

2026 State XCO Round 1 Nowra Provisional Schedule

8 – 8.45	XCO course open for practice Food and First Aid available
8 – 11.30	Race plate collection
8.50	Riders to the start line for compulsory briefing from PCP
9 – 10.30	U11, U13 & U15 Men and Women plus podium presentation
10.20	Riders to the start line for compulsory briefing from PCP
10.30-12.00	U17 Men Masters Men 5-6 Masters Men 7-8+ plus podium presentation
11.50	Riders to the start line for compulsory briefing from PCP
12.00-2pm	Elite women U19 women U17 women U15 women Expert women Masters 1-2 women Masters 3-4 women Masters 5-6 women Masters 7+ women E-bike women plus podium presentation
1.50	Riders to the start line for compulsory briefing from PCP
2pm	Elite men U19 men E-bike men Expert men Masters 1-2 men Masters 3-4 men plus podium presentation
5.00pm	Event Centre closes