



2026 AusCycling Junior Individual Time Trial and Road State Championships – Victoria (VJRS Rd 5)

2026 AusCycling Senior Road State Championships – Victoria

Saturday, 08th August 2026

Technical Guide

Event Sponsored By:



Carnegie Caulfield Cycling Club Inc.

Bass Coast Shire

AusCycling





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Event Sponsors



Our sincere thanks to the Bass Coast Shire for their financial support of this event which is being put towards direct costs relating to medical, photography and commentary which are all being professionally supplied on the day.





Welcome

Welcome to the 2026 Junior & Senior State Championships and the final round of the 2026 BBB Cycling Victorian Junior Road Series.

Carnegie Caulfield Cycling Club (CCCC) is pleased to host this event for the sixth time, as part of fulfilling our mission of developing world-class talent while supporting all levels of club racing, social events, and rider education.

Following the success of last year's championships, we are pleased to return to the Phillip Island Grand Prix Circuit for the 2026 Junior State Championships. The venue proved to be an outstanding location for junior road racing, and we are excited to once again provide riders with the opportunity to compete on one of Australia's premier racing circuits.

There are several reasons why Phillip Island continues to be an ideal venue:

Rider safety – Phillip Island provides a fully traffic-free racing environment, allowing our juniors to race competitively without the distraction or risk of passing motorists. As traffic management on open roads becomes increasingly expensive and challenging, closed-circuit racing offers a safer and more controlled experience for riders, officials, and spectators.

Improved spectator experience – One of the unique advantages of racing at Phillip Island is the ability for family, friends, and supporters to follow the action throughout the day. From the viewing platform above the pit lane, spectators can see the majority of the circuit, while riders pass the start/finish area multiple times, creating an exciting atmosphere.

A challenging circuit – At approximately 4.5 km in length, the Phillip Island Grand Prix Circuit provides a technically challenging course for both the Individual Time Trial and Road State Championships. With undulating terrain, often windy conditions, 12 turns per lap—including hairpins and sweeping corners—and a long main straight, the circuit rewards both skill and strategy.

A great destination – Phillip Island offers riders and their families a wide range of accommodation, dining, and local attractions, making it an ideal destination for a championship weekend.

A showcase weekend of racing – Hosting the Junior and Senior Road State Championships on the same day provides a fantastic opportunity for junior riders to watch Victoria's best U19, U23, Elite, and Masters riders compete, while also giving spectators a full day of championship racing.

The Senior Road State Championships (U19, U23, Elite, and Masters) will also be held at the Phillip Island Grand Prix Circuit on Saturday, 8 August. This provides a fantastic opportunity for our junior riders to watch the senior races, with many having the chance to cheer on parents, coaches, and club mates competing on the same circuit.

Separate medals will be awarded to the placegetters in each male and female age category (U9, U11, U13, U15, and U17) in both the Road Race and Individual Time Trial for Victorian and interstate participants. The Victorian State Champion title, however, will only be awarded to eligible Victorian participants.

This event would not be possible without the tireless efforts of our volunteers. We sincerely thank all the CCCC parents, committee members, and volunteers from across the Victorian cycling community for their dedication and support.

Good luck to all riders, and we hope you enjoy a fantastic weekend of racing and personal achievement.

Linda Hunter
Race Director

Event Officials

Role	Name	Contact Number
Race Director	Linda Hunter	0422 786 630
Event Chief Warden & Event Safety		
Event First Aid	Medical Motos	
Ambulance Victoria	Emergency	000
Medical Facilities	Cowes Urgent Care Centre Phillip Island Community Hospital 50-58 Church Street, Cowes	03 5951 2101
	Emergency Department Wonthaggi Hospital 235 Graham Street, Wonthaggi	03 5671 3333
Victoria Police	Emergency Police Assistance Line	000 131 444
Chief Commissaire	Stephen Michetti	
Commissaire	David Morgan	
Commissaire	Neville Williams	
Commissaire	Pam Williams	
Commissaire	Annina Gallagher	
Commissaire	Oscar Pearce	
Commissaire	Linda Hunter	
Timing	Nathan Fraser	
AusCycling Victoria	Akshay Raju	

Event Schedule

All races will be held on Saturday, 08 August 2026

Time	Event Number	Category	Laps	Distance	Maximum Race Time
07:30am		Registration & Track Open			
08:30am	1	U11 ITT	1	4.45Km	
	2	U13 ITT	2	8.9Km	
	3	U15 ITT	2	8.9Km	
	4	U17 ITT	3	13.35Km	
	5	Individual Time Trial State Champions Medal Presentations			
09:30am	6	U19W, U23W & Elite Women	19	84.36Km	2:00hrs
09:32am	7	Women's Masters 1 - 3	16	71.04Km	
09:34am	8	Women's Masters 4 - 6	13	57.72Km	
09:35am	9	Women's Masters 7+	10	44.4Km	
	10	Women's RR State Champions Medal Presentations			
11:35am	11	Under 13 Girls	4	17.8Km	40mins
11:37am	12	Under 13 Boys	4	17.8Km	
11:39am	13	Under 11 Girls	2	8.9Km	25mins
11:41am	14	Under 11 Boys	2	8.9Km	
	15	U11 & U13's RR State Champions Medal Presentations			
12:27pm	16	Women Under 15	8	35.6Km	1:15mins
12:25pm	17	Men Under 15	8	35.6Km	
12:21pm	18	Women Under 17	15	66.75Km	2:00hrs
12:23pm	19	Men Under 17	15	66.75Km	1:45hrs
	20	U15 & U17's RR State Champions Medal Presentations			
2:21pm	21	U19M, U23M & Elite Men	21	93.24Km	2:00hrs
2:23pm	22	Men's Masters 1 - 3	19	84.36Km	
2:25pm	23	Men's Masters 4 - 6	16	71.04Km	
2:27pm	24	Men's Masters 7+	11	48.84Km	
	25	Men's RR State Champions Medal Presentations			
*Start times are for reference purposes only. The schedule may be brought forward if registration numbers are low and earlier races finish ahead of schedule.					
**Road Race - laps or maximum time whichever comes first					

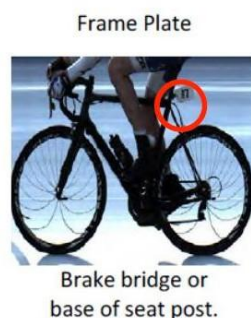
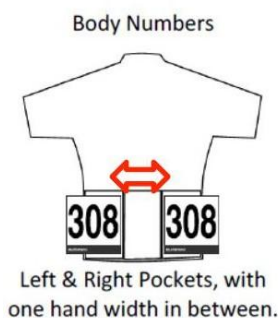


The condition of the event hire requires all riders to complete and sign an indemnity form before they are able to compete on the GP circuit. A link to the indemnity is available on Entryboss. All registrants must sign it prior to the event. Copies will be available at the registration desk.

Race numbers will not be handed over at registration to any rider until a fully completed and signed indemnity (by a parent for all junior riders) is received.

AusCycling Victoria Specific Regulations

1. This is an AusCycling sanctioned event, AusCycling Technical Regulations and penalties apply. Riders will not be able to participate unless their bikes are compliant with technical regulations including age specific roll-out, handle bars and extensions, wheel and tyre specifications. Any riders breaching these regulations will be disqualified during or after the event.
2. An Australian Standards approved (AS/NZ 2063) helmet shall be worn at all times whilst riding a bicycle both on and off the racing circuit.
3. This event forms part of the 2026 BBB Cycling Victorian Junior Road Series and will run according to the 2026 Santini AusCycling VJRS Regulations.
4. As this event is conducted on a fully closed racing circuit, **no red light** will be required for either event. All riders are encouraged to have a red light on hand as the Chief Commissaire may require the use of rear red lights if there is poor visibility.
5. All competitors are reminded that it is an **offence to urinate within view of the public**. The penalty is disqualification from the event, a \$100 fine and their license suspended for 4 weeks. Riders should use the onsite toilet facilities.
6. Littering is against the regulations of the sport of cycling. Any rider who **drops, throws or discards rubbish** may be disqualified from the event and fined \$100.
7. Each competitor will be issued with two body numbers, 1 frame number and a transponder. For the ITT one body number is to be placed on the lower centre of the back. The frame number must be secured on the seat post or attached to the rear brake assembly. The transponder must be placed as low as possible on either front fork. Numbers must be visible at all times.



Mount as low as practicable on either fork

8. Riders must not cut, fold, crumple or modify any numbers in any way.



9. It is the riders' responsibility to return their transponder after they finish/abandon the race. Transponders that are not returned at the event conclusion need to be posted asap to: AUSCYCLING, 281 DAREBIN RD, THORNBURY, 3071, VIC. Late return fees may apply.

If a transponder or race number is not returned or lost, the applicable replacement fee will be charged. Failure to pay may result in suspension of the participant's racing membership.

Lost transponder fee: \$125

Lost race number fee: \$15

10. Cameras attached to a competitor's bicycle are NOT allowed during this event.
11. Riders will be required to present themselves and their bike at least 15 minutes prior to the start of your race. When a competitor has completed rollout they are NOT permitted to leave the corralling area and must proceed through the starting area as instructed by officials.
12. It is the rider's responsibility to ensure they have the correct gearing prior to each event. **All competitors are required to roll out prior to the start of the Time Trial and the top 5 riders in the road race will be required to roll out at the conclusion of that race.** For all junior categories, male and female, the following maximum roll out distances shall apply:
- Under 17 – 7.0m
 - Under 15 – 7.0m
 - Under 13 – 5.5m
 - Under 11 – 5.5m
 - Under 9 – 5.5m
13. Locked-out gearing for Juniors is allowed for the Victorian State Championships.
14. Points in the **2026 BBB Cycling Victorian Junior Road Series** will be awarded in both races (the ITT and Road Race) **as Championship events**. As Championship points are allocated for both races there will be no General Classification points awarded.
15. **NO support** vehicles, parents or spectators are to follow any competitor **including on bicycles**
16. Any rider who receives outside assistance will face disqualification and a possible fine.

General Race Day Information

No Pets: Dogs, cats, and other domestic pets are strictly prohibited inside the circuit grounds. With the only exception being certified assistance animals.

Site Map

Entry into the GP Circuit will be via Gate 7 off Lukey Drive, Ventnor.

Parking will be available on the inside of the track in the support paddock. Please follow the road from gate 7 to the underpass. Traffic signals operate at the underpass where a tunnel takes you through to the inside of the track. Please proceed through to the ample parking area.

Public Toilets are located near the canteen and parking.

Food and Drink. The onsite canteen is operated by the circuit owner and offers a full range of food and beverage options. It will open at 7:30am and close around 3pm.

Pit Sheds will be open and available to riders for warm-up / warm-down. To ensure fair access to all clubs and riders, access to the pit sheds will be allocated.

Circuit Distance one full lap of the circuit is approx. 4.45 km





Presentations

A range of presentations will be made throughout the day. Please refer to schedule for reference.

Safety

All races will run without regard for weather except in the event of extreme weather. In this case, AusCycling's Extreme Weather Policy will be consulted (which relates to Heat, Rain, Flood, Hail, Thunderstorms, Lighting or Air Quality). Discretionary rights are in place to cancel any event at the absolute discretion of the Race Director and Chief Commissaire to ensure health, safety and well-being of riders, officials and spectators. Please feel free to communicate any safety concerns to the Race Director should you observe any concerns on race day.

2026 AusCycling Junior Road State Championships – Victoria: Individual Time Trial

Direction: Head South and continue anti-clockwise

Lap Distance: 4.45 km

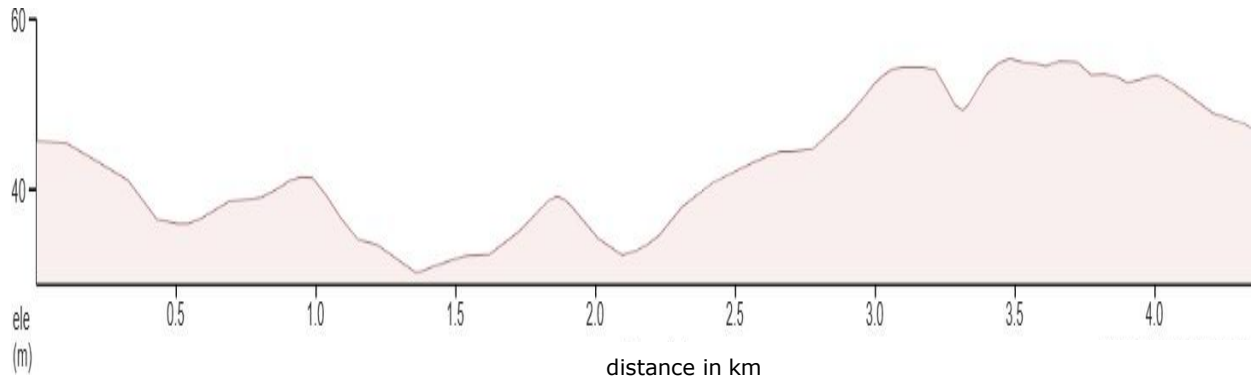
Start/Finish:	Phillip Island Grand Prix Circuit, Lukey Drive		
Start Time	8:30am first rider		
Intervals	30 Seconds intervals between riders. No breaks between age groups		
Race Distance	U9 and U11	1 lap	Approx. 4.45 kms*
	U13	2 laps	Approx. 8.9 kms*
	U15	2 laps	Approx. 8.9 kms
	U17	3 laps	Approx. 13.35 kms

*Auscycling has approved this race distance which slightly exceeds the technical regulations maximum distance for this age group.

Course Map



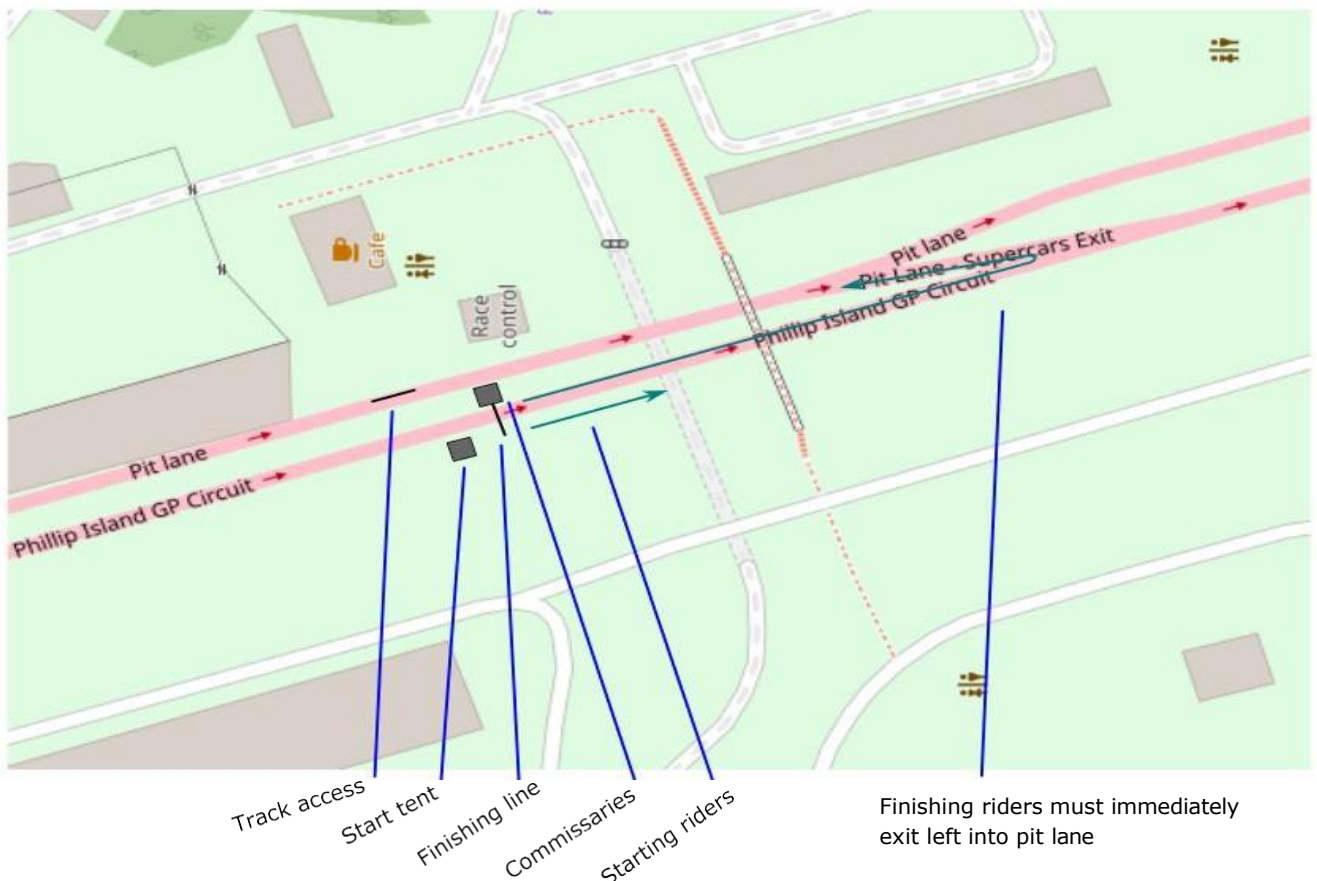
Course Profile (per lap)



Individual Time Trial Start / Finish area

The start and finish line are adjacent to each other. Starting and finishing protocols will be in place to ensure no rider is impeded at the start, during or finish of their individual time trial:

- The ITT starting tent will be located on the western side of the track. Competitors only will be allowed to cross the race track to line up for their scheduled start.
- Riders will finish on the eastern side of the track and must immediately exit to the left into pit lane following completion of their race. No rider is allowed to stop near the race track.





Junior State Championship Individual Time Trial Race Information

1. Riders must Register / Sign On at least 30 minutes prior to their race start time.
2. The track will be closed to all riders from **8.00am** in preparation for racing. The pit sheds will be open (and allocated) to riders for warm-up/warm-down prior to their scheduled start.
3. The first rider will depart at **8.30am** with the youngest age group first (Under 11 Girls and Under 11 Boys) progressing by increasing age group through to the Men Under 17.
4. There will be 30 second intervals between the start times of riders and no breaks between age groups. Individual Time Trial start times for each rider will be published prior to the event.
5. The road will be **FULLY CLOSED** so riders will be able to use the full width of the road during racing, however, there will be officials on the course (motorbike) and the occasional vehicle (SAG wagon, first aid where required) so **riders need to take care and ensure they know what's in front of them at all times.**
6. Riders are advised to report to the marshalling area close to the start line at least 15 minutes prior to your time trial start time to complete rollout and have your name recorded as present.
7. After a rider has completed roll-out they are NOT permitted to leave the marshalling area and must proceed immediately to the starting area as instructed by officials.
8. **NO** support vehicles, parents or spectators are to follow any competitor **THIS INCLUDES ON BICYCLE.**
9. Any rider who receives outside assistance from anyone other than appointed officials will face disqualification and possible fine.
10. For riders competing in both the Individual Time Trial and the Road Race, please hold on to your numbers and transponders until completion of your Road Race.
11. Junior categories are NOT permitted to use Time Trial specific bikes. U15 & U17 grades are permitted to use clip-on time trial bars for the time trial only.

2026 AusCycling Junior Road State Championships – Victoria: Road Race

Direction: Head North and continue clockwise

Lap Distance: 4.45 km

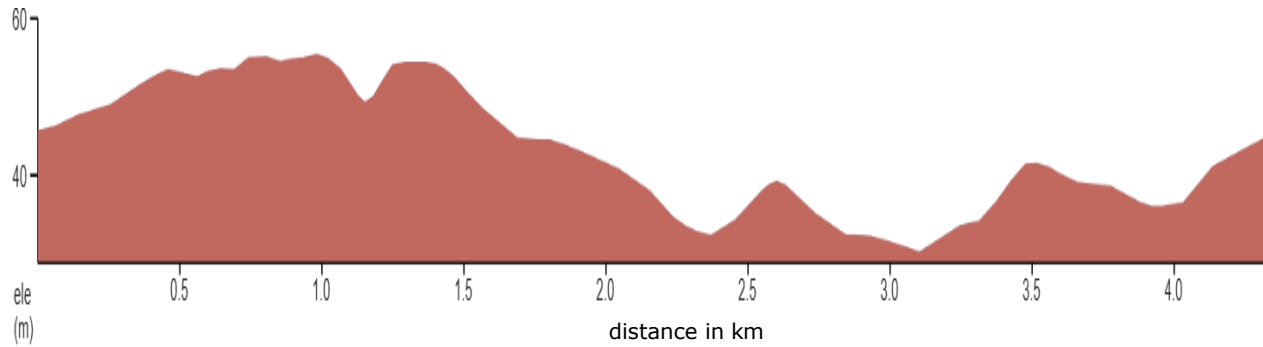
Start/Finish:	Phillip Island Grand Prix Circuit, Lukey Drive			
Race Distance	U9 and U11	2 laps	Approx. 8.9 kms*	20 Mins Max race time
	U13	4 laps	Approx. 17.8 kms	40 Mins Max race time
	U15	8 laps	Approx. 35.6 kms	1:15 Max race time
	U17	15 laps	Approx. 66.75 kms	W – 2hrs Max race time M – 1:45 Max race time

*AusCycling has approved this race distance which slightly exceeds the technical regulations maximum distance for this age group.

Course Map



Course Profile (per lap)



2026 AusCycling Senior Road State Championships – Victoria: Road Race

Direction: Head North and continue clockwise

Lap Distance: 4.45 km

Time	Event Number	Category	Laps	Distance	Maximum Race Time
07:30am		Registration & Track Open			
08:30am	1	U11 ITT	1	4.45Km	
	2	U13 ITT	2	8.9Km	
	3	U15 ITT	2	8.9Km	
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*Start times are for reference purposes only. The schedule may be brought forward if registration numbers are low and earlier races finish ahead of schedule.					
**Road Race - laps or maximum time whichever comes first					



Junior & Senior State Championship Road Race Information

1. Riders must Register / Sign On at least 30 minutes prior to their race start time if not previously registered for the Individual Time Trial.
2. The pit sheds will be open (and allocated) to riders for warm-up/warm-down prior to their race start.
3. If you have entered the event but are unable to ride for any reason please notify the Commissaires as soon as possible and return your transponder, bike number and rider numbers to Registration desk.
4. **NO** support vehicles, parents or spectators are to follow any competitor **THIS INCLUDES ON BICYCLE**.
5. Any rider who receives outside assistance from anyone other than appointed officials will face disqualification and possible fine.
6. There will be **NO feed zone**. Riders are advised to take sufficient drinks & food with them at the start. Any riders given food or drink during the event may face disqualification & a possible fine.
7. Riders from different race categories may only work together if they start in the same group. Riders starting in separate groups but racing at the same time are **not allowed to draft and work together**.

Lap boards will be based on the leader of each starting group. Once the leader of a group finishes the race, **everyone else behind will finish their race on that lap** (even if they haven't ridden the full distance). This means some riders may not be given the bell (or a consecutive lap number) if they are overtaken on that particular lap.

8. Lapped riders will remain in the race. **Lapped riders will finish their race as soon as the leader of their start group finishes the race.**
9. There will be no spares car or free laps in the event of a fall, puncture, bike mechanical.
10. It is each rider's responsibility to know their course and know how many laps they need to complete.



Carnegie Caulfield Cycling Club Centenary 1924-2024

The Carnegie Caulfield Cycling Club was originally formed in 1924 as the Carnegie Amateur Cycling Club. The club emerged from an ad hoc alliance of local cyclists known as the Carnegie Cycling Club, which had origins before 1910. The Club would arrange races through Oakleigh, and along the Dandenong Road, and they were typically handicap races over 10 to 60-mile road courses, often starting at the Rosstown Hotel.

The club and the Dandenong Rd races played a big part in the local community, in particular through its support for the Oakleigh Carnival. In 1931 the club formalised the first incarnation of its junior program which was recorded after early success in the Victoria Club Premierships. At the same time, Carnegie's senior team was also winning major races.

The Brighton South Caulfield Professional Cycling Club formed in the early 1930s and regularly participated in local and state events. Early member Robert Barkly made news in the Sporting Globe in 1932 setting off for a return ride to Sydney over 7 days!

During the 1950s Carnegie Amateur Cycling Club held track racing at Packer Park. These events drew crowds of up to 4,000 spectators watching some of Australia's best amateur and professional riders. The track was renowned for its quality and was selected as a back-up option for the 1956 Melbourne Olympics, necessary due to delays constructing the Olympic Park Velodrome.

Carnegie's track racing program became even more popular during the 1960s and 70's with the Caulfield Cup on Wheels being the leading race for amateur cyclists in Melbourne, often held on the same night as the Melbourne Cup on Wheels, an equivalent race for professional cyclists.

The advent of Open racing saw the Carnegie Amateurs merge with the Brighton-South Caulfield Professional Cyclists Association in July 1984 and adopt the name "Carnegie Caulfield Cycling Club Inc".

More recently, the club's summer criterium racing has become very popular, attracting some of the best riders in the world and is regularly covered in leading cycling publications including Cyclingnews.com, CyclingTips and featured on Wahoo's Sufferfest videos. In 2020 the club arranged the first e-sports Junior State Championships, held on virtual courses, to overcome the significant impacts of the pandemic.

The Club's QuadC junior program continues to operate and has keen rivalries with other junior clubs on track and road. The club extended material support to the highly successful 99 Bikes Women's Academy supporting emerging women at the U19 level and achieved three successive U19 female national champions during its three year existence.

We celebrate all the riders who have worn the colours of our clubs over 100 years.



The Carnegie Caulfield Cycling Club thanks you for
your attendance at these Championships.

We hope to see you again next year.

Travel Safely!

www.carnegiecycling.com.au