2025

GOLD COAST JUNIOR TOUR

Program and Technical Guide



Round 1: BBB Queensland Junior Road Series









The Bike Fitter

Version 1.2 - Draft 01 May 2025



Welcome

Thank you for being part of the 2025 Gold Coast Junior Carnival, and a warm welcome to everyone visiting the stunning Gold Coast.

We're proud to kick off the BBB Queensland Junior Road Series with round one and look forward to some thrilling racing action. With five stages across two venues, this year's tour will challenge our junior riders with a mix of race formats that promise excitement and variety.

This event is about having fun and supporting our junior athletes as they develop their skills and race craft. Your attendance and encouragement mean a lot and help create a positive experience for every rider.

A big thank you to our race organisers, officials and volunteers. Your time, energy and effort have made this event possible and are deeply appreciated by the club and the junior cycling community.

To all the riders – enjoy yourselves, stay safe and give it your best. Race hard, show respect and sportsmanship, and take the chance to build friendships that could last a lifetime.

Tim Hutch

President





Officials5
Volunteers5
Technical Regulations
Equipment5
Rollout5
Event Overview
Facilities and Support6
First Aid 6
Amenities
Catering6
Saturday - Nerang
Sunday - Luke Harrop Memorial Criterium Circuit7
Registration9
Sign On9
Transponders9
Race Numbers9
General Classification10
U9, U11 General Classification - Points10
U13 -U17 General Classification - Time10
Time Bonuses10
Race Results11
Presentations11
Warm-Up Guidelines12
Nerang12
Velodrome12
Criterium Circuits12
Luke Harrop Memorial Criterium Circuit13
Before Racing Starts
After Racing Starts 14
Bidsmith Prologue - Nerang15
All Age Groups16
Criterium - Nerang17
All Age Groups - Small Circuit - Clockwise17
Dolphin Avenue Early Learning Centre - Road Races - Nerang18
U9 - Small Circuit - Anti-Clockwise19
U11 - Middle Circuit - Anti-Clockwise





Venue Layout - Luke Harrop Memorial Criterium Circuit	21
UKAU Tax Advisors - Kermesse – Luke Harrop Memorial Criterium Circuit	22
U9 - U11 - Triangular Circuit	23
U13-U17 - Full Circuit	24
The Bike Fitter - Time Trial - Luke Harrop Memorial Criterium Circuit	25
All Ages - Individual Time Trial	26
Schedule	27
Saturday 7 June	27
Sunday 8 June	28





Officials

We appreciate the assistance of the following officials, who have helped to make this event a success.

PCP: Lise Benjamin

BC**Commissaires:** TBC

Timing: TBC

Race Directors: Ian Maas and Simon Dickson

Volunteers

Thank you to all our volunteers who have made this event possible.

Technical Regulations

All races will be run in accordance with the AusCycling Technical Regulations.

AusCycling Technical Regulations - General

AusCycling Technical Regulations - Road

The details for the BBB Junior Road State Series can be found at

https://auscycling.org.au/event-hub/state-and-territory-series/qld-junior-road-series

Equipment

All equipment must conform to UCI and AusCycling Technical Regulations.

Rollout

All riders must roll out before every stage.

All riders must present themselves and their equipment to the rollout area near the start/finish line at least 15 minutes before their allotted start time.

The top 5 riders may be required to roll out after each race.





Event Overview

The Gold Coast Junior Tour comprises five stages over two days of racing.

Day 1 is held at the Gold Coast Cycle Centre at Hope St, Nerang.

Day 2 is held at the Luke Harrop Memorial Criterium Circuit at Oxley Dr, Runaway Bay.

Facilities and Support

First Aid

First Aid will be on-site - wearing a first aid vest. Call Simon on 0433224134 if you need first aid support.

Amenities

Toilets are available at Nerang and Luke Harrop Memorial Circuit.

Catering

No food or drinks will be available at Nerang or Runaway Bay. We suggest bringing food and drinks to have everything you need for your riders and family members or utilising the coffee and food options close to the Nerang and Runaway Bay venues. You can call in on your way to the race or walk or drive to get food and drinks during the day.

Saturday - Nerang

Cadence Café is about a 400-metre walk from the Nerang Cycling Complex on Nerang Connection Road. It offers an extensive food and drink menu for eating in or taking away. Cadence Café has kindly provided a special deal for competitors and their families.

Note that on Saturday mornings, it is often very busy with mountain bike riders, so allow plenty of time so you don't miss your event. Please be aware that they close at 1 p.m.







Sunday - Luke Harrop Memorial Criterium Circuit

Because of the distance from the circuit, consider calling into any of these options on your way to the circuit in the morning.

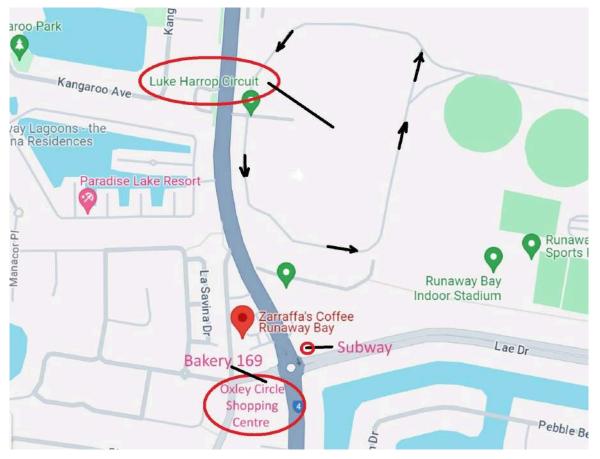
Subway is the closest, about a kilometre walk or drive from the spectator viewing area at Runaway Bay, on the roundabout at the intersection of Lae and Oxley Drive. It opens at 7 a.m.

Slightly further away, on the opposite side of the Roundabout to Subway, is Bakery 169 in the Oxley Circle Shopping Centre. It opens at 6 a.m.

Nearby is a Zarraffa's Coffee drive-through or eat-in, which opens at 5 am.











Registration

Sign On

All riders must sign on at the registration area each day. This is also where you will collect and return your transponder.

Transponders

Transponders will be used for all age groups and must be attached with cable ties to a front fork. Please note that all transponders must be returned directly after the completion of Stage 5. Otherwise, a recovery fee will be incurred.

Race Numbers

U9 and U11 competitors only require 1 number.

STAGE	NUMBER POSITION
Stage 1 Prologue	Centre lower back
Stage 2 Criterium	Right Ribs
Stage 3 Road race	Left Ribs
Stage 4 Kermesse	Right Ribs
Stage 5 ITT	Centre lower back

U13, U15 and U17 competitors require 1 number for individual events and 2 numbers for bunch races.

STAGE	NUMBER POSITION
Stage 1 Prologue	Centre lower back
Stage 2 Criterium	Left and Right Ribs
Stage 3 Road race	Left and Right Ribs
Stage 4 Kermesse	Left and Right Ribs
Stage 5 ITT	Centre lower back





General Classification

U9, U11 General Classification - Points

U9 and U11 will have a General Classification based on points. Points are earned based on finishing position in each race over the weekend. The GC winners will be the riders with the highest number of points. In the case of a tie for points, the winner will be the rider with the lower time in the Prologue. There will be no reallocation of points for riders dropping out of GC.

FINISH POSITION	POINTS
1st	15
2nd	12
3rd	10
4th	8
5th	6
6th	5
7th	4
8th	3
9th	2
10th +	1

There are no bonus points for any races.

U13 -U17 General Classification - Time

U13-U17 will have a general classification based on time. The rider with the lower time at the end of the 5 events will be the winner. If there is a tie, then the winner is the rider with the lower time in the ITT. If the GC is still tied, then it will be awarded to the rider with the lower Prologue time. Riders that drop a lap in criterium races or road race stages will have time added. If a rider does not complete enough laps in the ITT, they will be awarded a finish time, and a penalty will be applied.

Time Bonuses

Finish: Time bonuses are awarded for finishing positions in road, criterium and kermesse stages.

FINISH POSITION	TIME BONUS
1st	10 seconds
2nd	6 seconds
3rd	4 seconds





Intermediate Sprints: Time bonuses are awarded for an intermediate sprint in the Criterium stage.

FINISH POSITION	TIME BONUS	
1st	3 seconds	
2nd	2 seconds	
3rd	1 second	

One Intermediate Sprint indicated by a whistle at the race's mid point.

KOM/QOM: Time bonuses are awarded for KOM/QOM placing in road race.

FINISH POSITION	TIME BONUS
1st	3 seconds
2nd	2 seconds
3rd	1 second

One KOM/QOM during the following lap number:

- U13 Lap 5
- U15 Lap 7
- U17 Lap 11

Race Results

Race results will be available online at https://results.auscycling.org.au/

Presentations

All podium placegetters must wear closed-in shoes and cycling kit to the podium to receive their award. Hats and sunglasses must be removed for podium photographs.





Warm-Up Guidelines

Nerang

The Velodrome is the primary warm-up facility and will be open throughout the day.

At the Chief Commissaire's discretion, the criterium circuits may be made available for warm-ups when not being used or prepared for racing.

All riders must be aware of the following guidelines:

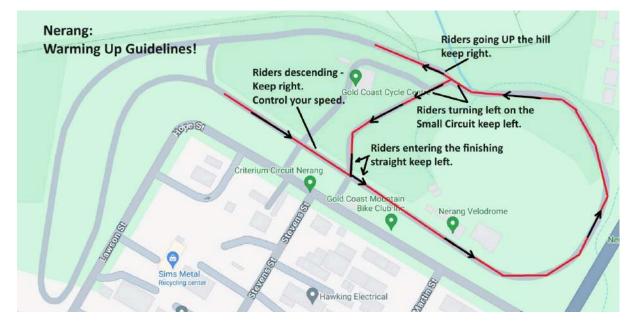
Velodrome

There will be one gate open on the finishing straight to enter & exit the velodrome.

All riders are to enter at walking speed after ensuring it is safe. Riders are to hold their line, regardless of the speed at which they are riding. If they wish to change their position on the track, they need to indicate their intention to move and check that it is safe before moving. This also applies when leaving the velodrome.

Criterium Circuits

All riders must ride in an anti-clockwise direction. No Exceptions.



Particular care must be taken at the bottom of the hill, where the small circuit exits on the left. Riders who are continuing on the small circuit must ride on the left-hand side of the circuit and indicate that they are turning left so that they do not cut across riders who are continuing up the hill.





When entering the finishing straight from the small circuit, riders must always keep to the LEFT to avoid colliding with riders descending at speed down the hill.

Riders continuing up the hill must approach the hill from the right-hand side of the circuit so they do not cut across riders turning left onto the small circuit.

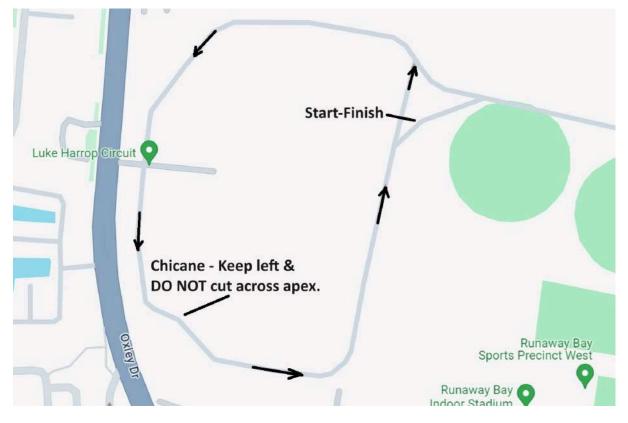
Riders descending the hill in the home straight must also take particular care. This is a high-speed descent, and riders must stay to the right side of the circuit to avoid colliding with riders entering the finishing straight from the small circuit on the left.

Pedestrians cross at the foot of the hill, so riders must be on the lookout for any dangers from riders or pedestrians and ride at a controlled speed to suit the situation.

Luke Harrop Memorial Criterium Circuit

Before Racing Starts

All riders must ride in an anti-clockwise direction. No Exceptions.



When entering & leaving the circuit, care must be taken not to interfere with riders already on the circuit.





Stay as close as possible to the left-hand side of the circuit at all times so that faster riders can pass on the right.

Care must be taken when riding through the chicane just past the bridge. Riders must stay to the left of the circuit and not cut across the apex of the chicane, which can cause accidents with faster riders approaching from behind.

If riders exit the track to the right, they must check for faster riders approaching from behind and indicate their intention to move to the right.

After Racing Starts

Once racing has started, the criterium circuit is off-limits for warm-up and warm-down. The dog leg may be used for warm-up and warm-down when it's not an active part of the circuit.





Bidsmith Prologue - Nerang

BIDSMI⁺H Winning you work

www.bidsmith.com.au

We help you write winning tenders.

Our tender writers and proposal consultants work with you to win tenders and grow your business.

Our tender writing service is suitable for any size business and any industry. You may be surprised at how cost-effective it is to use an experienced bid writer from our team.

We have a proven approach to helping with tenders and writing winning tenders. Each Bidsmith tender consultant is a bid and tender management specialist who helps you write the best tender response to showcase your goods and services.

We bring private and public sector tendering experience to improve your win rate for both private and government tenders. Connect with Bidsmith for expert tender consulting services tailored to your needs. Our team will help you navigate the process with ease and precision.





All Age Groups

Road bikes are to be used in the prologue, no aero bars.





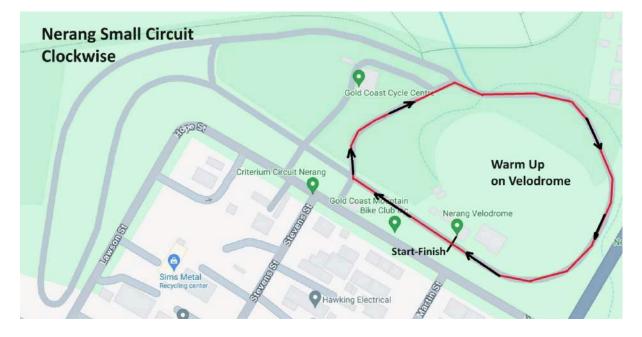


Criterium - Nerang

All Age Groups - Small Circuit - Clockwise

Please Note: This circuit is ONLY used in a clockwise direction when racing.

There is NO warming up in a clockwise direction on any of the circuits.







Dolphin Avenue Early Learning Centre - Road Races -Nerang



https://www.dolphinelc.com.au/

Dolphin Ave Early Learning Centre is a family owned and run long day care centre. As a family, we have over 30 years' experience in the early years sector.

The centre has been purpose built to provide an exciting environment for children to grow, learn and develop – no matter their needs or desires. We believe in a holistic approach when providing care.

As an inclusive centre, we work with families and communities to make sure all children and families feel safe, secure, and respected.

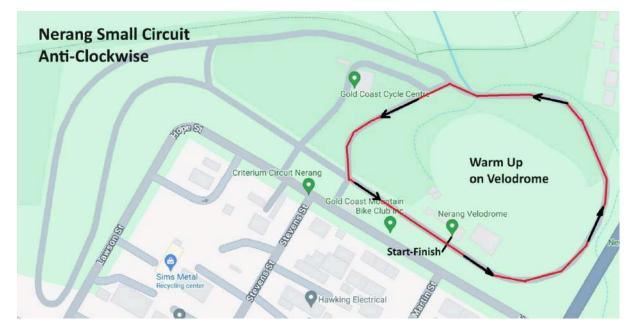
At Dolphin Ave Early Learning Centre, we pride ourselves on being a family-owned and operated centre where every child is cherished and every family is welcomed. Our standalone location on a peaceful residential street ensures a calm, safe environment away from busy roads, making drop-offs and pick-ups a breeze with our convenient onsite parking.

What sets us apart is our commitment to creating a nurturing community for your child. We host regular community events on-site, designed to foster connections and enrich the learning experience. Plus, we believe in providing exceptional value, that's why we offer a range of inclusive services such as nappies, wipes, nutritious meals and some extracurricular activities at no additional cost.

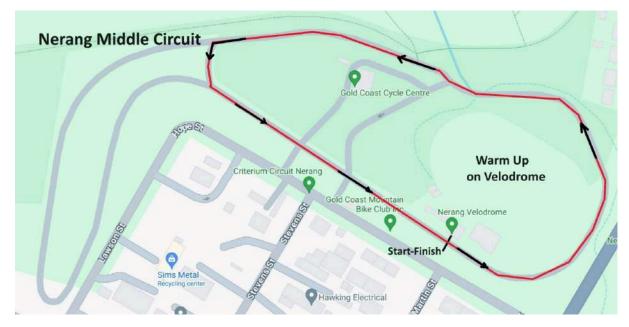




U9 - Small Circuit - Anti-Clockwise



U11 - Middle Circuit - Anti-Clockwise







U13-U17 - Full Circuit - Anti-Clockwise







Venue Layout - Luke Harrop Memorial Criterium Circuit







UKAU Tax Advisors - Kermesse – Luke Harrop Memorial Criterium Circuit



https://ukautax.com/

UK and Australian International Tax Specialists.

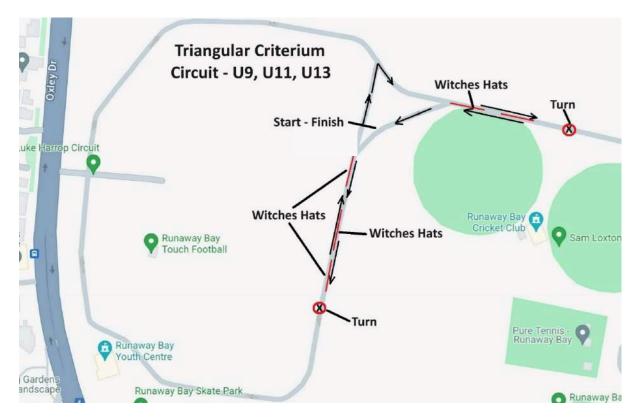
We are a boutique international tax firm that specialises in providing UK and Australian tax advice.

We provide integrated UK and Australian tax advisory services and tax compliance services to expats in the UK and Australia.





U9 - U11 - Triangular Circuit



The triangular circuit will test the riders' handling and cornering abilities. It features "hot dog" turns in two places and a hairpin turn just past the finish line.

Two sections of the course will use witches' hats, with riders travelling in opposite directions. On these sections, riders must ride on the left-hand side of the road and must not cross the witches' hats, as this could result in collisions with riders travelling in the opposite direction.





U13-U17 - Full Circuit







The Bike Fitter - Time Trial - Luke Harrop Memorial Criterium Circuit



www.thebikefitter.cc

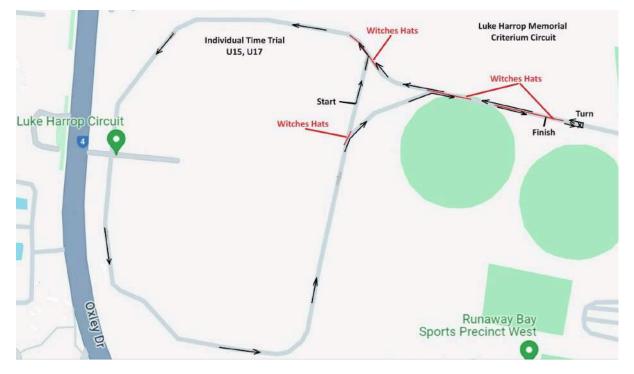
Welcome to The Bike Fitter. We fit bikes to people. Not the other way around. We want to ensure that you enjoy every moment aboard your beautiful bicycle on the road, gravel or wherever your adventures may take you.

We provide a range of services and products to help optimise your position, comfort and performance on your bike. Whether your goal is a multi-day adventure or a coffee ride with friends, your time on the bike should be enjoyable.





All Ages - Individual Time Trial



The time trial will start on the main straight, where the criterium finish line is, as this is not part of the circuit lap. Witches' hats will be placed on the slip road and main circuit, allowing riders to merge safely.

From the start, riders must stay to the left of the witches' hats. All overtaking must be done outside of the slower rider.

When riders cross the finish line at the end of the time trial, they may continue past the turnaround point. Riders must not ride back to the start/finish area on the circuit—please use the grass.





Schedule

Saturday 7 June

STAGE	DIVISION	EVENT DETAIL	DISTANCE	EST. START	EST. FINISH
Stage 1	U9 - U17	Prologue	1.1km	8:00am	9:30am
Stage 2	U9	Criterium (small circuit - clockwise)	10 min + 1 lap	9:30am	9:45am
Stage 2	U11	Criterium (small circuit - clockwise)	10 min + 1 lap	9:45am	10:00am
Stage 2	U13 Boys	Criterium (small circuit - clockwise)	10 min + 1 lap	10:00am	10:15am
Stage 2	U13 Girls	Criterium (small circuit - clockwise)	10 min + 1 lap	10:15am	10:30am
Stage 2	U15 Women	Criterium (small circuit - clockwise)	15 min + 2 laps	10:30am	10:50am
Stage 2	U15 Men	Criterium (small circuit - clockwise)	15 min + 2 laps	10:50am	11:10pm
Stage 2	U17 Women	Criterium (small circuit - clockwise)	15 min + 2 laps	11:10pm	11:30pm
Stage 2	U17 Men	Criterium (small circuit - clockwise)	15 min + 2 laps	11:30pm	11:50pm
Stages 1 and 2 presentations followed by a short lunch break					
Stage 3	U9	Road race (small circuit - anti-clockwise)	4.2 kms (7 laps)	12:40pm	12:55pm
Stage 3	U11	Road race (middle circuit - anti-clockwise)	7.2 kms (9 laps)	12:55pm	1:20pm
Stage 3	U13	Road race (full circuit - anti-clockwise)	14.4kms (10 laps)	1:20pm	1:55pm
Stage 3	U15	Road race (full circuit - anti-clockwise)	20.2kms (14 laps)	1:55pm	2:35pm
Stage 3	U17	Road race (full circuit - anti-clockwise)	32kms (22 laps)	2:35pm	3:30pm
Stage 3 presentations					
	End of Day One				

Note:

• Individual Prologue start times will be published after entries close





Sunday 8 June

STAGE	DIVISION	EVENT DETAIL	DISTANCE	EST. START	EST. FINISH	
Stage 4	U17	Kermesse (full circuit - anti-clockwise)	14 Laps	8:30am	9:05am	
Stage 4	U15	Kermesse (full circuit - anti-clockwise)	10 Laps	9:10am	9:40am	
Stage 4	U13	Kermesse (full circuit - anti-clockwise)	7 Laps	9:45am	10:10am	
Stage 4	U11	Kermesse (triangular circuit - clockwise)	10 Laps	10:15am	10:30am	
Stage 4	U9	Kermesse (triangular circuit - clockwise)	7 Laps	10:35am	10:50am	
		Stage 4 presentations followed by a s	hort break			
Stage 5	U17	Individual Time Trial	13.6 km (8 laps)	11:3	0am	
		(full circuit - anti-clockwise)				
Stage 5	U15	Individual Time Trial	10 km (6 laps)		Individual start times	
		(full circuit - anti-clockwise)		will be published after Stage 4.		
Stage 5	U13	Individual Time Trial	5 km (3 laps)			
		(full circuit - anti-clockwise)				
Stage 5	U11	Individual Time Trial	3.3 km (2 laps)			
		(full circuit - anti-clockwise)				
Stage 5	U9	Individual Time Trial	1.6 km (1 lap)	1		
		(full circuit - anti-clockwise)				
	Stage 5 and GC presentations					
	End of Carnival					

Note:

• Race distances and start times for Stage 4 are subject to change at the Chief Commissaire's discretion to meet scheduling requirements.

