

18-21 SEPTEMBER | WAGGA WAGGA, NSW

2025 AUSCYCLING MASTERS & JUNIOR ROAD NATIONAL CHAMPIONSHIPS

TECHNICAL GUIDE



Here for you Here for good

We believe assisting young women and men to achieve their best as both athletes and people makes us a better company. That's why we are the naming sponsor of the Australian Cycling Team.

At ARA, our focus is on more than just delivering essential building and infrastructure services. We're always thinking about how we can create value for our customers, support our community and enrich the lives of Australians.

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Australian Cycling Team

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The Event

Overview

The 2025 AusCycling Masters and Junior Road National Championships will be held in the Wagga Wagga region of New South Wales. With the Time Trial and Road Races being conducted in the Junee Shire Council, and the Criterium, along with presentations being held in the Wagga Wagga City Council area.

How to Get there

Wagga Wagga is located midway between Sydney and Melbourne and is approx. a 4.5hour drive from each. With it being a 2.5-hour drive from Canberra. Two airlines fly directly to Wagga Wagga from Sydney, Melbourne and Brisbane – Regional Express and QantasLink. You can also travel by coach or train. If travelling from interstate you can find more info [here](#).

Racing Schedule (times are subject to change)

Wednesday 17 th September	Rider Registration	Cycling Complex
Thursday 18 th September	Individual Time Trial	Wantabadgery
Riders will start the course at 60 second intervals from 9:00am in the following order: • U15 Boys – 10kms • U15 Girls – 10kms • U17 Boys – 15kms • U17 Girls – 15kms • WMAS 4-1 – 15kms • MMAS 4-1 – 15kms • WMAS 10-5 – 15kms • MMAS 10-5 – 15kms All time trial presentations will be at Wagga Wagga Riverside Precinct Park at 6:00pm		Juniors 9.00-11.30 Masters 12.00-3.30
Friday 19 th September	Road Race	Wantabadgery
U15 Boys	31km (1 Lap)	9:00 AM
U15 Girls	31km (1 Lap)	9:02 AM
U17 Boys	61.5km (2 Laps)	10:30 AM
U17 Girls	61.5km (2 Laps)	10:32 AM
WMAS 1 - 4	61.5km (2 Laps)	1:15 PM
WMAS 5 - 7	61.5km (2 Laps)	1:17 PM
WMAS 8-10+	61.5km (2 Laps)	1:19 PM
Saturday 20 th September	Road Race	Wantabadgery
MMAS 7 - 8	61.5km (2 Laps)	8:30 AM
MMAS 9-10+	61.5km (2 Laps)	8:32 AM
MMAS 3-4	61.5km (2 Laps)	11:00 AM
MMAS 5-6	61.5km (2 Laps)	11:02 AM
MMAS 1-2	61.5km (2 Laps)	1:30 PM

Sunday 21 st September	Criterium	Cycling Complex
WMAS 8-10+	25 mins + 2 laps	7:30 AM
WMAS 5-7	25 mins + 2 laps	8:00 AM
WMAS 1-4	35 mins + 2 laps	8:30 AM
MMAS 9-10+	25 mins + 2 laps	9:30 AM
MMAS 7-8	25 mins + 2 laps	10:00 AM
MMAS 5-6	25 mins + 2 laps	10:30 AM
U15 Girls	20 mins + 2 laps	11:00 AM
U15 Boys	20 mins + 2 laps	11:30 AM
MMAS 3-4	35 mins + 2 laps	12:00 PM
U17 Girls	25 mins + 2 laps	1:00 PM
U17 Boys	25 mins + 2 laps	1:35 PM
MMAS 1-2	35 mins + 2 laps	2:15 PM

Entries

The 2025 AusCycling Masters and Junior Road National Championships are open to riders who are in the following categories; Junior: J15, J17 and Masters: WMAS1-10 and MMAS 1-10. **All riders MUST hold an AusCycling all Discipline Members.** International riders, who have a UCI license, are permitted to participate but are not eligible for the National Champion jersey.

All individual Junior entries must have raced in a road race or criterium State or Territory Championship in 2025. The only exceptions accepted will be those which have completed the [non-participation exception form](#) and submitted it no less than 5 days prior to the commencement of their respective State or Territory Championships to road@auscycling.org.au.

[Event entries](#) for this event close midnight Thursday 11th September 2025 (AEST) via [EntryBoss](#). Please enter on time, no late entries.

The entry fee per event (TT, Crit, RR) event: **Juniors \$70 Master's \$85**

Registration

Date and Time: Wednesday 17th September 3:00pm – 6.30pm

Location: Wagga Wagga Multisport Cycling Complex (Bagley Dr, Moorong)

Riders who are unable to attend the official registration on Wednesday evening can register on the morning of their event.

Junior State Team Managers may register all riders in their team.

Race Day Registrations & Sign On

Time Trial: AusCycling marquee near Community Hall (12 Jewnee St, Wantabadgery)

Road Race: AusCycling marquee near Community Hall (12 Jewnee St, Wantabadgery)

Criterium: AusCycling marquee (Wagga Wagga Multisport Cycling Complex)

Rider sign-on for the Criterium and Road Race opens one hour before each event and closes 10 minutes before your advertised start time.

If a rider fails to sign on they can be fined (a fine for the rider/team managers could apply). Refer UCI Regulation (for ITT) 2.12.007 (9.2).

Meetings - Wednesday 17th September

Location: Wagga Wagga Multisport Cycling Complex (Bagley Dr, Moorong)

5.00pm – Junior State Team Managers Meeting (Juniors only)

6.00pm – Masters Information Meeting (not compulsory)

6.30pm – Commissaires Meeting

Sport Integrity Australia Anti-Doping Seminar

This is compulsory for ALL junior riders and State Team staff. Parents are also welcome.

Prior to seminar: All athletes are required to have completed the SIA E-Learning (Anti Doping Fundamentals and the 2025 Annual Update).

- Date: Thursday 18th September
- Time: 4:00 pm – 5:30pm
- Location: **Wagga City Golf Club**, 5 McNickle Rd, Moorong, NSW, 2650

Commissaires:

PCP – Michael Keetman

Jones, Phil Michetti, Stephen

Naarah, Bretton Cameron, Joanne

Doughty, Garry Falconer, Andrew

Forrest, Simon Goldsmith, Peter

Jones, Carol Moiler, David

Dare-Edwards, Charlotte

AusCycling Contacts:

Carlee Taylor (Event Operations Manager - Road)

E: Carlee.taylor@auscycling.org.au

M: 0401 379 806

Rules and Regulations of AusCycling

These Championships will be conducted under the rules and Rules and Regulations. Visit the AusCycling website for more information -

<https://auscycling.org.au/page/about/policies-rules>

Clarification of 2025 Regulations for Under 17 and Under 15 Road Riders – Handlebars

1. **Handlebars** must be of a standard or "classic" drop style.
2. **Brake hoods** must be aligned to point straight ahead when positioned parallel to the flare of the drop handlebars.

3. **Hand placement:** Riders must always maintain full contact with the brake hoods or handlebars. It is **not acceptable** to rest only fingers on the hoods.

OTHER IMPORTANT NOTES:

- For updates in technical regulations please refer to: [2025-auscycling-road-technical-regulations-v2.pdf](#)
- ALL Junior participants must wear approved state/territory team kit, club kit, current sponsor kit or plain kit.
Masters kit requirements – No restrictions.
- Commissaires will be providing Bike Check during Registration Wed 17th 3pm – 6pm (this is only a preliminary check. All bikes must still be checked at least 15 minutes prior to your start time).
- Pre-checks can be completed at any time, however, bikes must still undergo a final check at least 15 minutes prior to your start time.
- There is NO warming up in the bike check or waiting area. Rollers and trainers are not permitted.
- Following the updated UCI Regulations on Jan 1 2023 there has been a change to the regulations around Time Trial Height Exemption Information. This information is located via the following AusCycling Website links:
 - [Equipment & Height Regulations Information](#)
 - [Height Exemption List 24 May 2024](#)
 - [UCI Attestation Application Form](#)
- For all Junior National Championship events, wheels must have at least 16 spokes. The rim shall be no more than 44mm in depth.
- Cameras are permitted to be used under the following conditions:
 - a) Use must be approved by the President of the Commissaire Panel ('PCP') prior to the start of the event.
 - b) The camera must be presented to the PCP and they must approve the positioning and mounting before the start of the race.
 - c) All footage must be made available to AusCycling and the event organiser within 48 hours of an in-writing request.
 - d) Any footage that may bring the sport into disrepute must not be released to the public.
 - e) Breaches of the policy may be subject to a penalty.

Team Seeding (Juniors only)

All State/Territory Team Managers in the Junior National Championships are required to seed their riders for the Time Trial by sending these through to carlee.taylor@auscycling.org.au by Friday 12th September.

Any riders not seeded will be done at the discretion of the race organiser and PCP.

Neutral Support

Time Trial: No neutral support provided.

Road Race: Juniors - Neutral spares will be provided by State/Territory Team vehicles
Masters - No neutral support provided

Criterion: One spares area will be provided. Competitors are able to leave their own wheels in these designated spares areas if they wish

Feeding and Littering During the Road Race

No feeding will be available unless warm weather protocols are required.

Race Convoy

Time Trial: No vehicles will be allowed to follow.

Road Race: Masters – No convoy vehicles permitted.

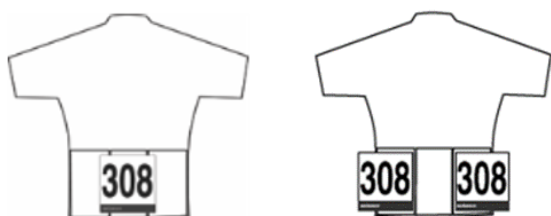
Juniors – Each Junior State/Territory Team will be provided one spot in the race convoy for each road race start. All vehicles must be under 1.7m. Vehicles over 1.7m will not be permitted in the convoy. All people in convoy vehicles must have an AusCycling membership.

National Champion Jersey

All categories in all races are eligible for the National Championships jersey for each race.

Riders should note the [National Championship Kit policy](#).

Race Numbers



Frame Number



Timing

Electronic Timing will be used for all events at these Championships. Therefore, riders are required to fit a small transponder to the front fork of your bicycle. The transponders will be issued with your race number at registration. **DO NOT** exchange your transponder with any other competitor as the transponder is coded to your race number. Fitting instruction will be provided in the rider registration pack.



Transponders must be attached to bikes for all events as per instructions given in rider packs. Additional zip ties will be available at registration.

Transponders must be returned after your last race at the start/finish line of the event.

Any rider failing to return their transponder at the event will incur a \$30 administration fee. Lost or damaged transponders will result in a replacement penalty of \$150.

Transponder Return:

Auscycling – Queensland Office

Att: Neil Hamey

PO Box 4115 Gumdale QLD 4154

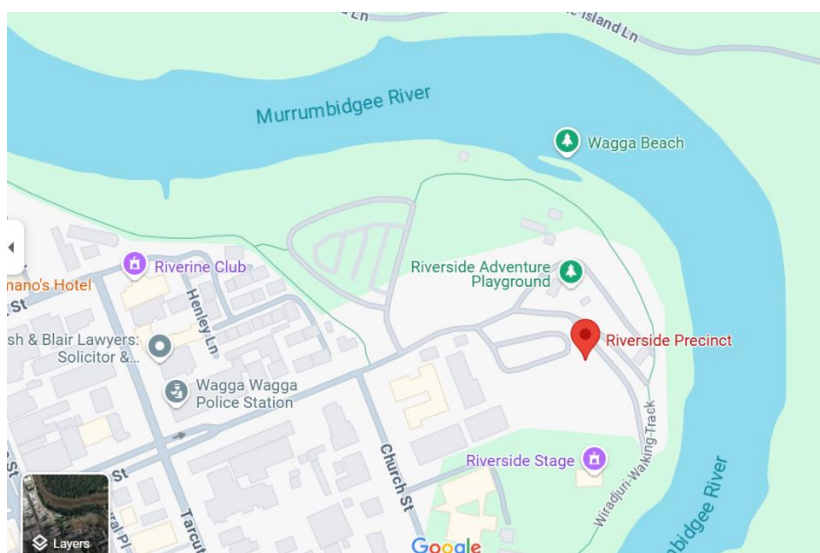
Results

Results will be available via – results.auscycling.org.au

Presentations

All place getters must present to the podium 10mins prior to allocated time set out in this technical guide. Riders must be presented in their correct attire - race kit, no hats or sunglasses. The Presentations will be held at the following locations and times:

- Time Trial (Thurs 18): Wagga Wagga Riverside Precinct Park (stage area)
 - 6:00pm – 7:30 pm
 - All Categories



- Road Race (Fri 19): Wantabadgery Community Hall (12 Jewnee St, Wantabadgery)
 - U15 Boys and Girls 10:40am
 - U17 Boys and Girls 1:00pm
 - WMAS 1-7 3:45pm
 - WMAS 8-10+ 5:30pm
- Road Race (Sat 20): Wantabadgery Community Hall (12 Jewnee St, Wantabadgery)
 - MMAS 7-10+ 11:10am
 - MMAS 3-6 1:45pm
 - MMAS 31-2 4:15pm
- Criterium (Sun 21): Presentation Area – Multiport Cycling Complex
 - WMAS 1-10+ 9:15am
 - MMAS 5-10+ 11:05am

- U15, U17, MMAS 1-4 3:00pm

Junior Gearing

The maximum gear development (roll out) permitted for U15's is 6.10 metres and for the U17's is 7.00 metres.

Blocking off gears is permitted at Junior Road National Championships.

Bike Weight (all events)

Riders are reminded that the minimum weight for all bikes is 6.8kg. Bikes will be checked prior to racing and may be checked after racing.

Parking

Refer to Tech Guide for parking instructions for all days -

Medical Services

First Aid support will be provided by Medifast for all events.

Public Urination

Riders are advised that it is an offence to urinate in public. Penalties will be imposed on those who choose to ignore this law.

Radio Communications

During races in these Championships, the use of radio links or any other means of communication with the riders is not permitted.

Junior State Team vehicles in the convoy will be provided with a radio for event communication.

Neutralisation

If for any reason conditions warrant the race will be neutralised. In such circumstances a red flag will be displayed from the leading vehicle.

Littering

Riders must not discard bidons or rubbish of any kind on the road side. Riders found to be littering will be fined in accordance with local laws and technical regulations.

Anti-Doping

A reminder this is a National level AusCycling event. Sport Integrity Australia can conduct anti-doping testing at any event or competition. It is your responsibility to ensure you are aware of your obligations and have completed clean sport education.

All riders are required to complete Anti-Doping Fundamentals and the 2025 Annual Update online courses through the Sport Integrity Australia eLearning page – [Sport Integrity Australia](#)

[eLearning: Log in to the site](#)

It is recommended you also download the Sport Integrity app which can assist you to check medications, supplements and complete your education.

Sport Integrity Australia App

Any athlete and official can download the SIA app. The SIA App has been designed with athletes in mind. The App gives a complete list of all supplements sold in Australia that have been screened for prohibited substances by an independent laboratory.

The testing and certification of sports supplements cannot provide athletes a 100% safety guarantee but does significantly lower the risk of a positive test. For non-tested supplements the App gives athletes access to a quiz to assess the risk posed by highlighting key risk factors.

The App can also be used to report doping, check if a medication is banned in sport, give SIA feedback on testing missions, and complete online education modules.

Therapeutic Use Exemption (TUE)

A TUE is an exemption that allows an athlete to use, for therapeutic purposes only, an otherwise prohibited substance or method (of administering a substance). TUE approval may protect athletes from receiving a sanction if a prohibited substance is found in their sample.

If you are currently taking any medication, please check whether this substance is banned in or out of competition via www.globaldro.com/AU/search.

Further information on the TUE process can be found on the Sport Integrity Australia (SIA) website <https://www.sportintegrity.gov.au/resources/therapeutic-use-exemption> or by calling 1300 027 23

COMPETITION COMING UP?

MAKE SURE YOU ARE READY!

1

Download the Sport Integrity App and use it to make your way through the following steps.



2

TAKING A MEDICATION?

Use the 'Check a Medication' tab to access Global DRO to make sure your medication isn't banned in sport.



3

TAKING A BANNED SUBSTANCE FOR MEDICAL PURPOSES?

Use the Therapeutic Use Exemption Checker to see if you need a TUE, and complete the paperwork if required.



4

USING SUPPLEMENTS?

Use the 'Check a Supplement' tab to check the risk of your product. Supplements are the leading cause of inadvertent positive tests in Australia.



5

NEVER BEEN TESTED?

Prepare yourself by going through a virtual reality test on the App. (Search for it under the menu icon)



6

KNOW THE RULES?

A positive test is only one way to be banned from sport. Read up on the 11 Anti-Doping Rule Violations.



7

COMPLETED YOUR EDUCATION?

Access the Sport Integrity Australia online courses by clicking on the Get Educated tab.



8

TRAIN AND COMPETE CLEAN!



**SPORT INTEGRITY
AUSTRALIA**

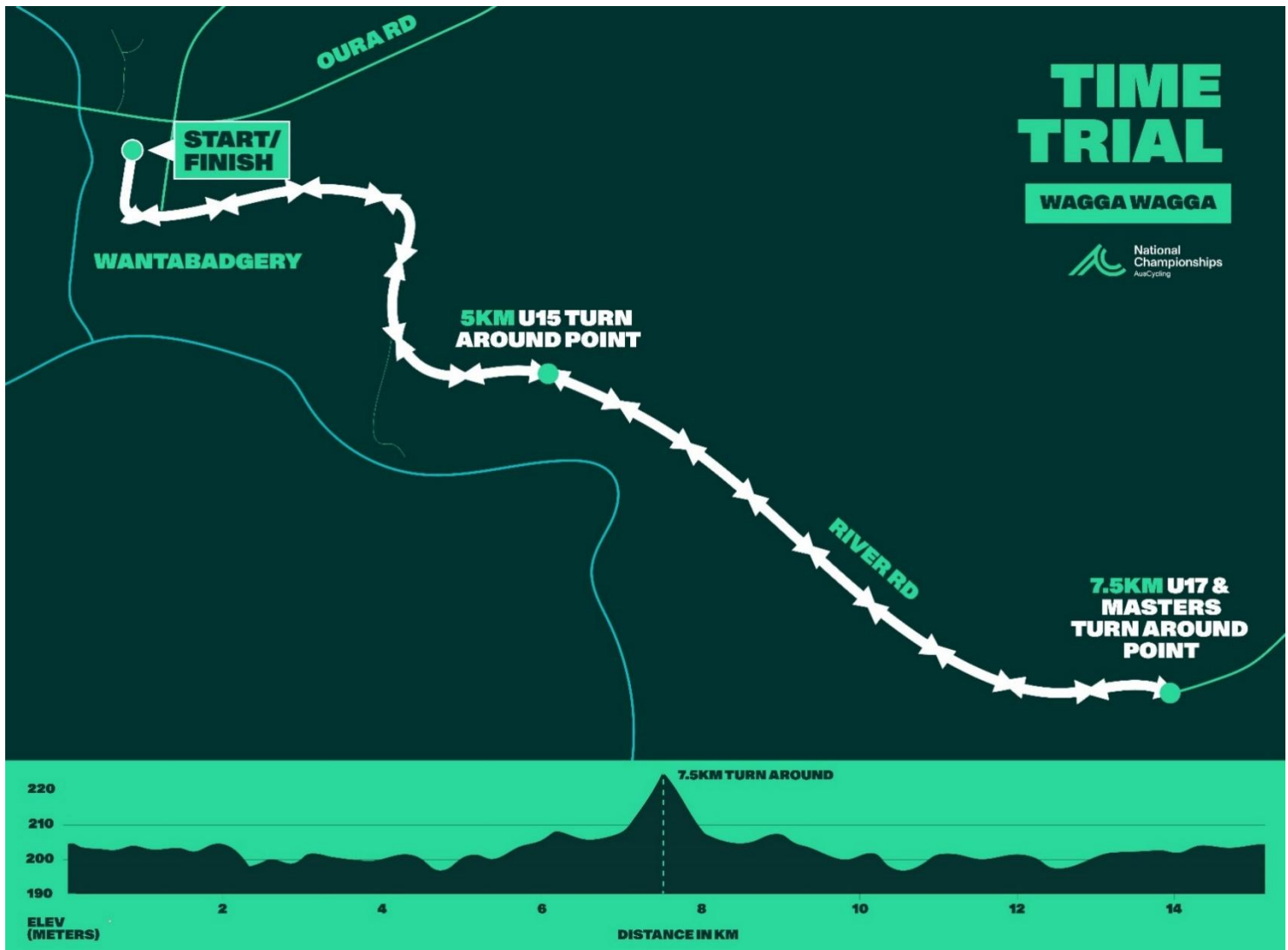
CONTACT US

Please visit our website sportintegrity.gov.au, contact us at education@sportintegrity.gov.au, call our Safe Sport Hotline 1800 161 361, or enquire 1300 027 232

Courses

Time Trial

Time Trial Course

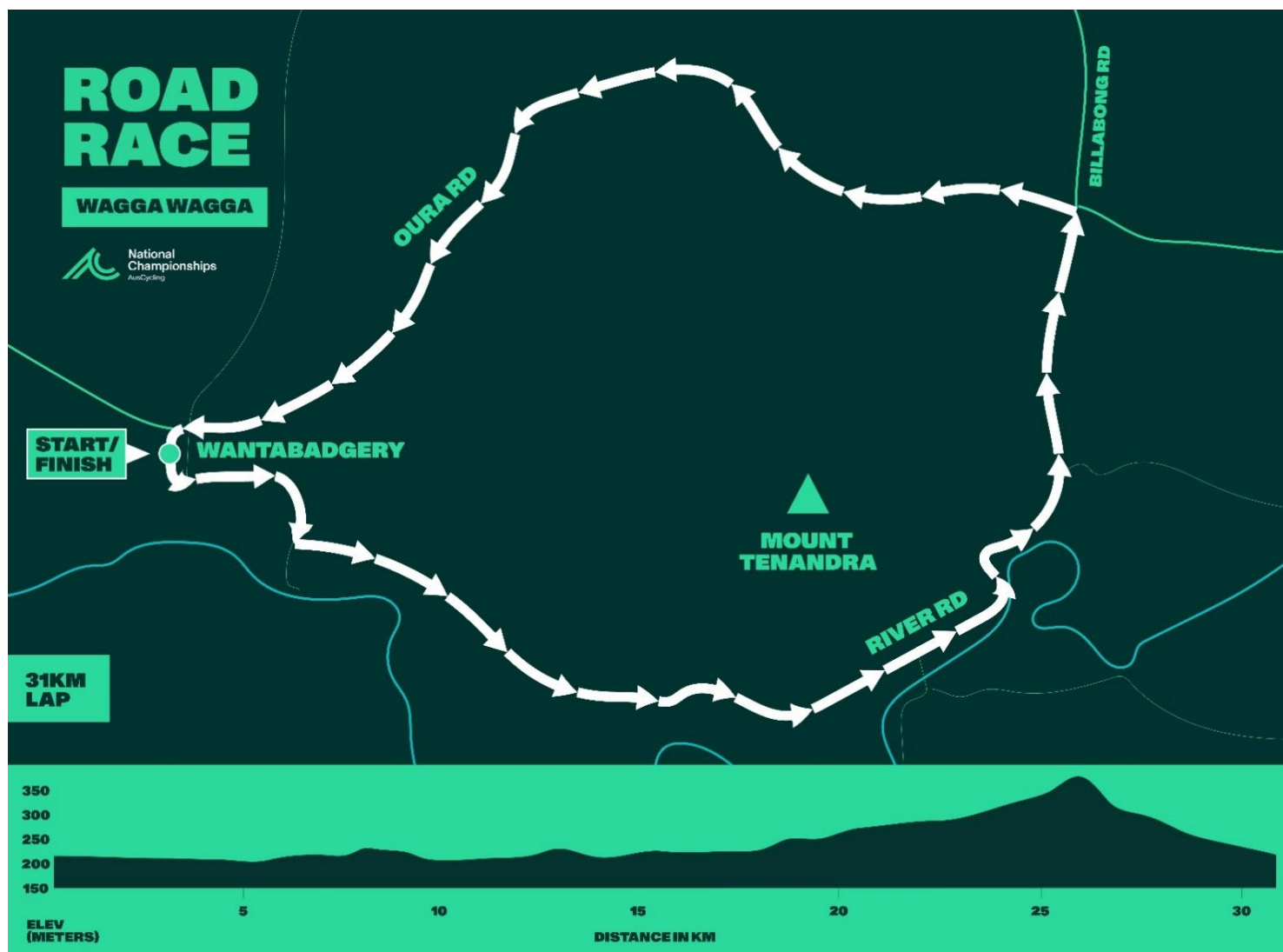


Road Race

JW15, JM15, WMAS 8-10+, MMAS 9-10+ (1 Lap)

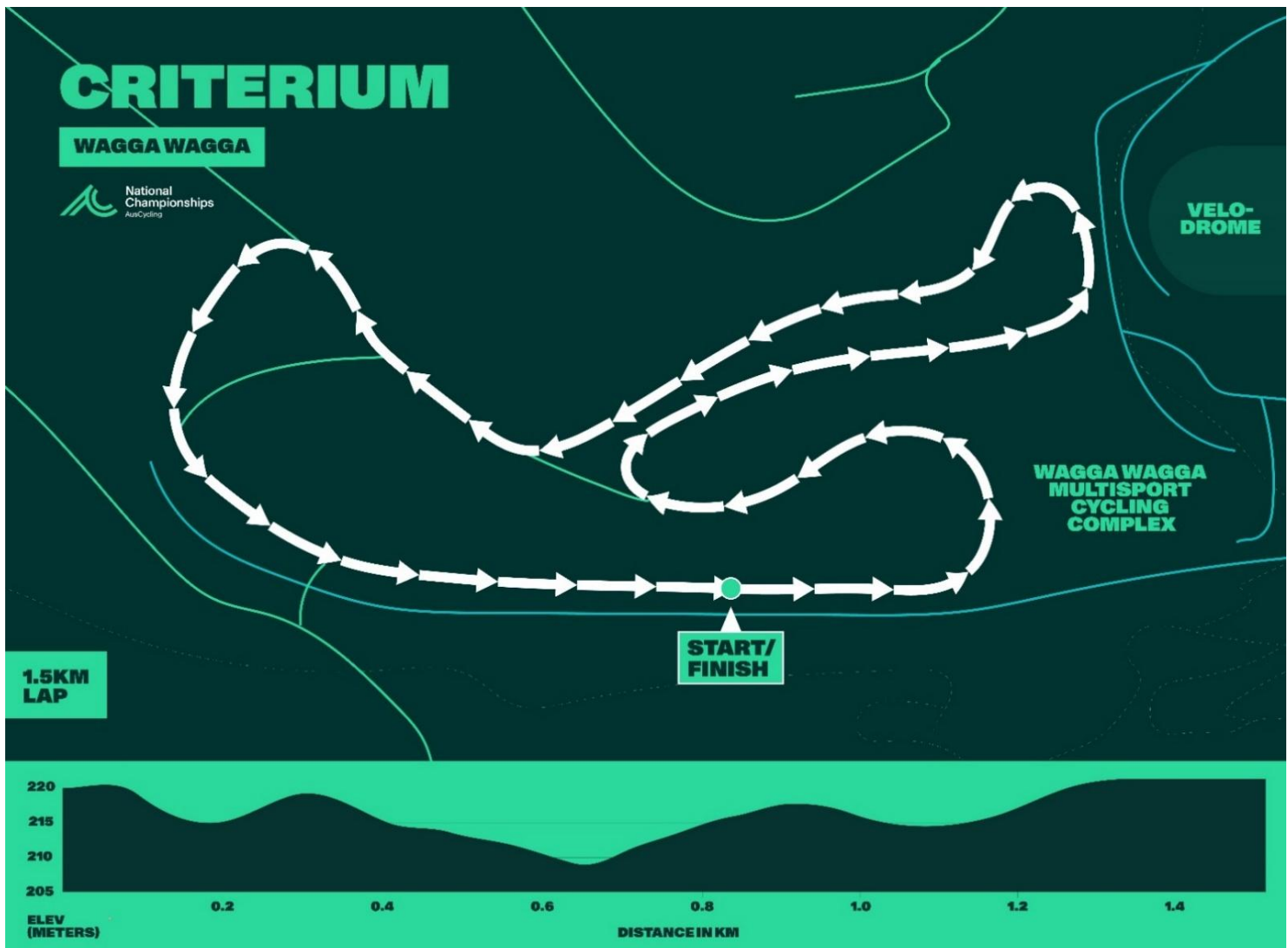
JW17, JM17, WMAS 1-7, MMAS 1-8 (2 Laps)

Road Race Course (1 lap)



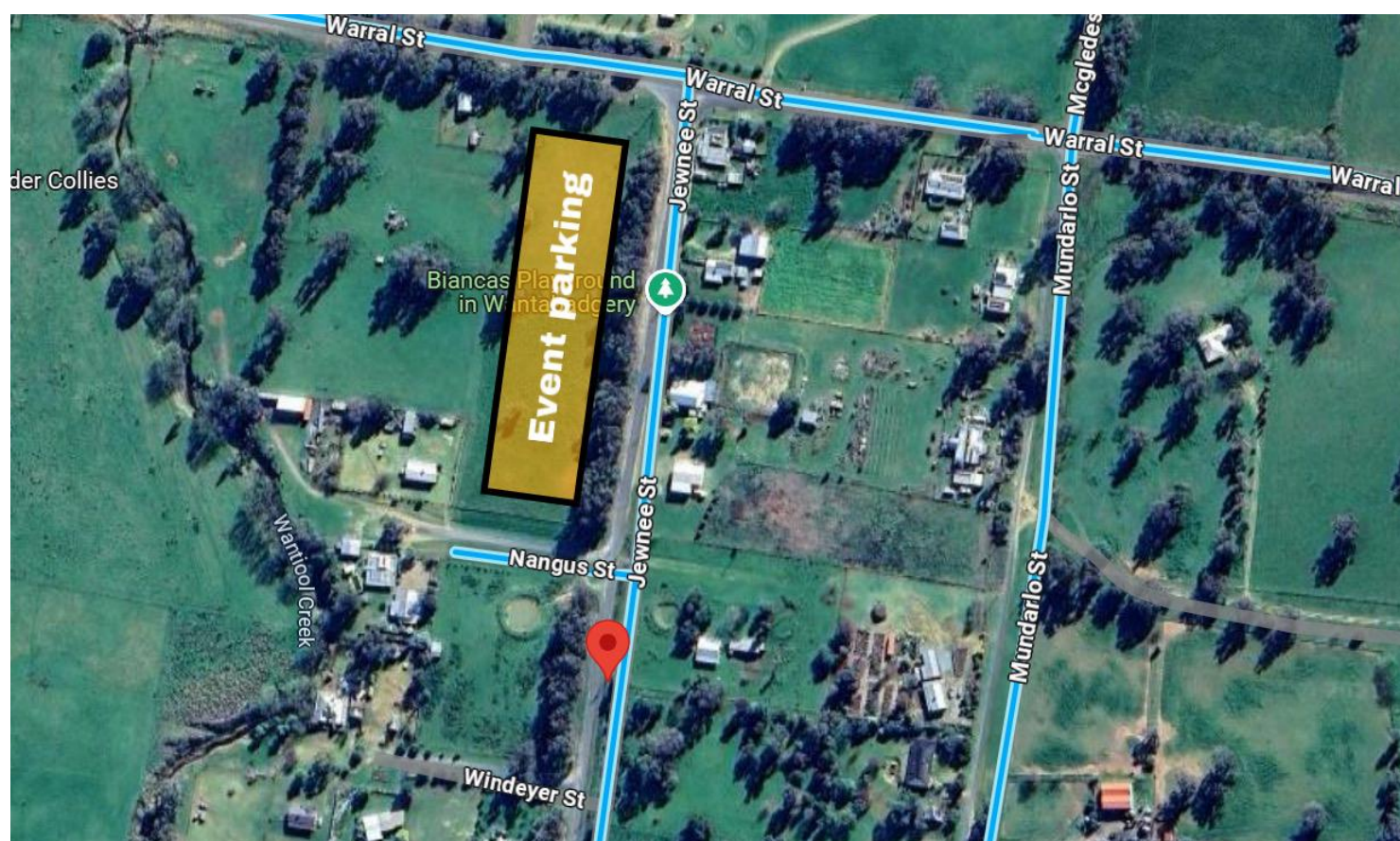
criterium

Criterium Course



Event Parking and Site Maps

Time Trial and Road Races



Criterion



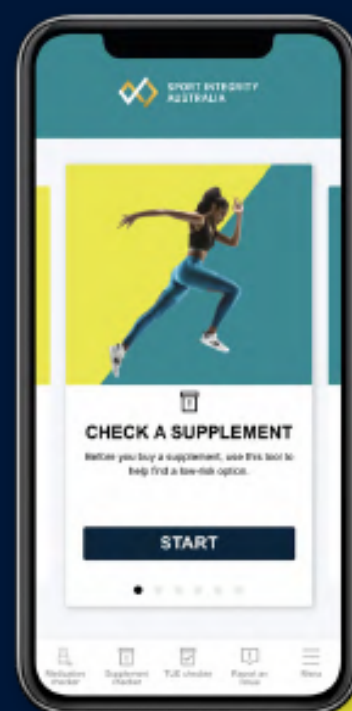


CLEAN SPORT IS YOUR RESPONSIBILITY

SPORT INTEGRITY APP

- Check medications on Global DRO
- Find low risk supplements
- Check if you need a Therapeutic Use Exemption (TUE)
- Report an issue
- Give feedback or ask a question

The app also has information on all sport integrity issues, anti-doping rules, testing programs, the health effects of doping, supplement and nutrition advice, overseas travel considerations and more. Just click on the menu icon.



Download the app from the Apple Store and Google Play store here.

ONLINE EDUCATION

- Sport Integrity Australia's eLearning website: elearning.sportintegrity.gov.au
- Visit the site for courses on integrity topics including: Safeguarding Children and Young People in Sport Induction, introduction courses to anti-doping, match-fixing and illicit drugs, along with specific courses for parents and coaches.



Contact Us

Email: education@sportintegrity.gov.au

Safe Sport Hotline: 1800 161 361

Enquiries: 1300 027 232

www.sportintegrity.gov.au



SPORT INTEGRITY
AUSTRALIA

ANTI DOPING IS YOUR RESPONSIBILITY



Medications may have banned substances in them. Check all medications on the Sport Integrity app.



As a member of your sport, you are bound by an Anti-Doping Policy and potentially subject to investigation.



If you are involved in a team sport, and an athlete tests positive to a banned substance, the team could lose competition points and championship placings.



Learn more about the sample collection process via our Virtual Reality anti-doping test experience. Found in the menu of the Sport Integrity app under 'Tools'.



All athletes are responsible for what substances they put into their own bodies - they can't blame anyone else, however if a coach has supplied the substance, penalties also apply to the coach.



There are rules that you and your athletes must follow under your sport's Anti-Doping Policy. Details are in the Sport Integrity app menu under 'Know the rules'.



Breaking the rules could result in a ban of up to four years from ALL sport - no training, no playing, no coaching.



Supplements are a huge risk. Research shows 1 in 5 contain a banned substance not listed on the label. Find low risk supplements on the Sport Integrity app. If it's not listed, don't risk it.



Anti-doping education should not be a 'tick the box' exercise - it should be an ongoing conversation with your athletes.

