



CANBERRA

JUNIOR & WOMEN'S TOUR



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1. Introduction

This Technical Guide is for the information of participants competing in the 2026 Canberra Junior Tour at Stromlo Forest Park and surrounding roads on 23-24 May 2026.

2. Event Details

2.1 Event Description

Vikings Cycling Club (ACT) and **Canberra Cycling Club** and are proud to host the 2026 Canberra Junior and Women's Tour. The Tour is a stage race comprising four stages:

- Criterium
- Road Race
- Hill Climb
- Time Trial

2.1.1 2026 Northwave Junior Road Series

The Northwave Junior Road Series in New South Wales and ACT offers valuable competitive opportunities for young riders in the age categories of U13, U15 and U17. These series play a crucial role in developing cycling talent by providing a platform for riders from all states and territories to compete at a regional level.



This event is the 2nd round of the Northwave NSW/ACT Junior Road Series for 2026!

2.1.2 BikeChain J19 National Road Series

The BikeChain J19 National Road Series bridges the gap between junior and elite road cycling. Running since 2019 and open to Junior 19s, the series gives riders the chance to compete across road race, individual time trial and criterium and is a great platform to showcase and develop the next generation of Australian road cycling champions.



This event is the 2nd of three rounds of the 2026 BikeChain J19 National Road Series.

Event sponsors

The tour organisers gratefully acknowledges the support our local sponsors **Hertz**, **Crankys Bicycle Worx**, **Little Pickle cafe**, **Alivio Tourist Park** and **Hosking Bikes**.

Their contribution plays a vital role in delivering a safe, professionally run the Tour that supports junior and women's rider development and strengthens our cycling community in the ACT.

2.2 Event Location

The Tour will use two main hubs for the starts and finishes of the stages.

The Time Trial and Road Race will start and finish at Stromlo Forest West Carpark, the Criterium will be held at the Stephen Hodge Criterium Cycling Circuit and the Hill Climb on Mount Stromlo Road.



2.3 Event Start and Finish Times

The competition will be held on 23 and 24 May 2026.

Racing commences at 9 am each day.

The full event schedule is in Appendix B.

2.4 Key Contacts

Name	Position/ Title	Phone	Email
Michael Buerger	Tour Director	0416 162 265	president@vikingscycling.org.au
Chris Clarke	AusCycling ACT	0418 656 809	chris.clarke@auscycling.org.au
Caet Watch	Race Director – Road Race/ Time Trial		
Rainer Wilton	Race Director - Criterium		
Rae Rogers	Race Director – Hill Climb		
Simon Watch	President Commissaire Panel (PCP)		

2.5 Social Media

Website: [AusCycling | 2026 Canberra Junior & Women's Tour](#)

Facebook: [Canberra Junior and Women's Tour 2026 | Facebook](#)

3. Rider Registration and Meetings

3.1 Rider Registration

3.1.1 Friday evening - Alivio Tourist Park

Register at Alivio Tourist Park 20 Kunzea St, O'Connor ACT 2602, from 5pm to 7pm on 22 May.

We recommend this option for all U19 male and U19 female riders so they can go straight to the Road Race start on Saturday morning.

3.1.2 Saturday Morning - Stromlo Forest Park

Register at the entry desk at Stromlo Forest Park (Criterium Track) from 8 am on 23 May.

3.2 Meetings

The PCP will be providing a pre-race briefing at Alivio Tourist Park at 5:30pm and 6:30pm for U19 riders on Friday 22 May.

Riders will be briefed by the Commissaires prior to each race.

The Race Director and/or Race Commissaire will brief all Road Race convoy vehicles 15 minutes prior to the start of each Road race to cover the following:

- Route confirmation
- Radio Check
- Emergency Procedures

3.3 Radio Communication

The use of radio links or other remote means of communication by or with the riders, as well as the possession of any equipment that can be used in this manner during an event, is prohibited. For Road Races, each approved convoy vehicle will be issued with a radio for communication within the convoy only.

3.4 Race Convoy – Road Races

Only official support vehicles are permitted in the Road Race Convoys. No service vehicles other than neutral service are permitted.

All vehicles in the race convoy must comply with the following regulations:

- Windows on all cars in the race convoy must not be obstructed with decals or marked as to obstruct the view through the vehicle.
- All vehicles must travel on the left-hand side of the road, servicing riders on the left only and allowing for rider circulation on the right-hand side of the road.
- All drivers & passengers must be AusCycling License holders.

- All vehicles must drive with dipped headlights and no hazards & to use indicators to indicate any turns.
- Escort vehicles must display signage and lights provided by race organisers.
- All vehicles in the convoy are always under the direction of the Race Commissaire and must adhere to the Convoy Code of Conduct (Appendix 1).

4. Competitor Information

4.1 Competitor Responsibilities Participants shall:

- Obey instructions from the Event Organisers, Commissaires and event marshals/officials.
- Employ correct etiquette and ride safely in all situations.
- Obey all Road Rules
- Be required to wear minimum safety gear, including an appropriately approved helmet (AS/NZS 2063).
- Ensure that their bicycle is in good working order.
- Ensure they have an adequate supply of water and nutrition.
- Be responsible for ensuring they are fit enough for the activity.

4.2 Rider Attire

Riders may only wear championship or representative jerseys (including Australian, world, continental, state/territory or team kit, and champion bands) if they have personally earned the right to do so under AusCycling regulations.

Juniors must wear their own approved club, team or plain kit; donated or second-hand protected jerseys must not be worn in racing or on the podium by riders who are not the legitimate title holder.

4.3 Rider Escorts

Parents or carers are not permitted to ride with participants. U9/U11 will be riding their road race on a closed circuit.

All road races will be supported by lead and follow cars.

4.4 Weather

Canberra weather can be very cold. Riders should be prepared for fog, rain, snow and sun and should be equipped accordingly. In U9, U11 & U13 additional clothing should be worn and this will not be monitored for advertising.

4.5 Entry Process

Enter online via EntryBoss: [2026 Canberra Junior & Women's Tour - EntryBoss](#)

4.6 Presentations

Presentation ceremonies will take place at Stromlo Forest Park Criterium Track.

23 May 2026

- U9-U13 presentations for Criterium and Road Race approx 2.20pm
- ACT Junior Criterium Championships
- No presentations for all other categories today, so riders can depart as soon as they complete their second event of the day.

24 May 2026

- Presentations for all grades will commence at 3.00pm.

Riders must be presented in their correct attire (race kit) with no hats or sunglasses. All placegetters must make themselves available for the media.

All riders who place in a stage or classification are required to attend the relevant presentation ceremony on time and in the correct attire; failure to do so may result in a penalty in accordance with AusCycling General Technical Regulations.

All GC winners are asked to remain for a photo at the conclusion of the presentations.

4.7 Prize Money/Prizes

There are separate prizes for males and females in every age category.

- Stage medals for each of the top three placegetters in each stage.
- General Classification trophies for the top three in each category.
- Series Sponsor General Classification prizes for U13, U15, U17 & U19 from respective sponsors
- Tour Sponsor General Classification prizes for U9-U11.
- The ACT Junior Criterium Championship medals will be presented to the top 3 ACT registered riders along with medals for the race podiums, girls and boys, for U9, U11, U13, U15 & U17.

4.8 Neutral Race Support

There will be neutral Race Support for all Road Races from Under 15 upwards.

4.9 Mechanical Support

Our local sponsor, Crankys Bicycle Worx has generously offered extended workshop access for competitors across the Tour weekend. Stuart and the Crankys



team will be available for urgent mechanical assistance outside normal trading hours for any rider competing in the 2026 Canberra Junior & Women's Tour.

If you do require assistance, contact can be made through the Tour Director, Michael Buerger on 0416 162 265.

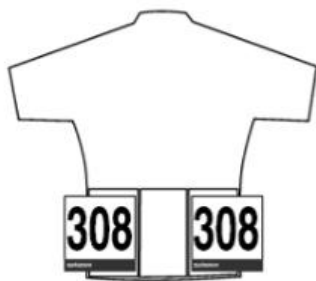
4.10 Race Numbers

Riders will be issued two body numbers and a transponder at registration. For road races, they must be fitted as per the below images.

For time trials, riders may use only one body number, centre bottom of their back, but must have their transponder fitted as per the below image.

Numbers and transponders must not be cut, folded or modified in any way.

Body Number



Left & Right Lower Back

Transponder



Low on Front Fork

Saddle Number



Attach around Saddle bar as depicted

4.11 First Aid/Medical Services

Professional medical services will be provided by Get First Aid.

They will be:

- Onsite at the Criterium Track
- Onsite at the Road Race / Time Trial Start/Finish line
- Mobile during open road events

The nearest hospital emergency department is at The Canberra Hospital - Yamba Dr, Garran ACT 2605.

4.12 Race Results

Race results will be available online at <https://results.auscycling.org.au/>.

4.13 Anti-Doping Testing

If required, any competitors selected, will submit themselves to anti-doping control conducted by Sports Integrity Australia - SIA, under the guidelines set out by the UCI.

5. Technical Regulations

- The event will be conducted under Where any ambiguity or lack of a clear ruling exists, the UCI Regulations will take precedence.

AusCycling Technical Regulations apply to this event.

- [Technical Regulations General](#)
- [Technical Regulations Road](#)

Series regulations for the [2026 Northwave Junior Road Series - NSW/ACT](#) apply for Under 13 to Under 17 categories and [National Junior 19 Road Series](#) for Under 19 riders.

Note: Time Trial bikes or clip-on bars are **NOT** permitted for use during a National Junior 19 Road Series event.

All bicycles and equipment must comply with the UCI Equipment Regulations and AusCycling General Technical Regulations Annexure 2 (Equipment Regulations).

Under 15's must use the same bicycle for all stages of the Tour. A change of bike is only allowed in the case of a genuine mechanical issue, and any replacement must still comply with AusCycling junior equipment and roll-out regulations and be approved by the Commissaires.

On-bike cameras are only permitted if approved by the Race Organiser and PCP and must be mounted in accordance with AusCycling General Technical Regulations.

5.1 General Classification

For all age groups, General Classification positions will be calculated using the following criteria:

- Under 9 & 11 will be allocated points for each of the events depending on finishing place.
- Under 13, 15, 17, 19 & Women grades will be on aggregate time across all four stages with time bonuses provided for the Criterium and Road Race based on finishing places. (1st -10 sec; 2nd -6 sec; 3rd -4 sec; 4th -2 sec; 5th -1 sec)

5.2 Riders not completing stages

The organisers recognise the cost and effort of attending the Tour and want riders to participate as fully as possible.

Should a rider not finish a stage due to a genuine mishap or mechanical issue, they will be permitted to continue in the Tour. They will receive a time allocated by the PCP in consultation with the event Commissaire.

Series points for such riders will be calculated in accordance with respective series regulations.

Riders who DNF a stage cannot assist or work for other riders still competing for the General Classification in the following races. Any such rider who assists another rider may be disqualified, and any assisted riders may also be disqualified.

5.3 Rollout

All junior riders must roll out before every stage.

All riders must present themselves and their equipment to the rollout area, located near the start/finish line, at least **20 minutes prior** to their allotted start time.

The top 5 junior riders may be required to roll out after each race.

5.4 Individual Time Trial

This year, due to road closures on Uriarra Road, all age groups will be doing an out-and-back course starting at Stromlo Forest Park West.

At the start, 30-second time gaps shall apply for all riders. A ten-second penalty shall be applied to a competitor's time if a competitor starts before their signal.

A late starter may not commence from a flying start and cannot start within 10 seconds of another competitor. The late starter's time commences from his original start signal.

All races are conducted on an out-and-back course or include a section where riders will be utilising both sides of the road; Riders are required to keep left at all times. All courses have a narrow turnaround; Riders must use caution.

In the event of fog, possible delays, changes to course and timings may result and will be at the discretion of the Race Commissaire.

In accordance with the updated series regulations, under 19 competitors **CANNOT** use Time Trial Bikes or Clip-on bar extensions.

Canyon Groove Aero Extension bars have been observed being used in Junior Time Trials. These are not UCI compliant. As a result, they **CANNOT** be used in AusCycling-sanctioned events.

For Women grades, Time Trial Bikes need to meet [UCI Equipment Regulations](#).

All riders are to be at the marshalling area, having completed roll-out and bike checks, ready to ride 10 minutes before their grade start times.

5.5 Road Race

All races are conducted on an out-and-back course or include a section where riders will be utilising both sides of the road; Riders are required to keep left at all times. All courses have a narrow turnaround; Riders must use caution.

The women's grades will be racing a 50km handicap.

In the event of fog, possible delays, changes to course and timings may result and will be at the discretion of the Race Commissaire.

For safety considerations, under 9s and under 11s will be racing on the Criterium course.

5.5.1 Feed Zone

There are no feed zones on the course.

5.5.2 Litter Zone

There are no litter zones on the course. Riders are to keep any gel/food wrappers with them, and no littering is permitted.

5.5.3 Toilet Zone

There are no toilet zones on the course. Toilets are located at the start/finish line.

5.5.4 Sag Wagon

The Sag Wagon will follow the last rider on the course. Should any rider have a mechanical failure that cannot be fixed, the Sag Wagon will retrieve them and drop them back to the Race headquarters.

Riders who are deemed to be too far behind the peloton will be pulled from the race by the Sag Wagon – this will be at the Race Commissaire's discretion.

5.6 Criterium

Riders will ride for a fixed duration plus a specified number of laps, as per the program.

Race durations may be changed on the day, and riders will be briefed on the start line.

The Criterium will be raced in a clockwise direction. U9, U11 and U13 will be racing on a short course.

Other than in the final three laps, when a recognised mishap occurs during the race (crash or mechanical), the riders involved shall be allowed a free lap on which to resume their position in the race at the moment of the mishap. Riders who have been allowed free laps shall not be penalised in the final classification. Within the last three laps, riders resuming after a mechanical or mishap must chase.

5.7 Hill Climb

The Hill Climb stage will be conducted on the sealed Mount Stromlo access road from the Cotter Road intersection to the observatory summit, using age-appropriate finish points for each category as outlined in the Event Details section.

The Hill Climb will be conducted as an individual timed event, with riders starting one at a time at fixed intervals.

Start intervals will be 30 seconds to 1 minute, as determined by the Race Commissaire based on field size and safety considerations.

Riders must start in their allocated order and report to the marshalling area having completed rollout and bike checks at least 20 minutes before their scheduled start time.

A rider's time will be taken from their allocated start time, not when they physically cross the start line; late starters are not permitted a flying start and may not start within 10 seconds of another rider.

All riders must keep left at all times and follow the instructions of marshals and commissaires on the climb and in all finish zones.

After completing the climb, all riders must participate in a supervised mass descent only when instructed, comply with any imposed speed limits and maintain safe bunch behaviour at all times.

5.8 Road Closures

The Road Race will be conducted on closed and partially closed roads under an approved Traffic Management Plan. Uriarra Road will be closed to traffic from the start and finish line at Stromlo Forest Park West to Uriarra Crossing. The remainder of the course will be on open roads.

The Time Trial stage will be conducted on closed roads. Riders are still required to ride on the left-hand side of the road and obey all instructions.

The Hill Climb will be run on a closed road with access coordinated with Traffic Management, Race Officials, ACT Parks and Conservation and relevant stakeholders.

6.2.2 Stromlo Forest Park Western Carpark

Located on Uriarra Road, approximately 3km from Stromlo Forest Park.

This hub will have temporary facilities and toilets.

For those who ride to the start line from the Criterium Track, an off-road bike path runs from the corner of Dave McInnes and Uriarra Roads to this venue. Please use this path rather than the road.

Parking

Follow signs and directions for parking. Do not drive near the start/finish line, and please park in the car park on the Northeast side of Uriarra Road or as sign posted.



6.2.3 Hill Climb -Mount Stromlo Road

The start of the Hill Climb will be at the beginning of Mount Stromlo Road off Cotter Road.

Access to the start of the Hill Climb will be via a 1 km gravel road to the Criterium Track. There will be no toilet facilities at the starting point with the closest being at the Stromlo Pavilion.

Parking

There is limited parking at the start of the Hill Climb and it is strongly recommended that riders and spectators travel to the start either by walking or riding via the gravel road from the Crit track.



6.3 Course Maps

Please refer to Appendix C for course maps.

7. Spectator Information

7.1 Toilets, showers and change rooms

Toilets, showers and change rooms are located at the Stromlo Forest Park Criterium Track.

Temporary toilets will be located at Stromlo Forest Park Western Carpark.

7.2 Food vendors

The ACT Junior Development Fund will operate a canteen and BBQ at the Criterium Track. Funds raised by the Junior Development Fund go toward supporting ACT Junior riders.

There will be a coffee van at the Stromlo Forest Park Western Carpark.

7.3 Water

Water is available at the Criterium Track.

Appendix A – Convoy Code of Conduct

The Convoy Code of Conduct applies to all vehicles involved in Race Convoy operations, whether involved with the conduct of the race itself or while performing a role that interfaces with the convoy operations and/or occurs within the race envelope:

- Judge & Commissaire Cars & Motorbikes
- Photographer & Broadcast Motorbikes
- Medical Vehicles
- Race Director Car
- Neutral Support Cars & Motorbikes
- Police Cars & Motorbikes
- Moto Safety Marshal & Moto Escort Motorbikes
- Marshal Vehicles
- Lead Car & Sag Wagon
- VIP & Guest Cars

COMPULSORY CONVOY BEHAVIOUR

Applicable to all drivers within the Race Convoy. Note: The term 'vehicle' refers to both cars and motorbikes

Note: The term 'driver' applies to both car drivers and motorbike pilots

All drivers must attend the race-specific convoy operations briefing.

All vehicles must travel in the left lane.

All drivers must gain permission to pass any large group of riders from the Commissaire behind that group.

Wherever possible, vehicles should pass the riders on the right-hand side of the riders as per normal Australian road rules. Drivers must check mirrors before deviating left or right.

When travelling within the race envelope, drivers must not travel more than 20km/h above the speed of the race. To travel any more than 20km/h above the speed of the race is dangerous, unnecessary and unacceptable. Speeding will be severely dealt with. If a vehicle is ahead of the race and there is a fast descent ahead, drivers should accelerate ahead well in advance of that descent so that they are not in a situation where they must speed dangerously to remain ahead of the chasing riders.

Note: there are some descents where cyclists will descend faster than a vehicle.

When travelling outside the race envelope, drivers must obey all normal road rules and posted speed limits. The Tail End Car will endeavour to wait for any vehicle stopped (to service a rider, roadside repairs, call of nature); however, extended delays create the risk of leakage from other road users into the envelope, which in turn puts the entire convoy at risk. Extended delays cannot and will not be accommodated. Failure to obey road rules once outside the race envelope may result in infringement notices (fines) being issued by the Police.

Windows on all vehicles in the race convoy must not be obstructed with decals or marked as to obstruct the view through the vehicle.

Appendix B – Event Schedule

Saturday 23 May 2026

Registration at Stromlo Forest Park from 8:00am.

criteriums run for most of the day.

Note that some racing groups will complete their road race before their criterium, and some will complete their road race after their criterium. **Check your start times carefully.**

Criterium

Race	Start Time	Event Duration (min)
U9 all	9:00	8 min
U11 Boys	9:20	11 min
U11 Girls	9:21	11 min
U13 Boys	9:45	12 min
U13 Girls	9:46	12 min
U15 Girls	10:10	17 min
U15 Boys	10:35	17 min
U17 Men	11:05	27 min
U17 Women	11:35	27 min
U9/11 Road Races		
U19 Men	14:07	37 min
U19 Women	14:54	37 min
A / B Grade	15:41	37 min
C Grade	16:28	27 Min

Road Race

Race	Start Time	Distance (km)
U19 Men	8:30	80km
U19 Women	8:40	70km
Women Graded Handicap		
C Grade	11:00	50km
B Grade	11:10	50km
A Grade	11:15	50km
*U9 all	12:15	4km
*U11 all	12:30	8km
U13 Boys	12:45	16km
U13 Girls	12:50	16km
U15 Boys	13:30	30km
U15 Girls	13:40	30km
U17 Men	14:20	50km
U17 Women	14:30	50km

* U9 & U11 races will be on the Crit Track

Sunday 24 May 2026

Note that some age groups will complete their time trial before their Hill Climb, and some will complete their time trial after their Hill Climb. **Check your start times carefully.**

*All riders **must report** to the Race Commissaires at least **10 minutes before** their Grade start time for marshalling. Roll-outs and bike checks need to be completed before reporting for marshalling.*

Hill Climb

Grade	Start	Distance (KM)
U13 Boys	8:30	2.9km
U13 Girls	8:35	2.9km
U11 all	8:40	2.2km
U9 all	8:45	1.4km
Return to start	9:00	
U19 Men	9:15	3.6km
U19 Women	9:30	3.6km
C-Grade	9:50	3.6km
B-Grade	9:55	3.6km
A-Grade	10:00	3.6km
Return to start	10:30	
U17 Men	13:00	3.6km
U17 Women	13:25	3.6km
U15 Boys	13:45	3.6km
U15 Girls	13:55	3.6km
Return to start	14:20	

Time Trial

Grade	Indicative Start Time	Distance (KM)
U17 Men	9:00	16km
U17 Women	9:25	16km
U15 Boys	9:55	12km
U15 Girls	10:20	12km
U13 Boys	10:35	8km
U13 Girls	10:50	8km
U11 all	11:20	4km
U9 all	11:30	4km
U19 Men	12:30	16km
U19 Women	12:45	16km
C-Grade	13:15	16km
B-Grade	13:25	16km
A-Grade	13:35	16km

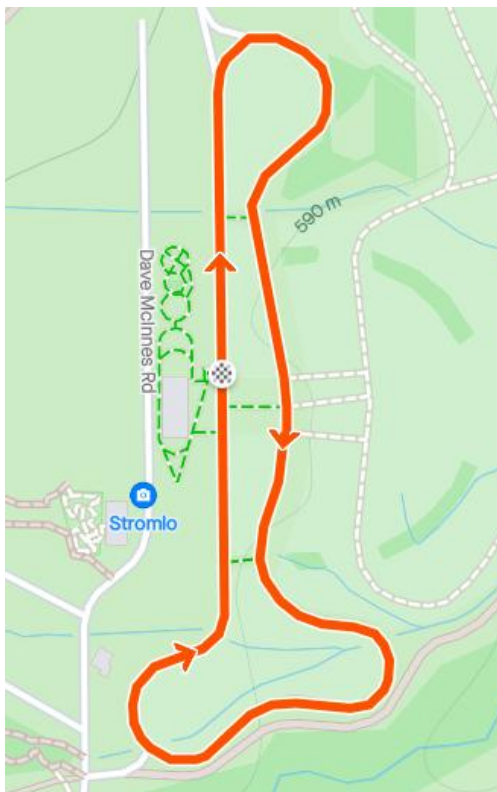
Individual start times will be published after Saturday's racing concludes

Appendix C – Course Maps

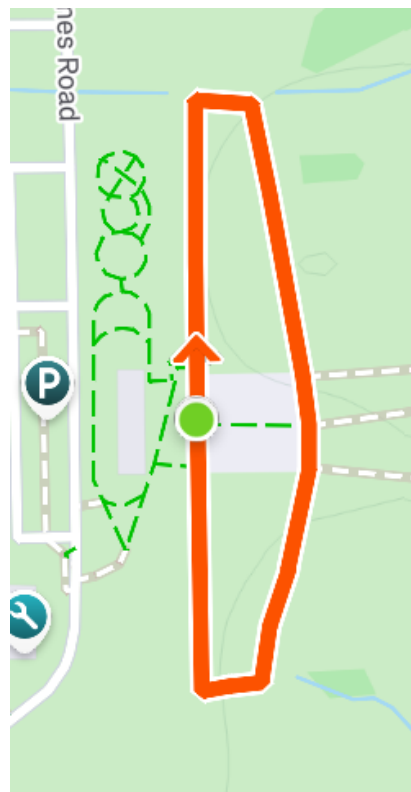
criterium

Canberra has a fantastic purpose-built sports facility at Stromlo Forest Park. Crits will be raced in a clockwise direction. U15+ will be utilising the full course where as the U9, U11 and U13 will be racing on a shorter course.

Full Course



Short Course



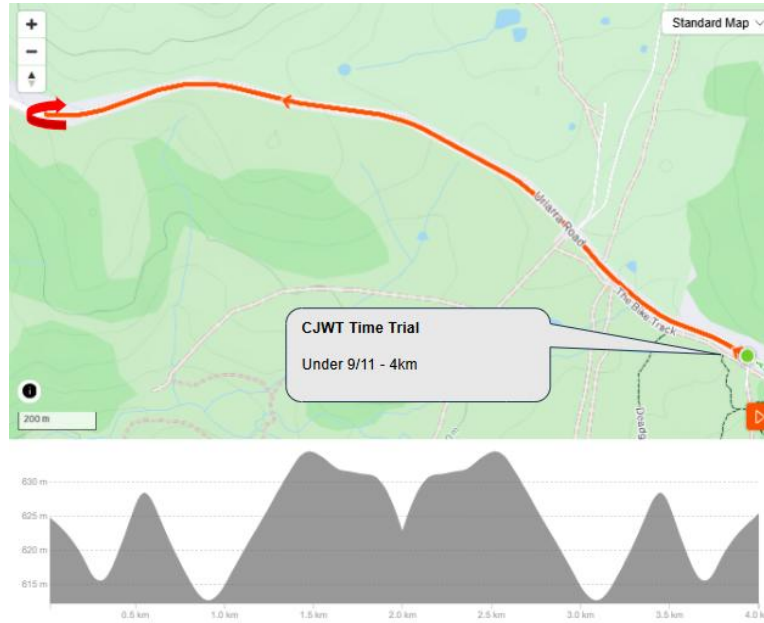
Time Trial

All riders are racing an out and back course on Uriarra Road, starting and finishing at Stromlo Forest Park West Carpark.

Under 9/11 Start/Finish: Stromlo Forest Park Criterium Track

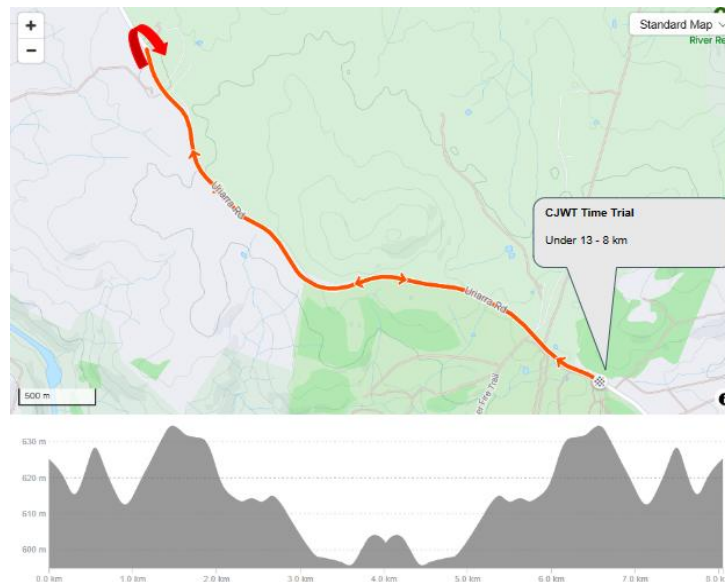
Total distance 4km

[CJWT U9&U11 Road Race | 4.0 km Cycling Route on Strava](#)



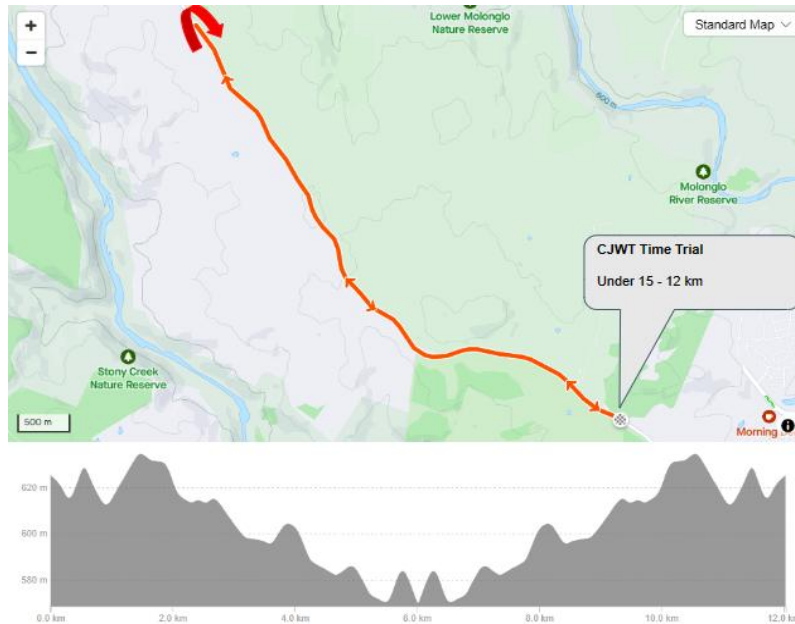
Under 13 - Turn at Turn B - Total distance 8km

[CJWT U13 Time Trial | 8.0 km Cycling Route on Strava](#)



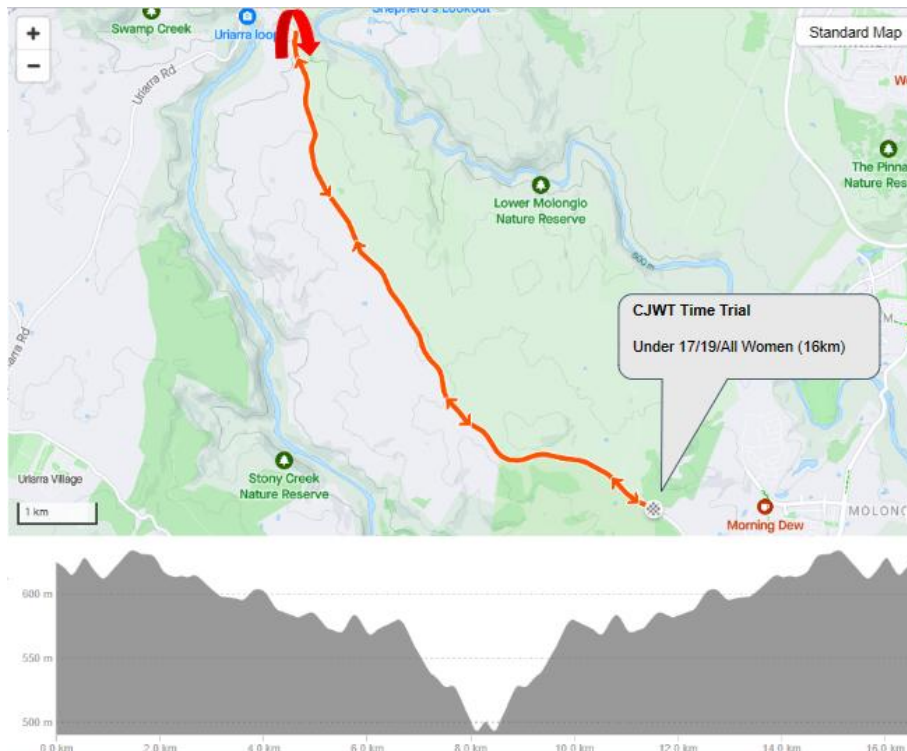
Under 15 - Turn at Turn C - Total distance 12km

[CJWT U15 Time Trial | 12.0 km Cycling Route on Strava](#)



Under 17/19/All Women - Turn at Turn D - Total distance 16km

[CJWT U17+ Time Trial | 16.5 km Cycling Route on Strava](#)



Road Race

Under 9 Road Race

Start/Finish: Stromlo Forest Park Criterium Track

U9 Distance: 4km

Course: Due to safety concerns, the road race will be held on the Crit track and include 3 laps.

Under 11 Road Race

Start/Finish: Stromlo Forest Park Criterium Track

U11 Distance: 8km

Course: Due to safety concerns, the road race will be held on the Crit track and include 7 laps.

All other events Start/Finish: Stromlo Forest Park West Carpark.

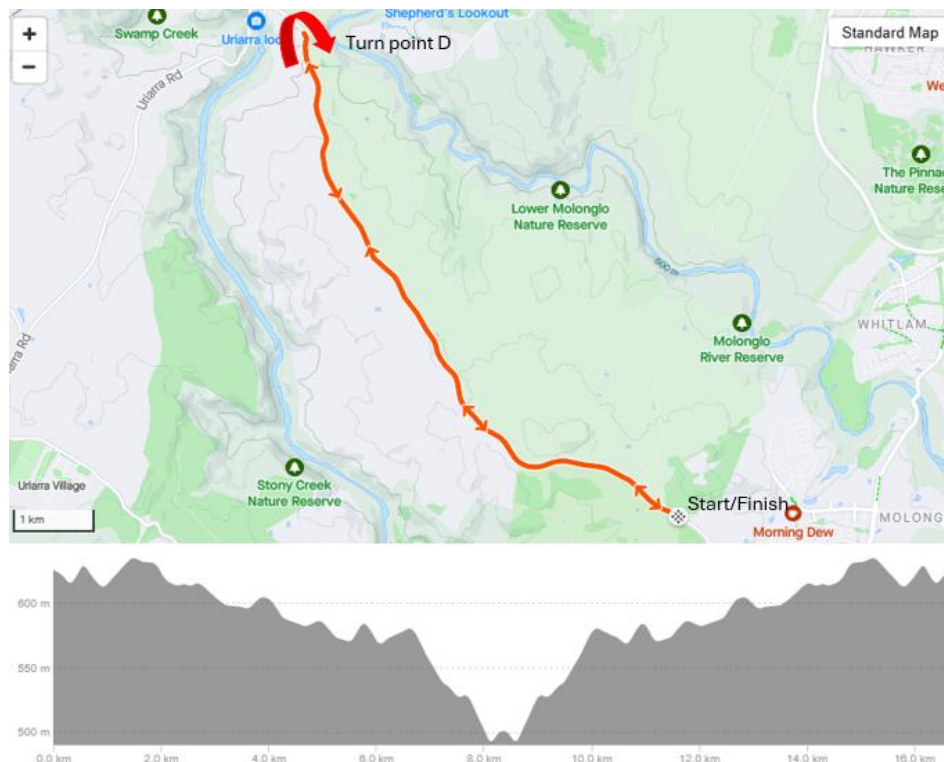
Under 13 Road Race

Start/Finish: Stromlo Forest Park Western Carpark

Distance: 16km

Course: Out and back along Uriarra Road turning at Turn point D. See course details

[CJWT U13 Road Race | 16 km Cycling Route on Strava](#)

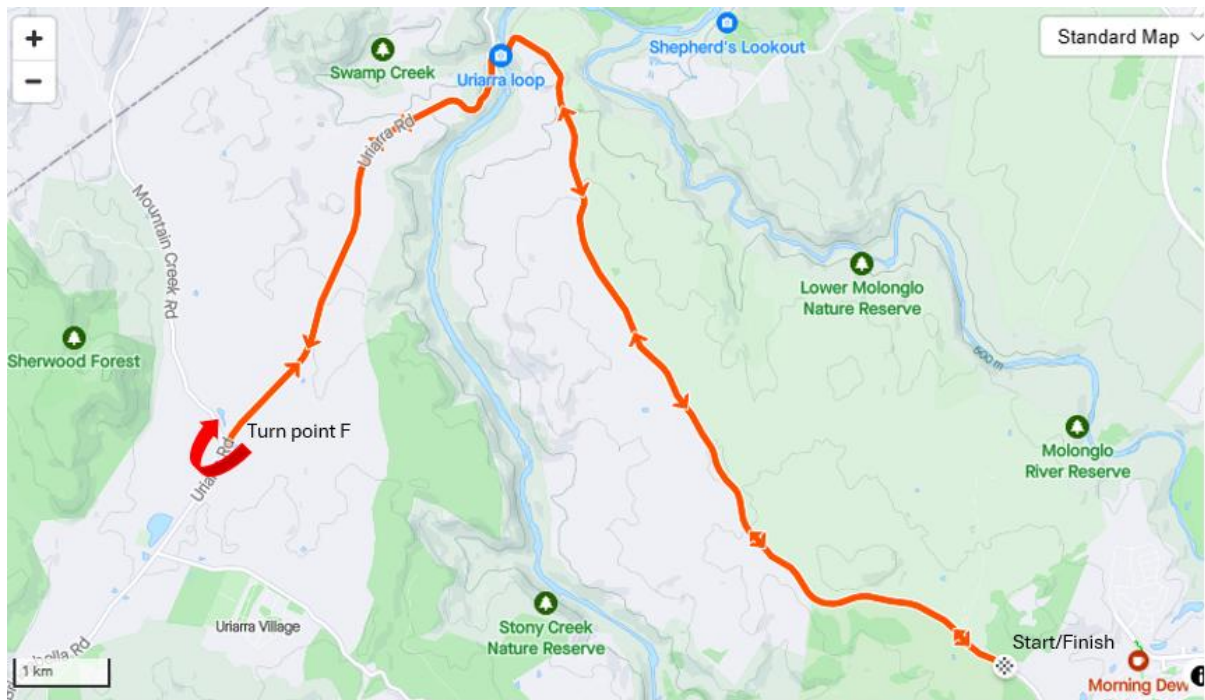


Under 15 Road Race

Start/Finish: Stromlo Forest Park Western Carpark

Distance: 30km

Course: Out and back along Uriarra Road. Turn around at Mountain Creek Road Junction Turn point F. See course details [CJWT U15 Road Race | 30 km Cycling Route on Strava](#)

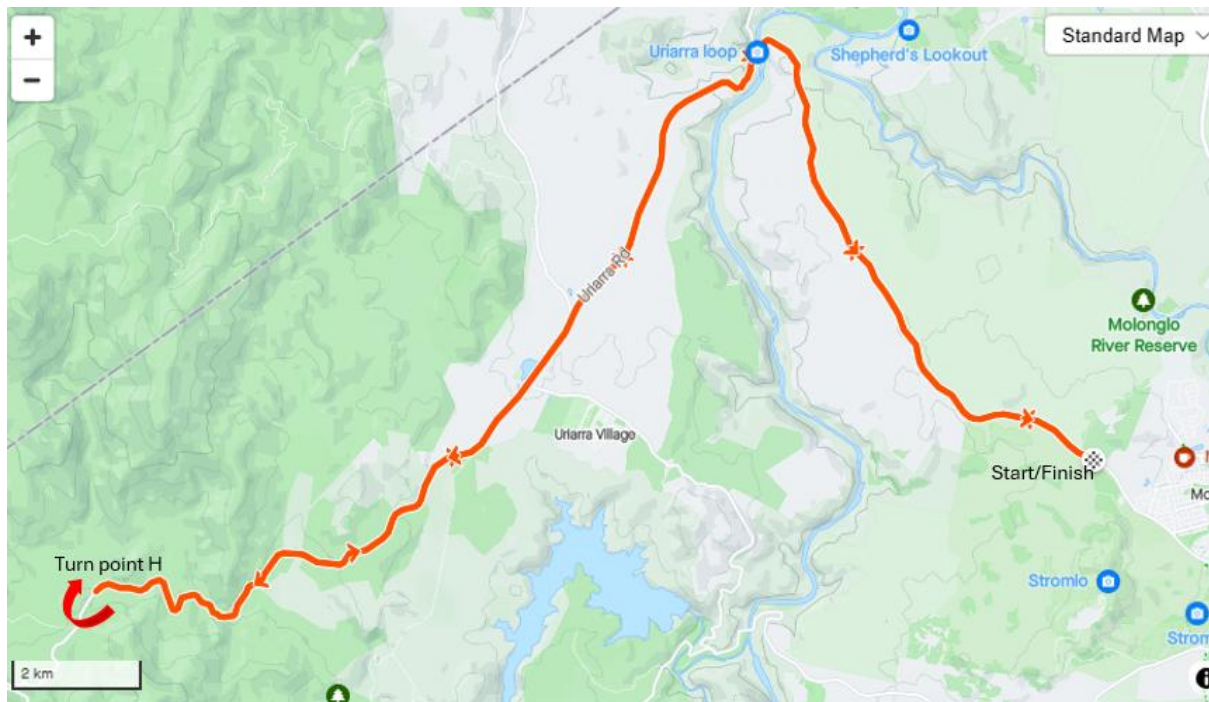


Under 17 & A/B/C Grade Women's Handicap Road Race

Start/Finish: Stromlo Forest Park Western Carpark

Distance: 50km

Course: Out and back along Uriarra Road. Turn around at Condor Creek Turn Point H (End of Bitumen). See course details [CJWT U17 and Women A/B/C Grade Hcp Road Race | 50.0 km Cycling Route on Strava](#)



Under 19 Women

Start/Finish: Stromlo Forest Park Western Carpark

Distance: 70km

Course:

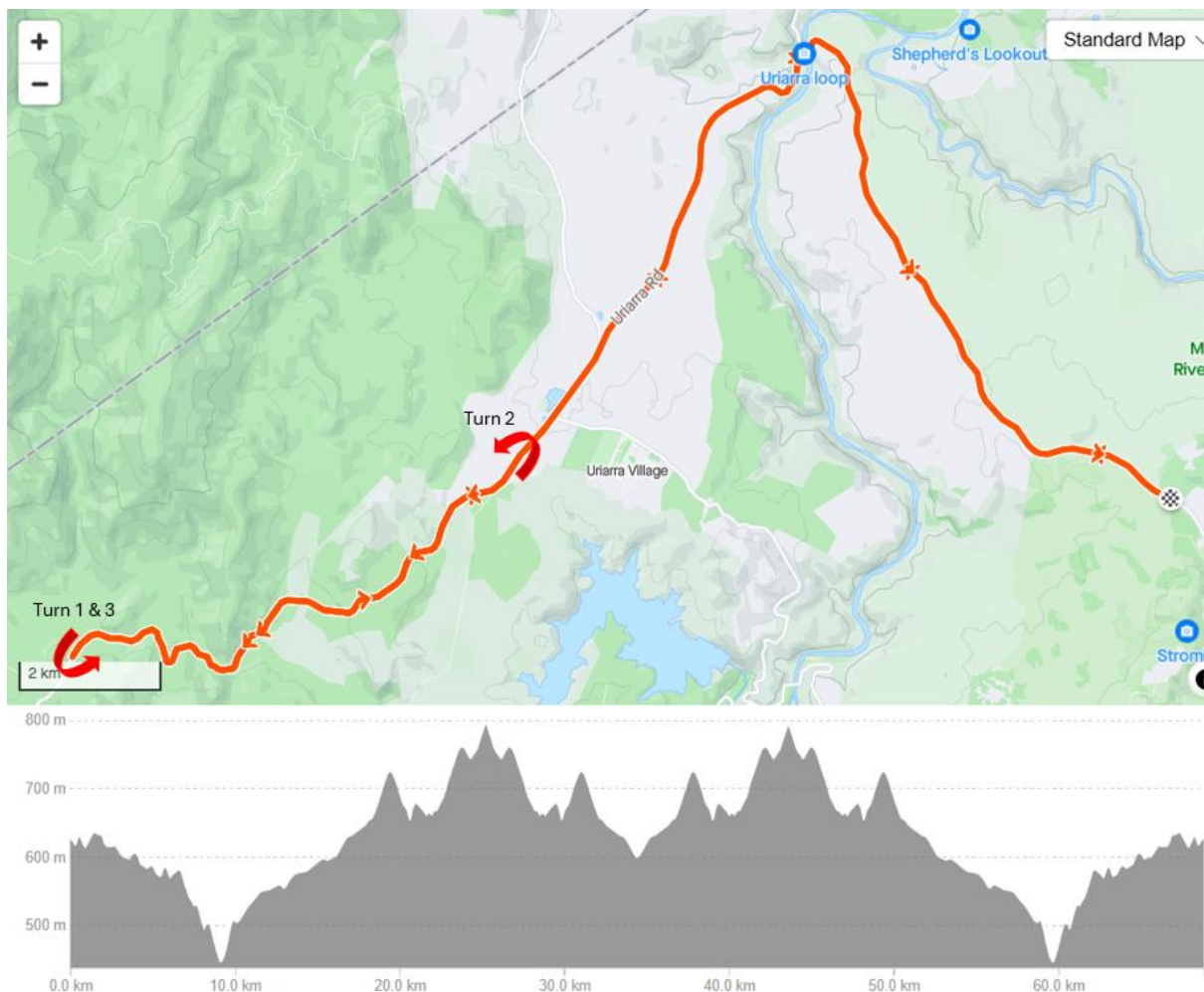
Out along Uriarra Road to Condor Creek.

Turn 1 - U-Turn around at Condor Creek (End of Bitumen).

Turn 2 - U-Turn at Brindabella Road Junction.

Turn 3 - U-Turn around at Condor Creek (End of Bitumen) and return to Stromlo Forest Park Western Carpark

See course details [CJWT U19W Road Race | 70 km Cycling Route on Strava](#)



Under 19 Men Road Race

Start/Finish: Stromlo Forest Park Western Carpark

Distance: 80km

Course:

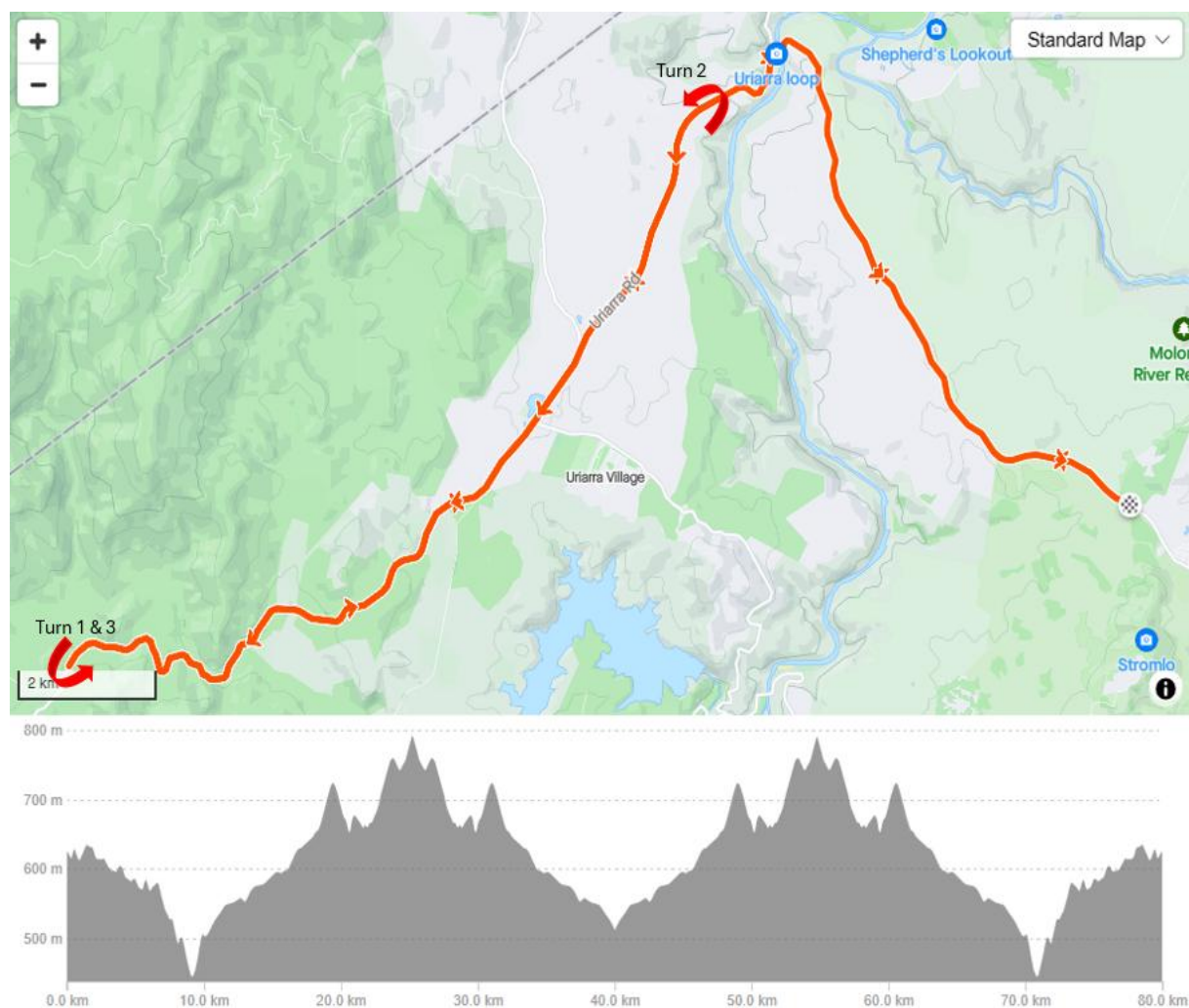
Out along Uriarra Road to Condor Creek.

Turn 1 - U-Turn around at Condor Creek (End of Bitumen).

Turn 2 - U-Turn at Western side of Uriarra Crossing

Turn 3 - U-Turn around at Condor Creek (End of Bitumen) and return to Stromlo Forest Park Western Carpark

See course details [CJWT U19M Road Race | 80.0 km Cycling Route on Strava](#)

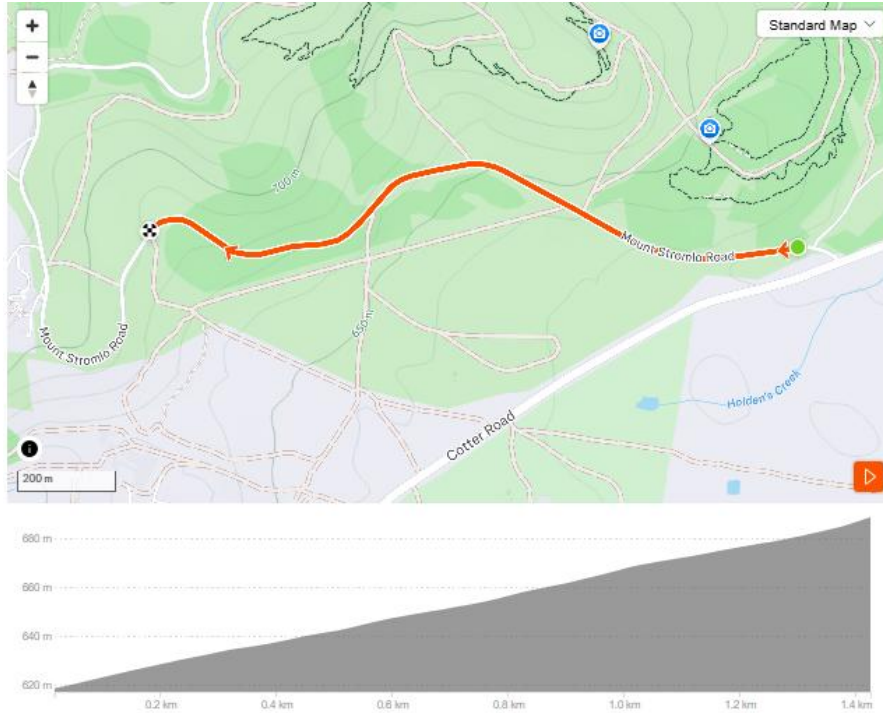


Mount Stromlo Hill Climb

Under 9 Hill Climb

Distance: 1.4km

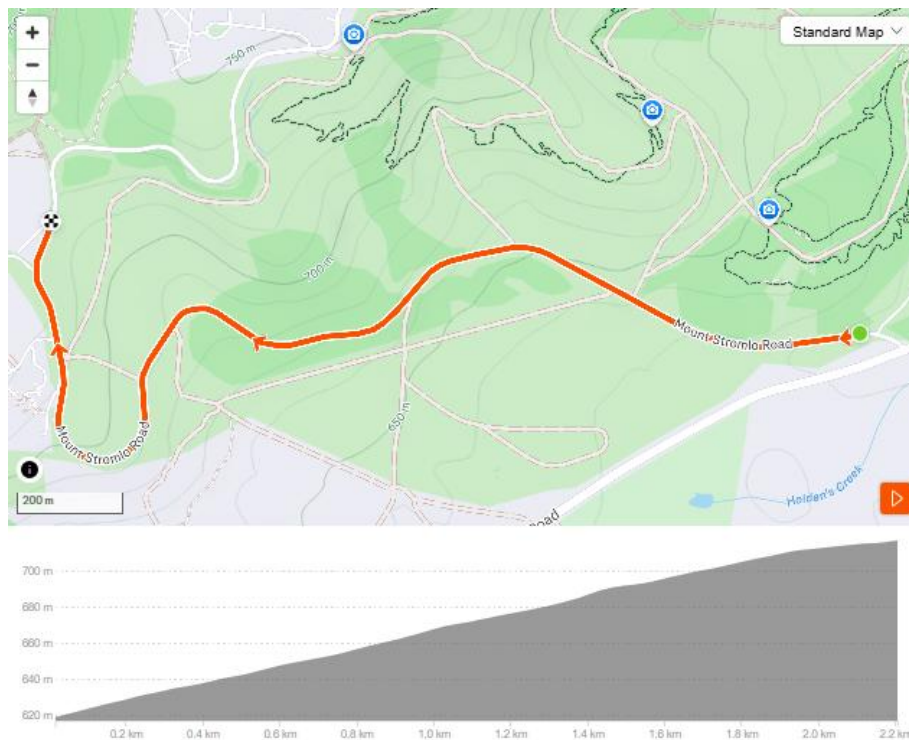
CJWT U9 Hill Climb | 1.4 km Cycling Route on Strava



Under 11 Hill Climb

Distance: 2.2km

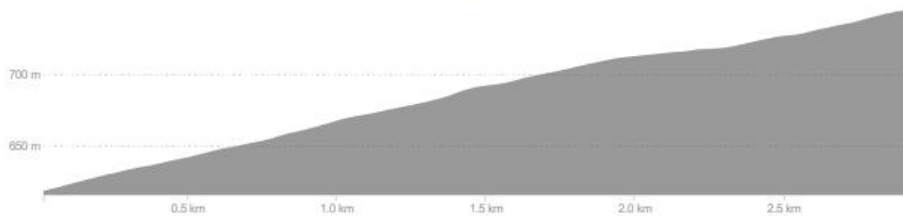
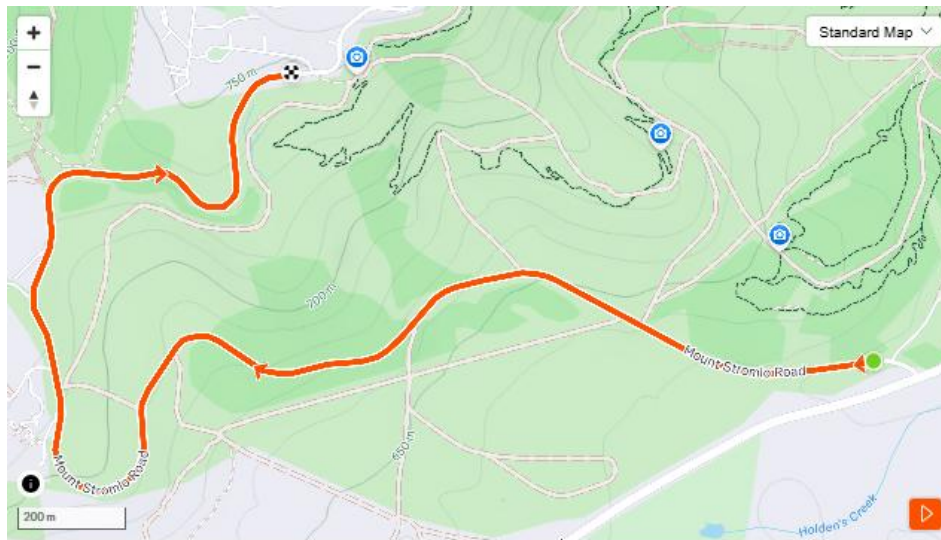
CJWT U11 Hill Climb | 2.2 km Cycling Route on Strava



Under 13 Hill Climb

Distance: 2.9km

CJWT U13 Hill Climb | 2.9 km Cycling Route on Strava



Full Distance Hill Climb

Distance: 3.6km

CJWT Full Hill Climb | 3.6 km Cycling Route on Strava

