

2026 ACT Territory (All Categories) & NSW Masters ITT & RR Championships

Technical Guide



CONTENTS

OVERVIEW.....	2
1. Registration and Meetings.....	3
2. Competitor Information.....	5
3. Event Information	2
4. Schedule	7



Overview

Welcome to the 2026 ACT (All Categories) & NSW Masters **Individual Time Trial** and **Road Race Championships**, the pinnacle event on the local road racing calendar this year.

This year we're pleased to welcome our NSW Masters riders, whose Championships have been accommodated alongside the ACT Championships, bringing together riders across all categories, from our U9s through to Elite and Masters grades, for a big weekend of racing at Stromlo Forest Park and Uriarra Road.

The event is proudly and strongly supported by **Vikings Cycling Club** and **Canberra Cycling Club**, whose volunteers, officials and members have worked together to bring you a well-run, safe and enjoyable Championship weekend.



We wish all riders a great weekend of racing and thank you for being part of it.

Key Contacts

Name	Position/Title	Phone	Email
Chris Clarke	AusCycling ACT	02 8488 0647	chris.clarke@auscycling.org.au
Peter Gough	PCP		
Rainer Wilton Iain Mciver	Timing		
Michael Buerger	VCC President	0416 162 265	president@vikingscycling.org.au
Nathan Edwardson	CCC President		



Registration and Meetings

Rider Registration

Riders who will be participating in both the Time Trial and Road Race will keep the same number and transponder and only need to register once.

Friday evening — Alivio Tourist Park Register at Alivio Tourist Park, 20 Kunzea St, O'Connor ACT 2602, from 6pm to 8pm on 21 August.

Saturday — Individual Time Trial Registration desk open from 8am at Stromlo Forest Park West Carpark, Uriarra Road.

Sunday — Road Race Registration desk open from 8am at the Uriarra Homestead start/finish, near the intersection of Uriarra Road and Brindabella Road.

Meetings

Riders will be briefed by the Commissaires prior to each race.

The Race Director and/or Race Commissaire will brief all Road Race convoy vehicles 15 minutes prior to the start of each Road race to cover the following:

- Route confirmation
- Radio Check
- Emergency Procedures

Race Convoy

Only official support vehicles are permitted in the Road Race convoy. No service vehicles other than neutral service are permitted.

All vehicles in the race convoy must comply with the following regulations:

- Windows on all cars in the race convoy must not be obstructed with decals or marked so as to obstruct the view through the vehicle.
- All vehicles must travel on the left-hand side of the road, servicing riders on the left only and allowing for rider circulation on the right-hand side of the road.
- All drivers and passengers must be AusCycling licence holders.
- All vehicles must drive with dipped headlights and no hazards and must use indicators to signal any turns.
- Escort vehicles must display signage and lights provided by race organisers.



- All vehicles in the convoy are always under the direction of the Race Commissaire and must adhere to the Convoy Code of Conduct.

Radio Communication

The use of radio links or other remote means of communication by or with riders, as well as the possession of any equipment that can be used in this manner during the event, is prohibited. For the Road Race, each approved convoy vehicle will be issued a radio for communication within the convoy only.



Competitor Information

Competitor Responsibilities Participants shall:

- Obey instructions from the Event Organisers, Commissaires and event marshals/officials.
- Employ correct etiquette and ride safely in all situations.
- Obey all Road Rules
- Be required to wear minimum safety gear, including an appropriately approved helmet (AS/NZS 2063).
- Ensure that their bicycle is in good working order.
- Ensure they have an adequate supply of water and nutrition.
- Be responsible for ensuring they are fit enough for the activity.

Rider Attire

All competitors must be wearing either a plain kit or a club kit.

No team state team kit team kit will be allowed to be worn

As per 2.11.03 - Wearing of Jerseys: National/State and Territory Champions

Jerseys

- Winners may wear their Australian Champion & State/Territory Jersey in all events in the discipline specialty and category in which they won their title and no other event up until the day before the Championship event of the following year.*
- For Masters Championships they may wear the jersey in all recognised Masters category events only for the discipline in which the jersey was awarded.*
- When a rider no longer holds the title of Australian Champion the rider may wear National Champion bands on the collar and cuffs of their jersey. A rider may wear a jersey with National Champion bands only in the events of the discipline, specialty and category in which they won the title and no other event. Masters may wear a jersey with Australian Champion bands in all master's competitions of that discipline on an ongoing basis.*

Juniors must wear their own approved club, team or plain kit; donated or second-hand protected jerseys must not be worn in racing or on the podium by riders who are not the legitimate title holder.

Rider Escorts

Parents or carers are not permitted to ride with participants.

All road races will be supported by lead and follow cars.



Weather

Canberra weather can be very cold. Riders should be prepared for fog, rain, snow and sun and should be equipped accordingly.

Presentations

Presentation ceremonies will take place once results have been confirmed (see Schedule below for approximate times).

Presentations will run in the following order:

- a) **Overall podium** — the top three placegetters in each race (may be multiple categories), regardless of state.
- b) **State podiums** — podiums for the top placegetters in each state category (ACT and NSW).

Medals

Medals will be awarded to the overall podium, **ACT Junior categories and all Masters categories (ACT and NSW) only**.

NSW Junior riders will receive overall podium recognition but are not eligible for state medals.

Riders must be presented in their correct attire (race kit) with no hats or sunglasses. All placegetters must make themselves available for the media.

Bike Regulations

See here for regulations regarding Road & TT Bike position:

[UCI General Regulations, Part 1, Ch III: Equipment - Page 64 onwards](#)

If you are a rider taller than 180cm you must submit a height attestation form to AusCycling - if you are not on the height list - you will not be granted the exemption. For more information:

[Regulations and Exemptions | Officials | AusCycling](#)
[UCI Equipment and Height Regulations.pdf](#)

Regulations

All events will be conducted in accordance with the AusCycling Technical Regulations:

- [General](#)
- [Road](#)



Rollout

All junior riders must roll out before every stage.

All riders must present themselves and their equipment to the rollout area, located near the start/finish line, at least **20 minutes prior** to their allotted start time.

The top 5 junior riders may be required to roll out after each race.

Preliminary Bike Check

Bikes will need to be checked before events have begun – location next to Start/Finish lines. Riders will be able to get their bike checked from 9:00am.

Results

Startlists and results will be found at:

- Time Trial: <https://my.raceresult.com/416753/>
- Road Race: <https://my.raceresult.com/417200/>

Transponders and Race Numbers

You will be given your transponder at registration. Position the transponder on either fork using the supplied cable ties. Return your transponder & race numbers at the end of the event. Not returning a transponder & numbers will result in a fee.

If you have taken your bibs and transponder home – Please return them to the below address in a padded postage bag:

AusCycling – Chris Clarke
GF Building 30,
Aus Sports Commission,
Leverrier Street, Bruce, ACT 2617

For all events the transponder must be placed on the front fork (either side):

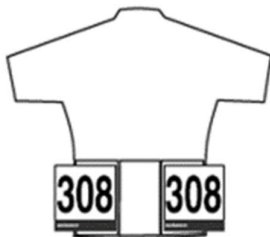


For the Individual Time Trial - 1 number must be placed in the low centre of the back





For the Road Race & Criterium – 2 numbers must be placed as shown in the diagram below.



All riders will receive 2 bib numbers and transponder to affix to their bike. The same number and transponder will be used each day. For those with a specific TT bike, they will need to remove the transponder post completion of your TT and affix it to your road bike.



Event Information

General

Courses are on open roads

Both the individual time trial and the road race will be conducted on open roads. Competitors must keep left of the centre line or they may be disqualified.

House Keeping

Toilets will be available at both start/finish locations. We advise all participants to bring adequate supplies of water. Please place all rubbish in the bins provided.

Parking

Racing will be taking place on open roads and parking can be tight. All participants and spectators need to ensure that you park in a manner that does not interfere with general flow of traffic and respect local residents. More details are below for each event location.

Food & Coffee

A coffee van will be available at the start/finish of both the Time Trial and Road Race.



Time Trial - Uriarra Rd SFP West Car Park

Starting at Stromlo Forest Park, West car park, the course heads West along Uriarra Road. Participants will drop down to the top of the "1st Sister" out of Uriarra Crossing where they will make a U-turn and begin the climb back to the top of the "3rd sister" before the final km's to the finish.

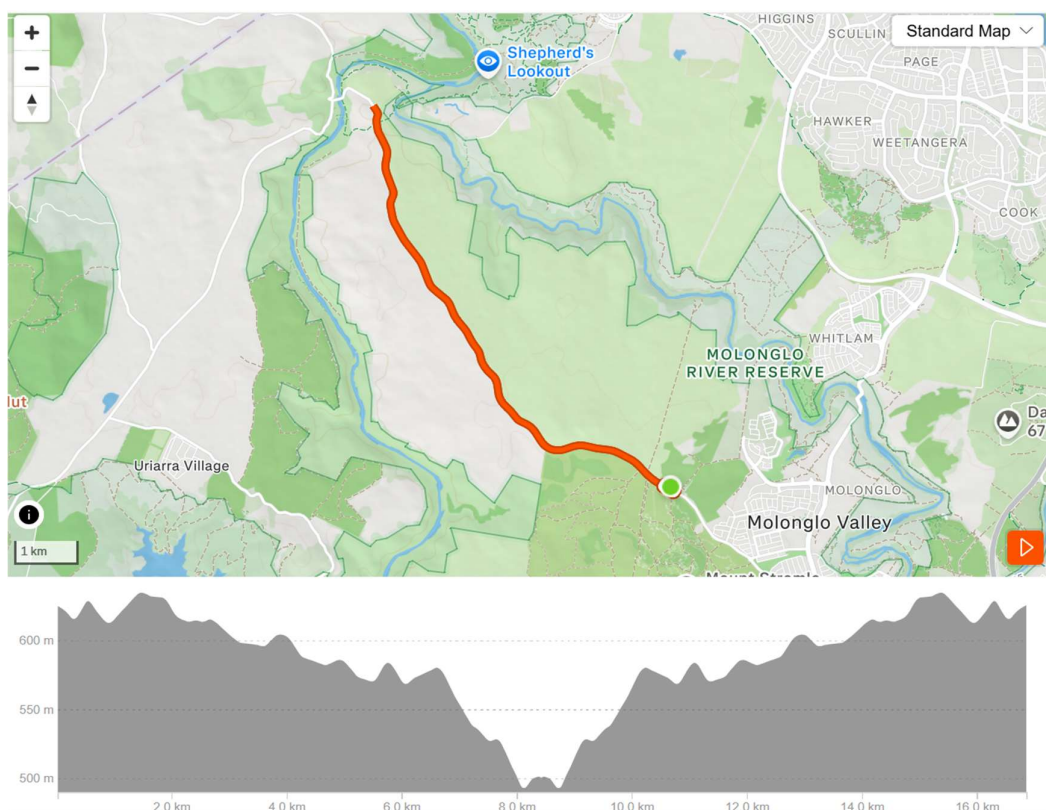
All races are conducted on an out-and-back course or include a section where riders will be utilising both sides of the road; Riders are required to keep left at all times. All courses have a narrow turnaround; Riders must use caution.

See the following link for **start times**: [AusCycling ACT Territory \(All Categories\) & NSW Masters TT Championships](#).

In the event of fog, possible delays, changes to course and timings may result and will be at the discretion of the Race Commissaire.

[2026 AusCycling ACT \(All Categories\) & NSW Masters Time Trial Championships | 16.8 km Cycling Route on Strava](#)

Individual Time Trial - Course Map





The **U9, U11 and U13 Road races** will also be held on the same day as the Time Trial utilising the same course.

All riders are to be at the marshalling area, having completed roll-out and bike checks, ready to ride 10 minutes before their grade start times.

Parking – Time Trial

Parking at Stromlo Forest Car Park West is very limited. We strongly suggest that riders park at Stromlo Forrest Park and use the bike path to access the start/finish.

No parking is allowed on the western side of the start/finish line.



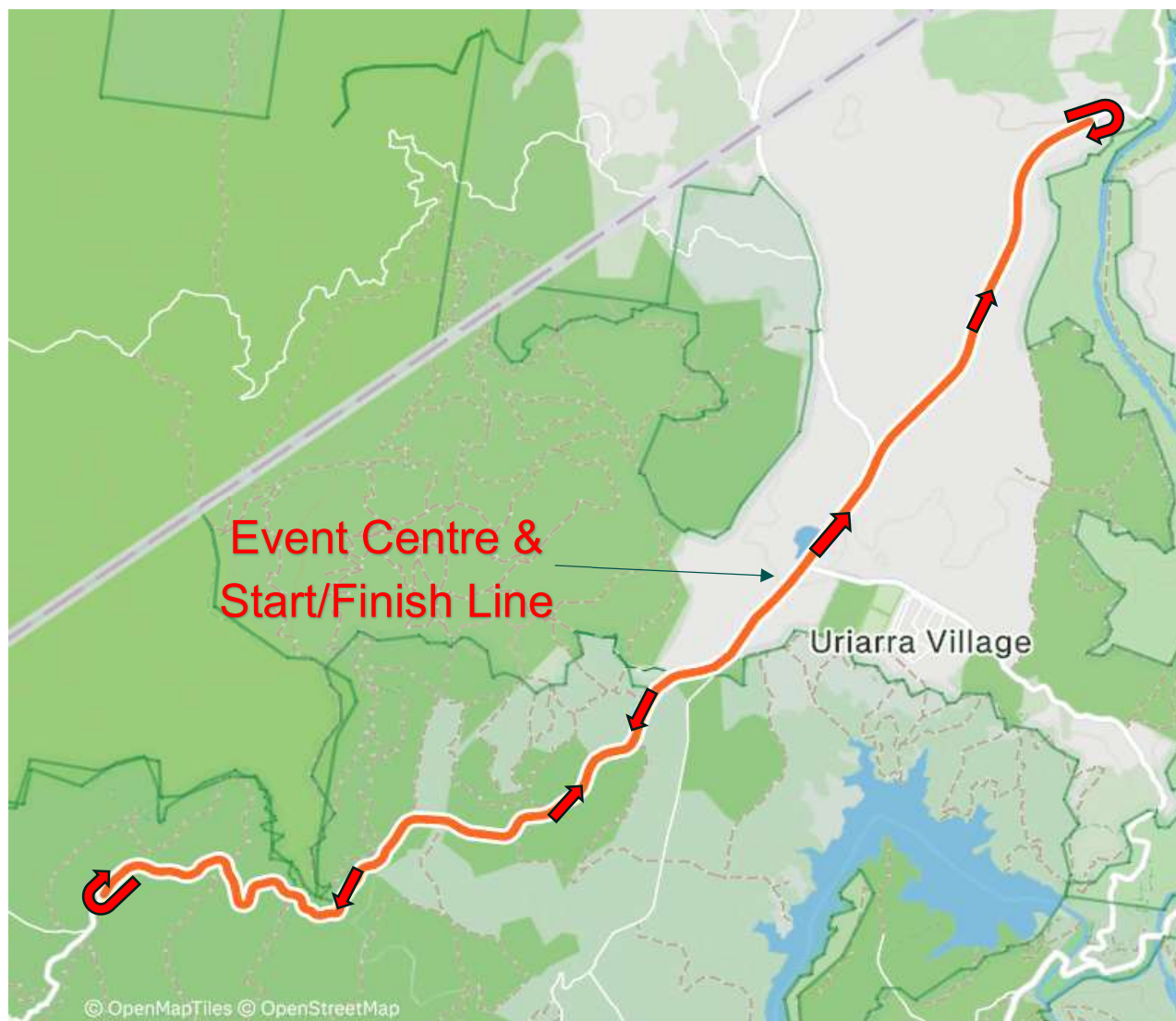


Road Race – Uriarra Homestead

The Start/Finish line is located near the intersection of Uriarra Rd & Brindabella Rd. Competitors begin by heading North before completing a U-turn near the top Uriarra Crossing. Now heading south, the terrain begins to rise as competitors head to the southern end of the course and the end of the bitumen. At the highest point of the course another U-turn is made to begin the descent and lumpy ride back to the finish line to complete one lap of the Uriarra Homestead course.

[2026 AusCycling ACT \(All Categories\) & NSW Masters Road Championships | 29.6 km Cycling Route on Strava](#)

Road Race - Course Map





Feed Zone

There are no feed zones on the course.

Litter Zone

There are no litter zones on the course. Riders are to keep any gel/food wrappers with them, and no littering is permitted.

Toilet Zone

There are no toilet zones on the course. Toilets are located at the start/finish line.

Sag Wagon

The Sag Wagon will follow the last rider on the course. Should any rider have a mechanical failure that cannot be fixed, the Sag Wagon will retrieve them and drop them back to the Race headquarters.

Riders who are deemed to be too far behind the peloton will be pulled from the race by the Sag Wagon – this will be at the Race Commissaire's discretion.

Road Race - Parking

Since racing will be on Uriarra Road, we strongly suggest that access to the course be made via Brindabella Road. Participants and spectators are requested to park on Brindabella Road and keep the course clear.





Schedule

DAY 1 – Saturday 22nd August

*All riders **must report to the Race Commissaires at least 10 minutes before their Grade start time for marshalling. Roll-outs and bike checks need to be completed before reporting for marshalling***

Individual Time Trial – Saturday 22nd August 2026		
Start Time	Age Category	Distance
9.30am	U9 & U11 Girls & Boys	4km
9.45am	U13 Girls & Boys	8km
10.30am	Presentations U9 – U13 Boys & Girls	
	U15 Women & Men	12km
11.00am	U17 Women & Men	16.5km
11.14am	WMAS 1-10+	16.5km
	Presentations U15, U17 & WMAS Categories at the completion of WMAS categories	
12.15pm	MMAS 1-10+	16.5km
1.30pm	Para-cyclist	16.5km
1.32pm	U19 Women & Men	16.5km
1.38pm	U23 & Elite Women & Men	16.5km
3.00pm	Presentations for all remaining categories*	
2.30pm #	U13 Boys & Girls Road Race Start	16.5km
2.35pm #	U9 & U11 Girls & Boys Road Race start	12km
	Presentations U9 – U13 Girls & Boys RR	

**Times for presentations are an approximation; presentations will be done as soon as the categories have finished, and results have been confirmed.*

Start time for U13 girls & boys Road Race will begin 5min after the last Elite rider has finished their Time Trial. The U9 & U11's will begin 20mins after the U13 girls & boys.

See the following link for the **start times** [AusCycling ACT Territory \(All Categories\) & NSW Masters TT Championships](#)



DAY 2 – Sunday 23rd August

*All riders **must report** to the Race Commissaires at least **10 minutes before** their Grade start time for marshalling. Roll-outs and bike checks need to be completed before reporting for marshalling*

Road Races - Sunday 23rd August 2026		
Start Time	Age Category	Distance
9.00am	U19, U23 & Elite Men	88.5km - 3 Laps
9.05am	MMAS 1 & 2	88.5km - 3 Laps
9.10am	MMAS 3	88.5km - 3 Laps
9.15am	MMAS 4	88.5km - 3 Laps
9.20am	MMAS 5	88.5km - 3 Laps
12:30am	Presentations – U19, U23, Elite & Masters Men 1-5*	
11:30am	U19, U23 & Elite Women	59km – 2 laps
11.35am	WMAS1-4 Women & U17 Girls	59km – 2 laps
11:40am	WMAS5+ Women & U15 Girls	59km – 2 Laps
2.30pm	Presentations - Masters Women, U17 & U15 Girls*	
2.15pm	MMAS6 & U17 Men	59km – 2 Laps
2.20pm	MMAS7 & U15 Boys	59km – 2 Laps U15 Boys – 1 Lap
2.30pm	MMAS8+	59km – 2 Laps
4.45pm	Presentations - Masters Men 6+, U17 & U15 Boys*	

**Times for presentations are an approximation; presentations will be done as soon as the categories have finished, and results have been confirmed.*

See the following link for the **start list** [AusCycling ACT Territory \(All Categories\) & NSW Masters RR Championships](#)