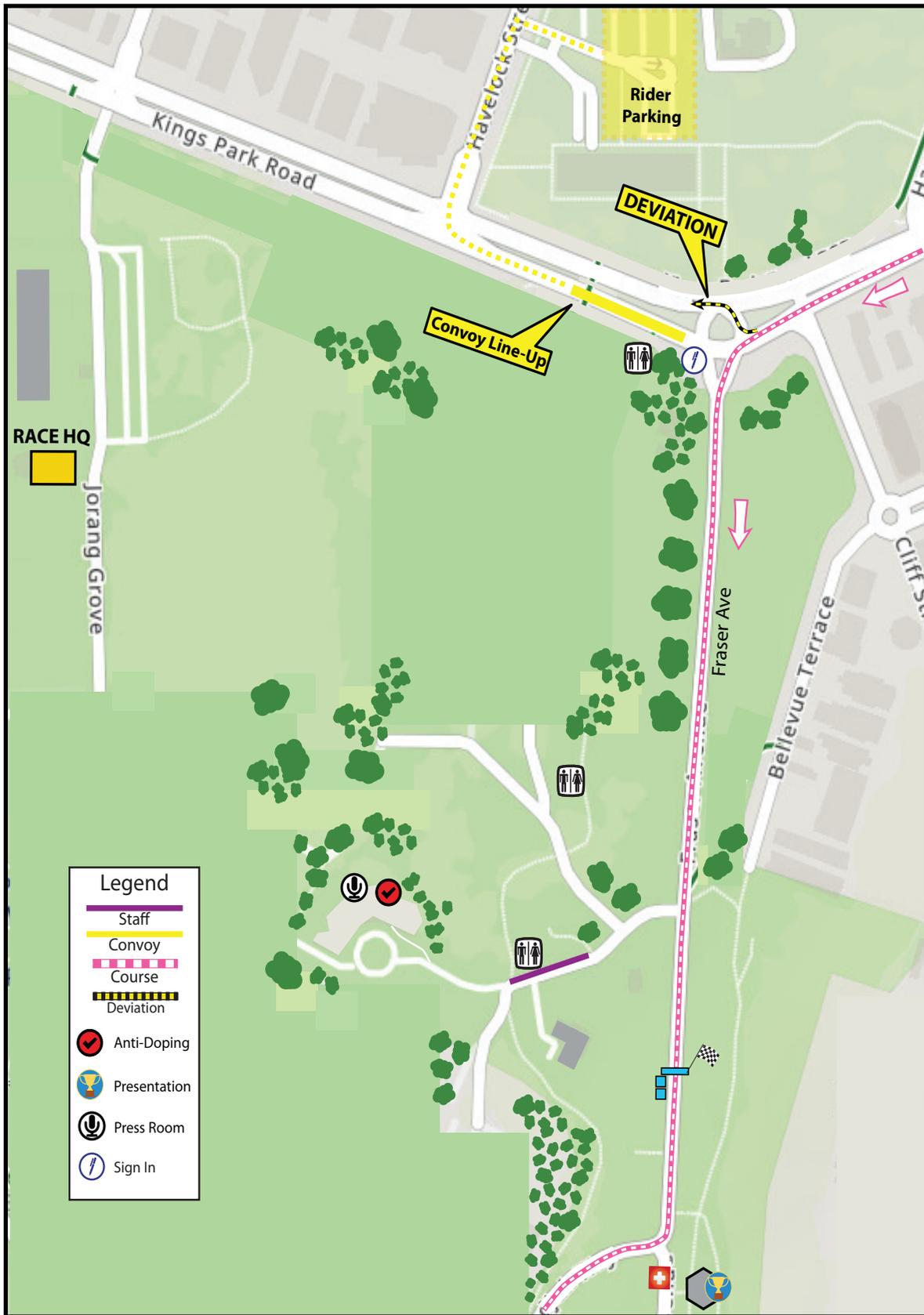
COURSE LOG

ETA @ 30 KPH	ETA @ 35 KPH	ETA @ 40 KPH	ETA @ 45 KPH	ETA @ 50 KPH	Incr.	KM Ridden	KM to Go	Action Taken	Location	Turning From	Notes
0:00:00	0:00:00	0:00:00	0:00:00	0:00:00	0.00	0.0	13.5	Start	Fraser Ave		
0:00:12	0:00:10	0:00:09	0:00:08	0:00:07	0.10	0.1	13.4	vRight	Wadjuk Way	Fraser Ave	
0:00:50	0:00:43	0:00:38	0:00:33	0:00:30	0.32	0.4	13.1	cs	May Dr	Wadjuk Way	round-about, stay right
0:04:45	0:04:04	0:03:33	0:03:09	0:02:50	1.95	2.4	11.1	cs	Saw Ave		
0:07:21	0:06:18	0:05:30	0:04:53	0:04:24	1.30	3.7	9.8	cs	Poole Ave		
0:08:10	0:07:00	0:06:07	0:05:25	0:04:53	0.40	4.1	9.4	cs	Lovekin Dr	Forrest Dr	
0:11:35	0:09:56	0:08:40	0:07:42	0:06:56	1.71	5.8	7.7	Right	Forrest Dr	Lovekin Dr	
0:15:29	0:13:16	0:11:35	0:10:17	0:09:16	1.95	7.7	5.8	Left	Park Ave	Forrest Dr	turn to right side of median
0:15:45	0:13:30	0:11:47	0:10:27	0:09:25	0.13	7.9	5.6	Left	Kings Park Ave	Park Ave	
0:16:12	0:13:53	0:12:07	0:10:45	0:09:41	0.23	8.1	5.4	Left	Mounts Bay Rd	Kings Park Ave	caution
0:20:46	0:17:48	0:15:33	0:13:48	0:12:25	2.29	10.4	3.1	vRight	Mounts Bay Rd		road split, stay right to round-about
0:20:54	0:17:55	0:15:39	0:13:53	0:12:30	0.06	10.4	3.1	cs	Birdiya Dr	Mounts Bay Rd	2nd exit of round-about
0:21:39	0:18:33	0:16:12	0:14:23	0:12:57	0.37	10.8	2.7	vRight	stay on Birdiya Dr		
0:23:04	0:19:46	0:17:16	0:15:19	0:13:48	0.71	11.5	2.0	cs	Mitchell Fwy off ramp		
0:23:29	0:20:08	0:17:35	0:15:36	0:14:03	0.21	11.7	1.8	cs	The Esplanade		split median, now on William St
0:23:50	0:20:26	0:17:51	0:15:50	0:14:15	0.18	11.9	1.6	Left	St. Georges Ter.	William St	left side of median
0:24:15	0:20:48	0:18:09	0:16:07	0:14:30	0.21	12.1	1.4	cs	King St		
0:24:31	0:21:01	0:18:21	0:16:17	0:14:40	0.13	12.2	1.3	cs	Mill St		
0:24:54	0:21:21	0:18:38	0:16:33	0:14:54	0.19	12.4	1.1	cs	Mount St / Milligan St		Begin Feed Zone
0:26:00	0:22:17	0:19:28	0:17:16	0:15:33	0.55	13.0	0.5	cs	Harvest Ter.		
0:26:10	0:22:25	0:19:35	0:17:23	0:15:39	0.08	13.1	0.4	cs	Cliff St		KOM / QOM
0:26:17	0:22:32	0:19:41	0:17:28	0:15:43	0.06	13.1	0.4	Left	Fraser Ave	Malcolm St	Deviation
0:27:08	0:23:15	0:20:18	0:18:01	0:16:14	0.42	13.5	0.0	Finish	Fraser Ave		

START / STAGING NOTES

- Rider Staging and Sign-On will be on the corner of Fraser Ave and Kings Park Rd next to convoy line-up (see Locator map). Riders will be released from here to roll to Start / Finish line once previous race has finished.
- Team cars and other convoy resources will be lined up and held at the corner of Fraser Ave and Kings Park Rd. They will not be allowed on course until directed to pull forward to Start / Finish by race staff.
- Rider call ups may occur in some categories. If call ups are planned, riders will be stopped 50m from the line behind a staging rope. Select riders will be announced and allowed to roll to the Start line. The field will be released after all call ups are complete.

START/FINISH LOCATOR MAP



Road Race

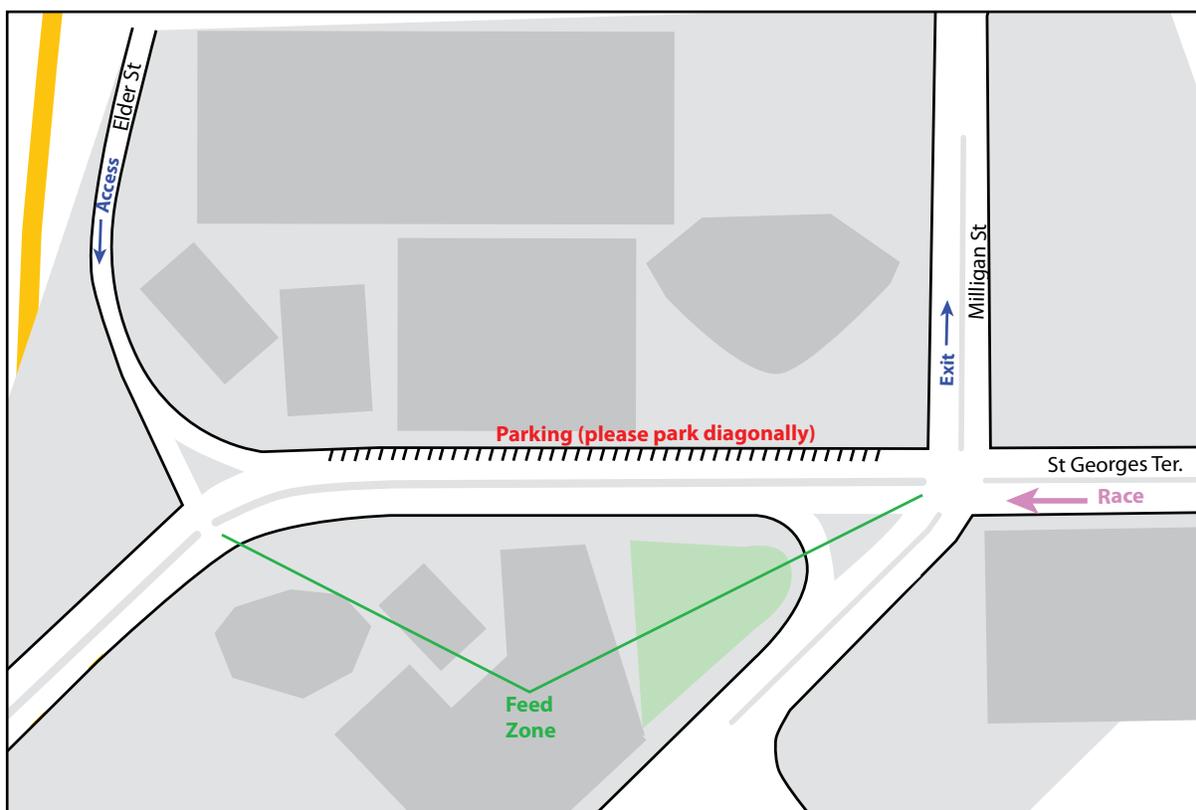
## ROAD RACE NOTES

- For all races (except the Para-Cycling Road Race) Staging and Sign-In will take place on the corner of Kings Park Rd and Fraser Ave (see Locator Map) not at the Start / Finish. Para-cyclist will stage at the Start/Finish. Once any preceding event is complete, riders will be permitted to roll forward from Staging to the Start / Finish.
- Riders deemed out of contention will be pulled at the Start / Finish or by a commissaire on the road. If pulled, riders must remove themselves from the race at the nearest safe location. Pulled riders will receive a finish placing on the results.
- Rider should note the following sector of the course that require special attention:
  - Left Turn onto Mounts Bay Rd. at 8.1km is a fast downhill into a 90 degree left
  - Along Birdiya Dr at 10.8km the course narrows to one lane for approx. 100m
- The KOM/QOM jersey competition will award point for the first 3 riders across the KOM line on EVEN numbered laps (see Article 28). Points will not be awarded on a races final lap regardless if it is odd or even.
- Team vehicles must be kept at reasonable speeds at all times. Any cars being driven recklessly will be removed from the convoy by race staff or the police. Use extra caution in the Feed Zone and areas with large numbers of spectators.
- Please use caution on deviation as you will exit the race course into an area potentially dense with

### FEED ZONE - DIRECTIONS AND RULES

- From Team Parking or the West Perth neighbourhood- Take Murray St. east toward the CBD. After the freeway underpass take an immediate Right onto Elder St. and proceed two blocks to St. Georges Terrace.
- Race staff will be checking vehicles on Elder St. and only those actively feeding riders in the current race will be permitted into the Feed Zone.
- Once finished feeding, team vehicles MUST leave the Feed Zone via Milligan St. An immediate Left onto Hay St. will return you to West Perth and the Team Parking area.
- Unlike previous additions of this event, the Feed Zone is small and for designated support staff only. Teams are not to set up team “compounds” on the street, sidewalk, or adjacent properties.
- Commissaires and race staff will be organising the Feed Zone. Please follow their instructions for parking and procedures. They will be removing those not actively supporting athletes.

### FEED ZONE MAP





SPORT INTEGRITY  
AUSTRALIA

# CLEAN SPORT IS YOUR RESPONSIBILITY

## SPORT INTEGRITY APP

- Check medications on Global DRO
- Find low risk supplements
- Check if you need a Therapeutic Use Exemption (TUE)
- Report an issue
- Give feedback or ask a question

The app also has information on all sport integrity issues, anti-doping rules, testing programs, the health effects of doping, supplement and nutrition advice, overseas travel considerations and more. Just click on the menu icon.



Download the app from the Apple Store and Google Play store here.



## ONLINE EDUCATION

- Sport Integrity Australia's eLearning website: [elearning.sportintegrity.gov.au](https://elearning.sportintegrity.gov.au)
- Visit the site for courses on integrity topics including: Safeguarding Children and Young People in Sport Induction, introduction courses to anti-doping, match-fixing and illicit drugs, along with specific courses for parents and coaches.



### Contact Us

Email: [education@sportintegrity.gov.au](mailto:education@sportintegrity.gov.au)

Safe Sport Hotline: 1800 161 361

Enquiries: 1300 027 232

[www.sportintegrity.gov.au](http://www.sportintegrity.gov.au)



SPORT INTEGRITY  
AUSTRALIA

# ANTI DOPING IS YOUR RESPONSIBILITY



Medications may have banned substances in them. Check all medications on the Sport Integrity app.

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All athletes are responsible for what substances they put into their own bodies - they can't blame anyone else, however if a coach has supplied the substance, penalties also apply to the coach.

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Supplements are a huge risk. Research shows 1 in 5 contain a banned substance not listed on the label. Find low risk supplements on the Sport Integrity app. If it's not listed, don't risk it.

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As a member of your sport, you are bound by an Anti-Doping Policy and potentially subject to investigation.

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There are rules that you and your athletes must follow under your sport's Anti-Doping Policy. Details are in the Sport Integrity app menu under 'Know the rules'.

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Anti-doping education should not be a 'tick the box' exercise - it should be an ongoing conversation with your athletes.

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If you are involved in a team sport, and an athlete tests positive to a banned substance, the team could lose competition points and championship placings.

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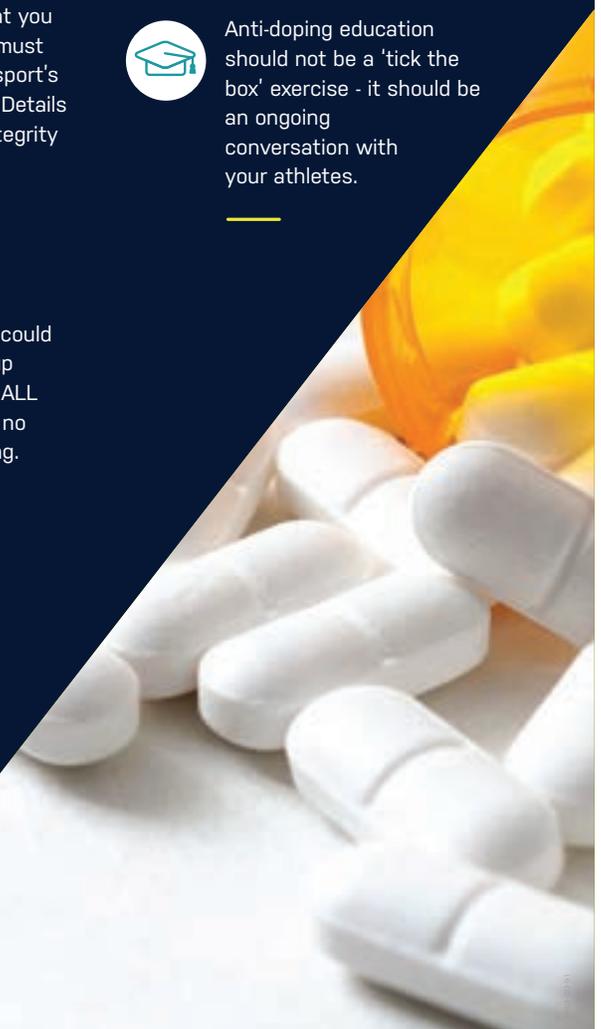
Breaking the rules could result in a ban of up to four years from ALL sport - no training, no playing, no coaching.

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Learn more about the sample collection process via our Virtual Reality anti-doping test experience. Found in the menu of the Sport Integrity app under 'Tools'.

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## NOTES

# INSIDE BACK COVER

**BACK COVER**