

17-20 SEPTEMBER 2026
SUNSHINE COAST, QUEENSLAND

V9.0
13 September 2026

AUSCYCLING JUNIOR & MASTERS ROAD NATIONAL CHAMPIONSHIPS TECHNICAL GUIDE

Yandina, Sunshine Coast Council · Noosa Heads, Noosa Council
Corbould Park, Sunshine Coast Council



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WELCOME

Wunya!

Welcome to the Sunshine Coast, on beautiful Kabi Kabi and Jinibara Country — a region renowned for its natural beauty, active lifestyle and strong sense of community.

On behalf of our region, I am proud to welcome competitors, officials and supporters to the AusCycling Juniors and Masters National Championships. This event brings together athletes of all ages and stages, united by a shared passion for cycling and the pursuit of personal excellence.

The Sunshine Coast is privileged to be recognised as a UNESCO Biosphere, reflecting our commitment to protecting our unique natural environment while fostering healthy, active lifestyles. With our diverse landscapes, great locations and sensational weather, our region is the perfect setting to test endurance, skill and determination.

These championships highlight the important role sport plays in bringing people together, inspiring participation and celebrating achievement across generations. Whether you are competing at your peak or supporting from the sidelines, your contribution helps create an event defined by resilience, sportsmanship and camaraderie.

Thank you for choosing to join us on the Sunshine Coast for this event. While you're here, I encourage you to make the most of your stay — explore our scenic coastal routes, discover our lush hinterland, and enjoy the welcoming spirit of our community.

Best of luck to all competitors. We hope your time on the Sunshine Coast is magical.



Rosanna Natoli
Mayor, Sunshine Coast Council

Rosanna Natoli

Mayor, Sunshine Coast Council

COURSE UPDATE

Update regarding the road race course — 9 September 2026

2026 AusCycling Junior & Masters Road National Championships to proceed

AusCycling can confirm that the 2026 Junior & Masters Road National Championships will proceed on the Sunshine Coast from 17-20 September, with a revised Championships road race course confirmed around the Corbould Park precinct.

Following significant community concern regarding the originally planned course in Yandina, the required approval for that course could not be secured. We could not simply proceed with a course where there are concerns about compliance with traffic management arrangements and serious threats to athletes, staff and volunteers. However, AusCycling has worked extensively with Sunshine Coast Council, Queensland Police, Department of Transport & Main Roads and other stakeholders to explore alternative options and is pleased to have identified a suitable course around the Corbould Park precinct that meets requirements for a National Championship.

As a result of this, we will be presenting this important event across three locations. The event program is:

- **Time Trial:** Thursday 17 September, Yandina, 9am–2pm.
- **Criterion:** Friday 18 and Saturday 19 September, Girraween
- **Road Race:** Saturday 19 and Sunday 20 September, Corbould Park precinct.

AusCycling EGM Major Events Steve Peterson said the process had been a difficult one, but the organisation's focus throughout had been on finding a way forward for its riding community.

"We know this has been a real struggle, and we know the uncertainty has been frustrating for our riders, their families and everyone involved in these Championships. It hasn't been an easy process, but our priority has always been our community of riders and finding a way to give them the opportunity to compete at Nationals.

"We're really pleased to have been able to find a solution that allows the Championships to go ahead. We know it's not the outcome we originally set out to deliver, but it's an outcome that means our junior and masters riders can get on the start line and compete for a national title on the Sunshine Coast. We thank Sunshine Coast Council for working with us on this solution."

AusCycling Director of Pathways, Donna Rae-Szalinski said the Corbould Park course will provide a technical and challenging test for riders across the Championships.

"We acknowledge that Corbould Park doesn't provide the hills and elevation you would find on some traditional road racing courses, but it offers a different set of challenges that are equally important to a rider's development.

"It's a technical course that will force riders to think about their position throughout the race and make good decisions under pressure. Acceleration out of the corners will be important, and as the race progresses, fatigue will build both physically and mentally.

"That's really valuable for our junior riders. Many of our most promising young riders go on to race in Europe, where they are immediately faced with intense racing in countries such as Belgium, France and the Netherlands. Courses like this help prepare riders for that environment and give us an opportunity to identify those athletes who show real promise in navigating the challenges and demands of technical racing. We're looking forward to seeing how the riders respond to the course and watching some great racing at Corbould Park."

Whilst disappointed in the late change on course approvals and the nature of community criticisms, AusCycling is pleased to be able to deliver this important event for our community, whilst also ensuring their safety and minimising impacts on the local community. Together with Sunshine Coast Council, we have requested the full cooperation and compliance of all residents in these locations to ensure a safe and enjoyable event for our junior and masters riders, staff and volunteers.

Further information, including detailed FAQs as well as detailed course and traffic management information, is available on the event page [2026 AusCycling Junior & Masters Road National Championships event page](#).

THE EVENT

The 2026 AusCycling Junior & Masters Road National Championships will be held on the Sunshine Coast in Queensland from Thursday 17 to Sunday 20 September 2026. It brings together Australia's best junior and masters road cyclists across three disciplines.

The time trial is held in and around Yandina, in the Sunshine Coast hinterland. The criterium is held at the Girraween criterium circuit at Noosa Heads, a purpose-built closed circuit approximately 30 minutes from Yandina. And the road race will be in Corbould Park, Sunshine Coast Council.

What is new for 2026

Following feedback from the 2025 event survey and consultation with a group of riders, three changes have been made for 2026:

- Harder and longer racing across Masters categories. Distances have been increased for the Men's Masters and younger Women's Masters categories, and the course is more demanding, with punchy climbing on every lap.
- More separate start times. Most Men's and Women's Masters categories now have their own start time in the road race and criterium, rather than starting in combined groups.
- Junior categories no longer race on the Sunday, making the trip home easier for families.

Getting there

Yandina, Noosa Heads and Corbould park are in the Sunshine Coast hinterland and bottom of Noosa Council. They all lie north of Brisbane. The nearest airport is Sunshine Coast Airport at Marcoola; Brisbane Airport is the larger alternative and is the arrival point for most of the event workforce.

WhatsApp channel for live event updates

Scan to follow the channel for like and up to date information regarding the event

<https://whatsapp.com/channel/0029Vb8yT31KWEL09jYKp92G>



THE EVENT

Contacts

Event personnel

Name	Role
Carlijn Kerdijk	Race Director
Tony Torr	President Commissaire Panel
Beau Fotsch	Venue Operations Manager
Jarrad Easlea	Course Operations Manager
Paula Ewing	Registration & Presentation Manager
Josh Davies Ryan Mui	Media Operations Manager
Neil Hamey	Timing and Results Manager

Event contacts

Enquiry	Email
Race enquiries	road.events@auscycling.org.au
Membership and licence	membership@auscycling.org.au
Media, photography and image use	communications@auscycling.org.au
Time trial height exemption documentation	track@auscycling.org.au

THE EVENT

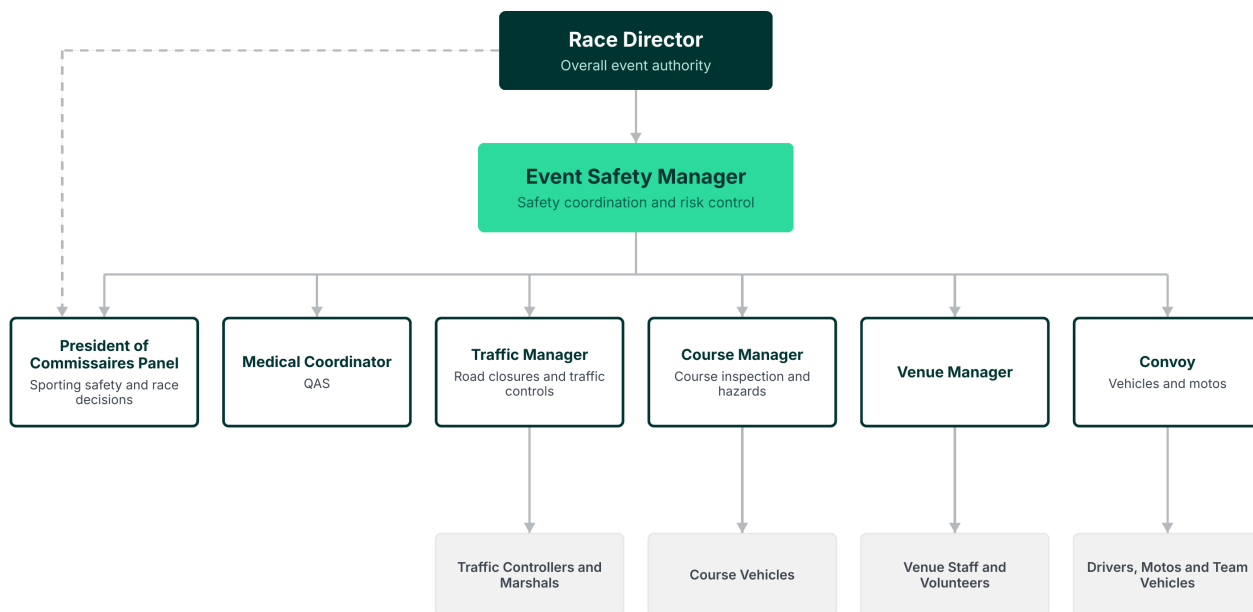
Commissaires panel

Role	Name
President of the Commissaires Panel	Tony Torr (QLD)
President of the Commissaires Panel (Saturday criterium)	Louise Jones (QLD)
Moto commissaire	Mark Delany (QLD)
Moto commissaire	Tony Clarke (QLD) / Phil Jones (QLD)
Member	Carolyn Jones (QLD)
Member	Isla Maidment (QLD)
Member	Lise Benjamin (QLD)
Member	Angus Rausch (QLD)
Member	David Moiler (NSW)
Member	Oskar Pearce (VIC)
Member	Emma Underwood (SA)
Member	Kalvin Bartlett (QLD)
Member	Darian Ward (QLD)
Member	Keith Ham (QLD)

THE EVENT

Safety organisation

The chart below shows who holds safety authority at the championships and how decisions escalate. The President of the Commissaires Panel holds sporting authority independently of the safety chain, shown by the dashed line.



Safety roles and responsibilities

Role	Primary safety responsibility	Name
Race Director	Overall event authority and escalation, as well as suspension or cancellation made in conjunction with PCP	Carlijn Kerdijk
Event Safety Manager	Coordinates event-wide safety and risk controls	Carlijn Kerdijk
President of Commissaires Panel (PCP)	Sporting decisions, neutralisation and decisions made in conjunction with race director	Tony Torr
Medical Coordinator	Medical response, ambulance deployment and hospital liaison	Queensland Ambulance Services
Traffic Manager	Road closures, traffic management plan and traffic controllers	Altus Traffic
Course Manager	Course inspection, hazards, barriers and corrective action at the time trial and road race.	Jarrad Easlea & Tim Kennett
Venue Manager	Safety control on site at Yandina(time trial) and Corbould Park (road race).	Beau Fotsch

SCHEDULE

Date	Activity	Location
Wednesday 16 September	Registration, team managers meeting, commissaires briefing	Mantra Mooloolaba Beach Hotel — Pacific Room
Thursday 17 September	Individual Time Trial	North Arm State School, Yandina
Friday 18 September	Criterium	Girraween Criterium Circuit, Noosa Heads
Saturday 19 September	Criterium and Road Race	Girraween Criterium Circuit & Racecourse Rd, Corbould Park
Sunday 20 September	Road Race	Racecourse Rd, Corbould Park

Important — Saturday 19 September runs at two venues. The criterium is at Noosa Heads and the road race is at Corbould Park, on the same day. No category races at both venues on the same day: riders who contest the criterium on Friday, race the road race on Saturday, and riders who contest the criterium on Saturday, race the road race on Sunday.

ENTRIES AND ELIGIBILITY

Categories

The Championships are open to riders in the following categories: Junior U15 and U17 (men and women), and Masters 1 to 11 (men and women). A rider's age category is determined by their age on 31 December 2026.

Entries

Entries opened on 7 May 2026 and are managed through EntryBoss. There are separate entries for the time trial, criterium and road race.

Entries have now closed!

Riders may scratch and refund their own entry through their EntryBoss account before 11 September 2026, 11:59pm AEST. After 11 September 11:59pm, no refund applies unless a medical certificate is provided to the event organisers with the refund request, within the period set out in the AusCycling Refund Policy. An administration fee applies to refunds where the rider chooses to withdraw.

Entry fees

Category	Fee per event
Junior U15 and U17	\$75 per participant
Masters	\$90 per participant

A payment card fee applies in addition to the entry fee.

Eligibility

- Australian nationality is required to be eligible for a national championship jersey.
- All riders must hold a full AusCycling Race licence. Ride, Club and day memberships will not be accepted. Contact membership@auscycling.org.au if you need to upgrade or check your membership.
- U15 and U17 riders must have raced a road race or criterium State or Territory Championship in 2026.

The only exception is riders who have completed the non-participation exception form and submitted it to road.events@auscycling.org.au no less than five days before the start of their respective State or Territory Championships.

Policies you agree to on entry

By entering, riders agree to the AusCycling Event Entry Policy, Refund Policy, General and Road Technical Regulations, National Integrity Framework, Concussion Policy, and Event and Program Terms and Conditions. All are linked from the EntryBoss entry page and on the AusCycling website.

REGISTRATION, RACE HEADQUARTERS AND MEETINGS

Race headquarters

Race headquarters opens at 1:30pm on Wednesday 16 September at the Mantra Mooloolaba Beach Hotel, Pacific Room.

Time	Activity	Who
1:30 pm – 4:30 pm	Rider registration and race pack collection Pre-race TT bike checks	All riders. Junior State Team Managers may register all riders in their team.
4:30 pm – 5:30 pm	Team Managers meeting	One representative per team, in person.
5:30 pm – 6:30 pm	Commissaires briefing	Commissaires panel

If you cannot attend Wednesday registration

Riders who cannot attend registration on Wednesday, can collect their race pack on site on the morning of their first event:

Day	Collection point	Collection times
Thursday 17 September	Time trial start area, North Arm State School	8:30 am – 1:00 pm
Friday 18 September	Criterium start area, Girraween circuit	7:00 am – 2:00 pm
Saturday 19 September	Criterium start area, Girraween circuit for criterium Pierce Ave, Corbould Park for road race	7:00 am – 2:30 pm (criterium) 6:30 am – 2:30 pm (road race)
Sunday 20 September	Pierce Ave, Corbould Park	7:00 am – 1:00 pm

Bike check

Bike checks are available at registration on Wednesday 16 September between 1:30 pm and 4:30 pm in the Pacific Room at the Mantra Mooloolaba Beach Hotel. This is a preliminary check only.

All riders must present your bike 10 minutes before your start time for your race check. The bike check area is immediately before the start line and opens a minimum of one hour before the first start.

There will be NO pre-check for bikes on the Thursday – ONLY final checks at the event will be done.

Junior education session

There will be no in-person Sport Integrity Australia (SIA) education session for junior riders this year.

RACE NUMBERS, TRANSPONDERS AND TIMING

Rider identification

- Time trial: one body number and seat post number plate.
- The body number needs to be positioned in the centre of the lower back. A clear number pocket is allowed.
- Road race and criterium: two body numbers and seat post number plate.
- The body numbers need to be positioned as shown below.



Your rider number is the same for all three events. Do not dispose of it after the time trial as it is also your criterium and road race number.

Transponders

Electronic timing is used for all events. A transponder must be fitted to your bike for every event, following the instructions in your rider pack. Additional zip ties are available at registration.

Transponders must be returned after your last race, at the start/finish line. A rider who fails to return their transponder at the event will incur a \$30 administration fee. Lost or damaged transponders will be charged at replacement cost.

If you did not return your transponder at the event, you need to post the transponder in a padded envelope to AusCycling Queensland office, PO Box 4115 Gumdale QLD 4154 and email road.events@auscycling.org.au the tracking number.

Results

Results are published once signed by the Chief Judge, at results.auscycling.org.au.

TIME TRIAL

Detail	Time trial — Thursday 17 September
Start & finish	N Arm Yandina Creek Road, next to North Arm State School, N Arm Yandina Creek Road, Yandina
Turnaround	U15: N Arm Yandina Creek Rd & Country Coolum Dr U17 and all Masters: N Arm Yandina Creek Rd & Toolborough Rd
Distance	U15: 9.4 km, 178 m elevation. U17 and all Masters: 15 km, 192 m elevation
Feed zone	No feeding in the time trial

An undulating out-and-back course with enough climbing to make it interesting. U15 riders complete a shorter out-and-back. U17 and all Masters categories ride the full course.

NO WATER AVAILABLE AT THE THURSDAY TIME TRIAL AND THE SATURDAY & SUNDAY ROAD RACE. Bring all the water you need from home.

Course



TIME TRIAL

Important — residential driveways exist along the course. While we have worked closely with Council to establish road closures that support the safe conduct of the competition, and designed the course to minimise impacts on local residents, riders should remain vigilant at all times, particularly when approaching driveways, and are strongly encouraged to keep to the left-hand side of the road wherever practicable.

Start times

Riders start at 30 second intervals. The first rider starts at 9:31 am. The full start list will be published at results.auscycling.org.au before the event.

Time trial rules

Start order and seeding

The starting order is determined by the Race Organiser and the Commissaires Panel. Junior State and Territory Team Managers are required to seed their riders for the time trial.

Road centreline

On time trial day the course carries two-way race traffic, with riders passing in opposite directions. Riders must always remain on their own side of the road.

This is a safety rule and it is enforced by the commissaires. Crossing the centre line at any point on the course, at any time, may result in disqualification from the event. It may also be referred to AusCycling for further disciplinary action, which can include suspension of your licence and referral to the AusCycling disciplinary process.

Follow vehicles

No follow vehicles are allowed during the time trial for both juniors or masters.

Neutral support

No neutral support is provided in the time trial.

Distance to go

Signs are placed at 10 km, 5 km and 1 km to go, then 500 m, 200 m and 100 m.

TIME TRIAL

Time trial height exemption

Riders measuring 180–189 cm or 190 cm and above must complete the height exemption documentation before the event.

- If you hold a UCI ID, you must complete the process through the UCI portal.
- If you do not hold a UCI ID, you must still complete the documentation and return it to track@auscycling.org.au. Do not send it to the UCI.

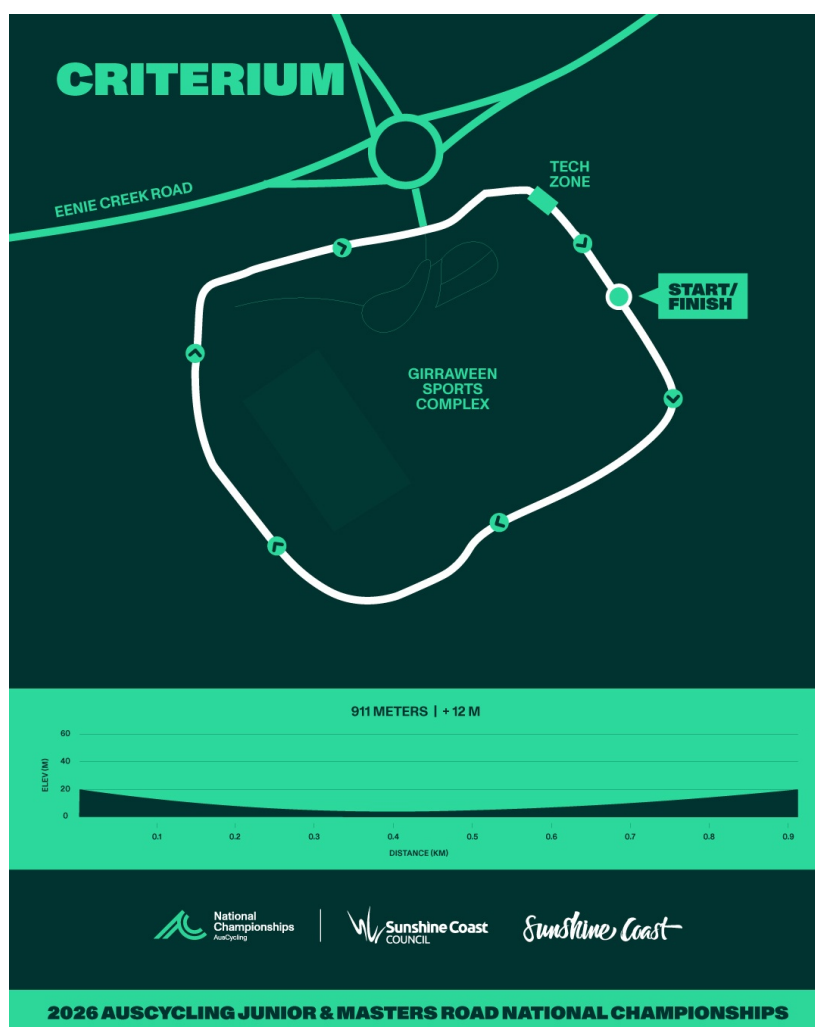
Submissions have now closed (closed at 5:00 pm AEST on Wednesday 9 September 2026). The Commissaires Panel will download the final exemption lists from the UCI and from AusCycling on Wednesday 16 September, before bike pre-checks, and those lists are final. Documentation received after the cut-off will not be assessed during the event, and a rider without a recorded exemption must present a bike set up within the standard position limits.

The current Height Category 2 and 3 list, the UCI attestation application form and the full regulations are on the AusCycling website under Regulations and Exemptions.

CRITERIUM

Detail	Criterion — Friday 18 and Saturday 19 September
Start and finish	Girraween Criterium Circuit, Eenie Creek Road and Langura Street, Noosa Heads QLD 4567
Circuit	911 m lap, 12 m elevation gain, four flowing corners
Tech zone / pits	North-east side of the circuit, on the approach to the start/finish. All mechanical assistance must be given from here
Feed zone	No feeding in the criterium
Waste / litter zone	Riders must not discard bidons or rubbish anywhere on the circuit

Course



CRITERIUM

Start times

Category	Location	Riders	Duration	Start time
Friday 18 September				
Mens Masters 9	Girraween	5	30min +2	8:00am
Mens Masters 10 + 11	Girraween	7	30min +2	8:02am
Mens Masters 8	Girraween	15	30min +2	8:04am
Mens Masters 7	Girraween	31	30min +2	8:50am
Womens Masters 6	Girraween	3	30min +2	9:40am
Womens Masters 7	Girraween	7	30min +2	9:42am
Womens Masters 8+	Girraween	4	30min +2	9:44am
HEAT 1 - U17 Men	Girraween	34	20min +2	10:30am
HEAT 2 - U17 Men	Girraween	35	20min +2	11:05am
U15 Women	Girraween	24	20min + 2	12:00pm
U15 Men	Girraween	35	20min + 2	12:45pm
U17 Women	Girraween	33	25min + 2	1:30pm
FINAL - U17 Men	Girraween	30	25min + 2	2:30pm
Saturday 19 September				
Womens Masters 1	Girraween	6	40min + 2	8:00am
Womens Masters 2	Girraween	6	40min + 2	8:02am
Womens Masters 3	Girraween	5	40min + 2	8:04am
Womens Masters 4	Girraween	4	40min + 2	9:00am
Womens Masters 5	Girraween	7	40min + 2	9:02am
Mens Masters 5	Girraween	31	40min +2	10:00am
Mens Masters 6	Girraween	24	40min +2	11:00am
Mens Masters 3	Girraween	22	40min +2	12:00pm
Mens Masters 4	Girraween	26	40min +2	1:00pm
Mens Masters 2	Girraween	27	40min +2	2:00pm
Mens Masters 1	Girraween	18	40min +2	3:00pm

CRITERIUM

Criterion rules

criteriums are run under AusCycling criterium regulations.

Race format

U15 Men and Women and U17 Women riders go straight into their championship race. No qualifying heats are run for these age categories.

The U17 Men will have 2 heats, one of 34 and one of 35 riders. The the top 15 finishers from each heat will progress to a 30-rider final.

Sign-on and staging

There is sign-on for the criterium at the marshalling area near the registration desk.

Rider staging is in the area immediately before the start/finish line, next to the tech zone.

Free laps and riders out of contention

- The free lap rule applies under AusCycling regulations. Only ONE free lap is allowed during the race. This includes the time to get to the tech zone.
- Riders deemed out of contention may be asked to withdraw. If you are asked to leave, you may do so at the start/finish.
- Riders must not take advantage of a faster group passing them. If you are caught or overtaken, you must not sit on that group's wheel to gain an advantage. This applies to individual riders and to groups of riders on course.
- All riders finish on the leader's lap.

Mechanical support and the tech zone

There is no third-party neutral service at this event. Riders and teams must provide their own mechanical support and spare wheels. Service may only be given from the designated tech zone before the start/finish.

Riders may leave their own wheels in the designated spares area. Any assistance given outside the tech zone will be penalised by disqualification.

Lap counting and distance to go

A lap board shows two laps to go. With one lap to go, riders are given the bell. Distance signs are placed at 300 m, 200 m, 100 m and 50 m.

ROAD RACE

Detail	Road race — Saturday 19 and Sunday 20 September
Start	Racecourse Rd, Corbould Park
Finish	Racecourse Rd, Corbould Park
Circuit	5.3km per lap, 41m of elevation per lap
Feed and waste zone	Racecourse Rd, right after the start line. The 30 km / 20 km rules apply and the zone is marked with green AusCycling signs reading Start Feed and End Feed
Waste / litter zone	Racecourse Rd, after the feed zone. Riders must not discard bidons or rubbish elsewhere on the circuit

NO WATER AVAILABLE AT THE THURSDAY TIME TRIAL AND THE SATURDAY & SUNDAY ROAD RACE. Bring all the water you need from home.

Course



ROAD RACE

Important — While we have worked closely with Council to establish road closures that support the safe conduct of the competition, and designed the course to minimise impacts on local residents, riders should remain vigilant at all times, particularly when approaching driveways, and are strongly encouraged to keep to the left-hand side of the road wherever practicable.

Start times

Category	Course	Distance	Elevation	Riders registered	Race times (first start)
Saturday 19 September — Corbould Park circuit					
Men's Masters 7	14x laps	74.2km	574m	33	7:30am
Men's Masters 8	14x laps	74.2km	574m	22	7:32am
Men's Masters 9 – 11	14x laps	74.2km	574m	20	7:34am
Women's Masters 6 & 7	12x laps	63.6km	492m	15	10:00am
Women's Masters 8 & 9	12x laps	63.6km	492m	7	10:02am
U15 Women	6x laps	31.8km	246m	24	10:04am
U15 Men	6x laps	31.8km	246m	36	12:45pm
U17 Women	12x laps	63.6km	492m	34	12:49pm
U17 Men	12x laps	63.6km	492m	76	3:00pm
Sunday 20 September — Corbould Park circuit					
Men's Masters 4	16x laps	84.8km	656m	39	8:00am
Men's Masters 5	16x laps	84.8km	656m	43	8:02am
Men's Masters 6	16x laps	84.8km	656m	36	8:04am
Women's Masters 1 – 3	14x laps	74.2km	574m	19	10:30am
Women's Masters 4	14x laps	74.2km	574m	10	10:32am
Women's Masters 5	14x laps	74.2km	574m	12	10:34am
Men's Masters 1	18x laps	95.4km	738m	26	1:30pm
Men's Masters 2	18x laps	95.4km	738m	29	1:32pm
Men's Masters 3	18x laps	95.4km	738m	36	1:34pm

ROAD RACE

Road race rules

Sign-on

Competitors must confirm their participation by signing the signature control sheet. Sign-on opens one hour before the start and closes 10 minutes before your advertised start time. Sign-on will be at the registrations desk on Pierce Ave. A rider who fails to sign on will be fined.

Riders out of contention

- Riders deemed out of contention may be asked to withdraw. If you are asked to leave, you may leave the course after the finish line on Racecourse Rd, at the roundabout.
- Riders must not take advantage of a faster group passing them. If you are caught or overtaken, you must not sit on that group's wheel to gain an advantage. This applies to individual riders and to groups of riders on course.
- If you are removed on course by a moto, pull over until the race has passed, then return to the roundabout after the finish line to exit the course.

Follow vehicles and the convoy

Follow vehicles are not allowed in both the Junior and the Master races. Mechanical assistance will be allowed from the tech zones.

Neutral support, feed, waste & technical zone

- No neutral support is provided.
- Feeding is only authorised in the official feed zone on Racecourse Rd.
- The feedzone on Racecourse Rd will be open on lap 6 and will close with 3 laps to go. The feed zone is marked with green AusCycling signs reading Start Feed and End Feed. The Commissaires reserve the right to amend feeding arrangements in extreme weather.
- Feeding is only permitted from the left-hand side of the road, and support staff cannot protrude any more than 1m from the side of the road. Feeding from outside this designated feed zone is prohibited; breaches of this regulation may result in penalties to rider and support staff.
- The feed & tech zone should be accessed on foot. No vehicles can access the course to get to the feed & tech zone.
- Waste zone is directly following the feed & tech zone
- Any variation to the opening or closing of the feed zone will be announced by the Commissaires Panel before the start of the event.
- Two technical zones are located on the course. One is within the feedzone after the start line. Second one is on Potter Rd between Racecourse Rd & Maurice Harvey Crescent. Both tech zones can only be accessed on foot, no vehicles allowed.

Radio Tour

Radio Tour operates for the U15 and U17 road race events only. Radios are issued to teams at the team managers meeting. Radio links and any other means of communication with riders are not permitted during racing, other than the radios issued for convoy use.

ROAD RACE

Lap counting and distance to go

A lap boards will be shown. With one lap to go, riders are given the bell. Distance signs are placed at 1 km to go and 200 m to go.

Neutralisation

If conditions warrant, the race will be neutralised. A red flag will be displayed from the leading vehicle.

RULES AND TECHNICAL REGULATIONS

These Championships are conducted under the rules and regulations of AusCycling and, where applicable, the UCI. The current 2026 AusCycling General Technical Regulations and 2026 AusCycling Road Technical Regulations apply and are linked from the entry page and the AusCycling website.

Bikes — U15

U15 riders must use the same bike for every event they contest. The bike presented at the first bike check is the bike that must be ridden in the time trial, the criterium and the road race.

Handlebars — U15 and U17

- Handlebars must be a standard or classic drop style.
- Brake hoods must point straight ahead when positioned parallel to the flare of the drop handlebars.
- Riders must maintain full contact with the brake hoods or handlebars at all times. Resting only fingers on the hoods is not acceptable.

Gearing — Juniors

The maximum gear development (roll out) is 7.00 metres for both U15 and U17. Blocking off gears is permitted at Junior Road National Championships.

Handlebar extensions

In the time trial, U15 and U17 riders may use bolt-on handlebar extensions. Gear and brake mechanisms must not be fitted to the extensions.

Wheels

For all Junior National Championship events, wheels must have at least 16 spokes and the rim must be no more than 45 mm deep. Only high-pressure detachable tyres, including tubeless, may be used. (AusCycling Road Technical Regulations 2026, article 1.02.03.)

Bike weight

The minimum weight for all bikes is 6.8 kg. Bikes will be checked before racing and may be checked after racing.

Kit

- Juniors: All junior participants must wear approved State or Territory team kit, club kit, current sponsor kit, or plain kit. Only riders selected in a state team for that event may wear state team kit. E.g. a rider selected for the state criterium team only, cannot wear the state kit for the time trial.
- Masters: No kit requirements. However, no replicas of pro team kit are allowed.

RULES AND TECHNICAL REGULATIONS

Cameras

Cameras are permitted under the following conditions:

- Use must be approved by the President of the Commissaires Panel before the start of the event.
- The camera must be presented to the President of the Commissaires Panel, who must approve its positioning and mounting before the start.
- All footage must be made available to AusCycling within 48 hours of a written request.
- Footage that may bring the sport into disrepute must not be released publicly.
- Breaches of this policy may be penalised.

Roll-up and call-up

For the start of the criterium and road races there may be a call-up announcement. Riders called up are to come to the front row in the order they are announced. All riders are asked not to form up directly on the start line before the call-up, so that space is left for those called forward.

Penalties

The penalty scale in the 2026 AusCycling General Technical Regulations applies.

Littering

Other than within a designated waste zone, riders must not discard bidons or rubbish of any kind on the roadside. Riders found littering will be fined in accordance with local laws and the technical regulations.

PRESENTATIONS AND THE NATIONAL CHAMPION JERSEY

Presentations

There are multiple presentations each day. The top three in every category present at the podium. Riders must present themselves in race kit and enclosed footwear, either 10 minutes before their scheduled presentation or immediately after their race where the presentation follows straight on.

Indicative presentation times are below. Times are estimates only and will be confirmed on the day via the PA system.

Time Trial	
Category	ETA presentations
Thursday 17 September	
U15 Women & Men U17 Women & Men	11:30 AM
Womens Masters 1 - 4 Mens Masters 1 - 4	12:15 PM
Womens Masters 5 - 9 Mens Masters 5 - 11	1:00 PM 1:15 PM
Criterium	
Category	ETA presentations
Friday 18 September	
Mens Masters 8 - 11 Mens Masters 7 Womens Masters 6 - 9 U15 Women & Men U17 Women & Men	9:00 AM 9:45 AM 10:30 AM 1:20 PM Directly post U17 Men race
Saturday 19 September	
Womens Masters 1 - 3 Womens Masters 4 - 5 Mens Masters 5 Mens Masters 6 Mens Masters 3	9:00 AM 10:00 AM 11:00 AM 12:00 PM 1:00 PM

PRESENTATIONS AND THE NATIONAL CHAMPION JERSEY

Category	ETA presentations
Mens Masters 4	2:00 PM
Mens Masters 2	3:00 PM
Mens Masters 1	Directly post-race
Road Race	
Category	ETA presentations
Saturday 19 September	
Mens Masters 7 - 11	10:00 AM
Womens Masters 6 - 9 U15 Women	12:30 PM
U15 Men U17 Women	3:00 PM
U17 Men	Directly post-race
Sunday 20 September	
Mens Masters 4 - 6	10:30 AM
Womens Masters 1 - 5	1:00 PM
Mens Masters 1 - 3	Directly post-race

National champion jersey

A green and gold jersey is awarded to the residential victor of every age category offered at this event. To claim the jersey the winner must hold an Australian passport. Winners should refer to the AusCycling National Championship Kit policy for how the jersey may be worn.

MEDICAL, SAFETY AND EXTREME WEATHER

Medical services

Queensland Ambulance Service is the appointed medical provider for the duration of the event.

Local hospitals

In case of an emergency, call 000. Queensland Ambulance Service decides where a patient is transported. The hospitals below are the nearby hospitals.

Hospital	Address	Closest to
Sunshine Coast University Hospital	6 Doherty Street, Birtinya QLD 4575	All venues
Nambour General Hospital	Hospital Road, Nambour QLD 4560	Time trial and road race
Noosa Hospital	111 Goodchap Street, Noosaville QLD 4566	Criterium, Girraween

Extreme weather

The AusCycling Extreme Weather Policy applies at this event.

In the case of extreme weather, a panel is convened to make decisions about the conduct of racing. The panel includes the AusCycling Head of Events – Road & Esports, and the President of the Commissaires Panel, and may include other staff and experts depending on conditions.

The panel is convened immediately if a Bureau of Meteorology warning is issued for the venue, if extreme heat, cold or wind is anticipated within 72 hours, if threatening precipitation is forecast, or if conditions could affect the health and welfare of athletes, spectators, staff or volunteers.

Possible actions include monitoring, course modification, changed start times, combining categories, shortening a race, changing the start date, or cancellation. Any change will be communicated by email to registered riders, through AusCycling social media, and by on-site announcements at race headquarters and the awards stage.

Concussion

The AusCycling Concussion Policy applies at this event and is linked from the entry page.

Public urination

It is against the law to urinate in public in Queensland. Riders may be cited by local law enforcement and penalised by the race commissaires. Toilets are provided at the start areas.

ANTI-DOPING

This is a national level AusCycling event. Sport Integrity Australia can conduct anti-doping testing at any event or competition. It is your responsibility to understand your obligations and to have completed your clean sport education.

All riders over 13 are strongly encouraged to complete the Anti-Doping Fundamentals and 2026 Annual Update courses through the Sport Integrity Australia eLearning site. For junior riders at these Championships, completion is required before the online education session.

Sport Integrity Australia app

Any athlete, parent, coach or official can download the Sport Integrity Australia app. It lists supplements sold in Australia that have been screened for prohibited substances, lets you check whether a medication is banned in sport, report doping, and complete education modules. Screening cannot provide a complete safety guarantee, but it significantly lowers the risk.

Therapeutic Use Exemptions

A TUE allows an athlete to use, for therapeutic purposes only, an otherwise prohibited substance or method. If you take any medication, check it at www.globaldro.com/AU/search. Information on the TUE process is on the Sport Integrity Australia website, or call 1300 027 232.

ON-SITE INFORMATION

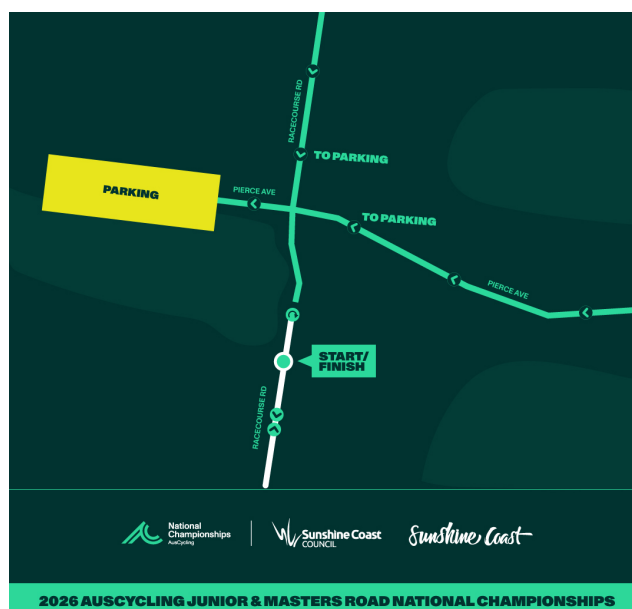
Parking

Please ensure to follow the instructions of our volunteer parking marshals at all time!

Time trial: Parking will be in the designated area on the land opposite the North Arm State School, on the corner of North Arm Yandina Creek Road. No parking on the actual North Arm Yandina Creek Road, even within the parking bays, is allowed.

Criterion: Parking in the parking bays at the Girraween Sport Complex.

Road race: Parking will be on Pierce Ave. No parallel parking is allowed. Please park with nose or tail first towards the trees.



Road race parking — Pierce Avenue

Warm-up

- Warm-up on all courses must cease 15 minutes before the first race commences or as instructed by AusCycling staff.
- There are no designated warm-up areas for the time trial or the road race.
For the time trial, riders can warm up heading east on North Arm Yandina Creek Rd towards Bunya Rd.
For the road race, there are bike paths along Bells Creek Arterial Rd and Racecourse Rd.
- Riders warming up on local streets are reminded to obey all road rules and behave courteously towards local residents and other road users.

Toilets

Portable toilets are provided at the start area of the time trial and road race.

Existing facilities are available at the criterium circuit in Girraween.

ON-SITE INFORMATION

Food and coffee

- Please note that **no food vendors will be on site at the road race.**
- **NO WATER AVAILABLE AT THE THURSDAY TIME TRIAL AND THE SATURDAY & SUNDAY ROAD RACE.** Bring all the water you need from home.

The following food & coffee offerings will be on site for the events:

Location	Time	Vendor	Cuisine
Time trial	8:30am – 1:45pm	Lumi Coffee	Coffee
Time trial	8:30am – 2:30pm	Yummi Nami	Japanese style food
Criterion	7:00am – 3:15pm	Lions Girraween FC canteen	Coffee & food
Road race	8:00am – 4:00pm	Lumi Coffee	Coffee

Road closures

Important — residential driveways exist along the course. While we have worked closely with Council to establish road closures that support the safe conduct of the competition, and designed the course to minimise impacts on local residents, riders should remain vigilant at all times, particularly when approaching driveways, and are strongly encouraged to keep to the left-hand side of the road wherever practicable.

All events operate on closed roads under a traffic management plan developed by Altus and approved by the Queensland Department of Transport and Main Roads, Sunshine Coast Council, Queensland Police Service and other relevant authorities. The criterium does not require road closures.

Photography

Images taken during this event by AusCycling or (by AusCycling) authorised persons and may be used for promotional purposes without further consent. See the AusCycling Membership Terms and Conditions. If you do not wish your image to be used, contact communications@auscycling.org.au.

Volunteering

If family or friends travelling with you would like to help at the event, email road.events@auscycling.org.au or express your interest via the website of the Sunshine Coast Cycling Club [here](#).